

USPA Strongest in SoCal August 7-8, 2021 Irvine, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting				Junior													
	56kg Jr 20-23																
1	Jennifer Nguyen	CA	56kg	56.0	23	112.5	122.5	127.5	57.5	65	70	125	132.5	140	332.5	385.407	
	67.5kg Jr 18-19																
1	Kristanne Ibus	HI	67.5kg	66.2	19	102.5	110	117.5	57.5	65	70	147.5	160	170	337.5	352.397	
	75kg Jr 20-23																
1	Emily Fiduccia	CA	75kg	73.0	21	67.5	77.5	85	40	47.5	50	75	85	90	222.5	219.864	
Women Raw Powerlifting				Open													
	52kg Open																
1	Suzanne Ngo	CA	52kg	51.1	31	100.0	107.5	112.5	50	55	57.5	110	120	130	287.5	354.736	
	56kg Open																
1	Ren Yamashita	HI	56kg	55.8	32	107.5	117.5	122.5	67.5	72.5	75	145	152.5	160	357.5	415.369	
2	Nadine Lee	CA	56kg	54.2	33	90.0	97.5	107.5	45	55	65	105	120	132.5	295	349.501	
	60kg Open																
1	Shaina Renee Manlangit	CA	60kg	57.7	26	85.0	85	85	85	35.0	42.5	82.5	95	102.5	222.5	252.898	
	67.5kg Open																
1	Kristanne Ibus	HI	67.5kg	66.2	19	102.5	110	117.5	57.5	65	70	147.5	160	170	337.5	352.397	
2	Tiffany Ngo	CA	67.5kg	65.8	32	107.5	115	122.5	62.5	70	75	127.5	135	142.5	335	351.035	
3	Celyn Matienzo	CA	67.5kg	66.2	26	100.0	105	110	57.5	60	62.5	110	115	120	282.5	294.969	
	75kg Open																
1	Alexis Sulaeman	CA	75kg	74.0	32	145.0	145	152.5	80	85	85	180	187.5	192.5	417.5	409.547	
	82.5kg Open																
1	Melanie Nguyen	CA	82.5kg	78.5	28	140.0	147.5	157.5	75	80	85	145	155	167.5	400	380.501	
2	Luvina Ruiz	CA	82.5kg	77.9	32	142.5	150	155	57.5	62.5	65	142.5	150	155	372.5	355.728	
3	Melody Rios	CA	82.5kg	76.0	30	130.0	135	137.5	65	70	75	130	137.5	142.5	337.5	326.439	
	90kg Open																
1	Ana Benitez	CA	90kg	87.5	47	142.5	150	157.5	72.5	77.5	82.5	145	152.5	160	387.5	349.855	378.544
2	Kaitlyn Kelly	CA	90kg	89.1	28	130.0	140	145	65	70	72.5	137.5	147.5	157.5	372.5	333.577	
3	Veronica Plaza	CA	90kg	89.9	38	112.5	120	125	65	70	75	132.5	142.5	142.5	332.5	296.577	
4	Ashley Truex	CA	90kg	88.3	28	102.5	107.5	112.5	50	52.5	52.5	127.5	137.5	142.5	305	274.237	
DQ	Samantha Manassero	CA	90kg	89.8	35	122.5	122.5	122.5	60	65	67.5	155	162.5	170	0	0	
	SHW Open																
1	Crystal Bocardo-Palomino	CA	SHW	132.9	30	150.0	157.5	160	65	70	70	142.5	150	157.5	372.5	291.58	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Submaster													
	90kg Submaster																
1	Veronica Plaza	CA	90kg	89.9	38	112.5	120	125	65	70	75	132.5	142.5	142.5	332.5	296.577	
DQ	Samantha Manassero	CA	90kg	89.8	35	122.5	122.5	122.5	60	65	67.5	155	162.5	170	0	0	
	Women Raw Powerlifting			Master													
	60kg Master 55-59																
1	Pamela Kalehuawehe	HI	60kg	57.7	56	100	105	105	65	70	72.5	160	167.5	177.5	352.5	400.659	499.221
	67.5kg Master 50-54																
1	Rosanna Wait	CA	67.5kg	65.7	52	45.0	60	75	35	42.5	42.5	65	80	90	207.5	217.627	253.535
	90kg Master 45-49																
1	Ana Benitez	CA	90kg	87.5	47	142.5	150	157.5	72.5	77.5	82.5	145	152.5	160	387.5	349.855	378.544
	SHW Master 40-44																
1	Elizabeth Villa	CA	SHW	131.3	41	137.5	145	150	77.5	82.5	87.5	147.5	152.5	162.5	380	298.187	301.168
	Men Raw Powerlifting			Junior													
	60kg Jr 16-17																
1	David Reisman	CA	60kg	57.3	17	115.0	122.5	130	72.5	75	75	147.5	152.5	157.5	362.5	318.039	
	67.5kg Jr 20-23																
1	Tyler Le	CA	67.5kg	66.7	21	175	182.5	190	85	92.5	97.5	185	192.5	202.5	482.5	375.125	
	75kg Jr 20-23																
1	Brian Menda	CA	75kg	74.9	21	187.5	200	210	127.5	135	135	220	240	255	592.5	425.435	
2	Baron Nguyen	CA	75kg	73.5	21	157.5	165	182.5	102.5	110	115	200	212.5	212.5	467.5	339.806	
3	Joshua Sinocruz	CA	75kg	74.1	22	145.0	155	160	110	120	125	182.5	182.5	192.5	457.5	330.781	
	82.5kg Jr 18-19																
1	Reilly Duncan	CA	82.5kg	77.0	18	160	160	177.5	125	132.5	140	215	225	235	545	384.579	
2	Kennith Tran	CA	82.5kg	81.1	19	200	212.5	215	110	112.5	117.5	200	215	227.5	545	372.816	
	82.5kg Jr 20-23																
1	Michael Kabbout	CA	82.5kg	81.5	23	150	157.5	165	85	90	95	190	195	207.5	455	310.367	
	90kg Jr 20-23																
1	Ahmed Dregia	CA	90kg	90.0	23	227.5	235	240	150	150	160	285	300	317.5	695	449.388	
	125kg Jr 20-23																
1	Jack Hunter	AZ	125kg	123.7	21	210	220	227.5	165	165	170	227.5	240	252.5	630	358.245	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting																	
67.5kg Open																	
1	John Santiago	CA	67.5kg	66.2	25	142.5	150	155	92.5	97.5	97.5	182.5	190	200	442.5	345.936	
2	Kevin Dong	CA	67.5kg	65.5	32	127.5	127.5	137.5	80	85	92.5	160	170	182.5	405	319.129	
75kg Open																	
1	Rasheem Keith	HI	75kg	73.5	26	205.0	217.5	227.5	132.5	142.5	150	245	260	272.5	650	472.458	
2	Andrew Torrico	CA	75kg	74.3	27	192.5	202.5	210	105	115	122.5	255	270	282.5	615	443.881	
3	Kwadwo Bonsu	CA	75kg	74.9	26	145.0	155	155	100	112.5	120	185	185	200	457.5	328.501	
82.5kg Open																	
1	Nathan Smith	CA	82.5kg	80.7	29	185	195	200	150	160	165	230	250	257.5	615	421.911	
2	Miguel Valtierra	CA	82.5kg	81.4	24	200	200	212.5	142.5	150	150	240	247.5	247.5	610	416.391	
3	James Robinson	CA	82.5kg	81.7	24	175	185	195	125	130	142.5	225	240	255	582.5	396.779	
4	Jabril Ward	CA	82.5kg	81.5	29	180	195	202.5	120	130	137.5	220	235	245	577.5	393.928	
5	Mikael Zenteno	CA	82.5kg	81.1	26	180	190	190	110	117.5	120	200	210	215	522.5	357.425	
6	Michael Kabbout	CA	82.5kg	81.5	23	150	157.5	165	85	90	95	190	195	207.5	455	310.367	
90kg Open																	
1	Shane Frankhouse	CA	90kg	89.9	31	205	220	235	160	172.5	177.5	277.5	295	307.5	707.5	457.726	
2	Ahmed Dregia	CA	90kg	90.0	23	227.5	235	245	150	150	160	285	300	317.5	695	449.388	
3	Wilson Thammavongsa	CA	90kg	89.1	30	170	182.5	192.5	125	132.5	140	245	265	275	590	383.444	
4	Jonathan Bernal	CA	90kg	89.1	32	182.5	182.5	192.5	130	130	140	230	242.5	250	572.5	372.07	
5	Peter Eraca	CA	90kg	87.5	38	165	172.5	182.5	112.5	115	120	195	200	207.5	495	324.731	
6	Carlos Reyes	CA	90kg	88.0	34	157.5	165	172.5	82.5	90	100	190	205	220	485	317.227	
100kg Open																	
1	Shawn Murphy	CA	100kg	98.4	26	290	300	307.5	150	157.5	167.5	310	317.5	317.5	782.5	485.056	
2	Alejandro Vaca	CA	100kg	99.9	26	220	230	235	130	137.5	142.5	280	300	310	677.5	417.193	
3	Jeremiah Christich	CA	100kg	90.5	29	195	207.5	215	127.5	135	142.5	280	295	295	637.5	411.064	
4	Ian Swift	CA	100kg	98.3	29	192.5	202.5	212.5	142.5	152.5	160	220	237.5	255	627.5	389.15	
5	Tommy Palica	CA	100kg	97.8	34	175	192.5	195	117.5	117.5	125	220	232.5	242.5	555	344.972	
6	Matt Stropoli	CA	100kg	94.9	32	182.5	192.5	200	120	125	132.5	200	212.5	227.5	552.5	348.176	
7	Anthony Moctezuma	CA	100kg	92.2	32	175	185	200	97.5	102.5	107.5	185	197.5	210	497.5	317.861	
8	Chris Bruno	CA	100kg	96.9	32	135	142.5	150	95	95	102.5	170	180	190	442.5	276.192	
110kg Open																	
1	Sebastian Padilla	CA	110kg	109.3	22	225	240	250	150	150	160	310	325	325	710	421.526	
2	Jermaine Gutierrez	CA	110kg	109.6	27	227.5	240	252.5	142.5	145	150	220	232.5	245	647.5	384.02	
3	Skip Wood	CA	110kg	106.2	28	182.5	182.5	182.5	102.5	110	112.5	205	220	227.5	522.5	313.69	
4	Joe Chavez	CA	110kg	107.5	24	170	170	170	132.5	135	142.5	205	217.5	227.5	522.5	312.195	
5	Luis Diaz	CA	110kg	109.2	25	175	185	192.5	105	112.5	115	190	200	210	517.5	307.346	
6	Jeremy Litchfield	CA	110kg	109.0	32	152.5	162.5	170	100	105	107.5	170	180	190	467.5	277.845	
DQ	Daniel Silva Santisteban	CA	110kg	108.6	35	200	210	217.5	142.5	150	160	---	---	---	0	0	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Open																
1	Scott Watkins	CA	125kg	122.0	36	222.5	235	242.5	172.5	182.5	185	260	272.5	275	685	391.264	
2	Timothy Turnbull	CA	125kg	121.0	34	225	235	235	155	160	165	230	240	250	650	372.275	
3	Thomas Rodriguez-Swift	CA	125kg	121.3	33	155	165	175	90	90	95	180	190	205	475	271.825	
	140kg Open																
1	D'Armani Parks	CA	140kg	137.0	25	215	227.5	235	137.5	137.5	150	220	242.5	250	635	350.134	
2	Larry Madill	CA	140kg	130.9	41	155	165	165	100	107.5	112.5	180	197.5	205	482.5	269.612	272.308
	Men Raw Powerlifting																
	90kg Submaster																
1	William Hubner	CA	90kg	87.1	36	187.5	200	210	112.5	120	125	220	235	235	565	371.545	
2	Peter Eraca	CA	90kg	87.5	38	165	172.5	182.5	112.5	115	120	195	200	207.5	495	324.731	
3	Louis James Tanuis Jr	NV	90kg	88.7	35	92.5	105	120	92.5	110	122.5	165	187.5	195	437.5	284.989	
	125kg Submaster																
1	Scott Watkins	CA	125kg	122.0	36	222.5	235	242.5	172.5	182.5	185	260	272.5	275	685	391.264	
	Men Raw Powerlifting																
	100kg Master 70-74																
1	Andrew Mirzaoff	CA	100kg	96.6	73	125	130	137.5	85	90	100	155	167.5	182.5	412.5	257.83	452.75
	110kg Master 50-54																
1	Derek Stock	CA	110kg	105.3	52	165	177.5	187.5	145	152.5	157.5	202.5	215	227.5	567.5	341.865	398.272
	140kg Master 40-44																
1	Larry Madill	CA	140kg	130.9	41	155	165	165	100	107.5	112.5	180	197.5	205	482.5	269.612	272.308
	SHW Master 40-44																
1	Brian Friedman	CA	SHW	214	41	75	---	---	187.5	187.5	187.5	70	---	---	332.5	164.315	165.958
	Men Classic Raw Powerlifting																
	67.5kg Jr 18-19																
1	Elias Lane	CA	67.5kg	65.8	18	105.0	117.5	117.5	75	77.5	82.5	137.5	150	157.5	350	274.853	
	140kg Jr 20-23																
1	Ricardo Toriz	CA	140kg	135.9	23	272.5	292.5	---	162.5	172.5	---	295	310	325	730	403.448	
	Men Classic Raw Powerlifting																
	125kg Open																
1	Roni Avakian	CA	125kg	117.4	25	270	285	300	170	177.5	177.5	265	275	282.5	737.5	426.698	

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	Men Classic Raw Powerlifting			Master													
	90kg Master 70-74																
1	George Ande	CA	90kg	89.3	70	125	130	-142.5	80	85	-87.5	150	160	-172.5	375	243.436	400.452
	Men Raw Bench Only			Open													
	SHW Open																
1	Michael Eisner	CA	SHW	160.1	26				177.5	185	190				190	100.427	
	Women Raw Deadlift Only			Submaster													
	75kg Submaster																
1	Kristen Jacobson	CA	75kg	73.1	38							110	125	137.5	137.5	135.771	
	Women Raw Deadlift Only			Master													
	75kg Master 40-44																
1	Monica Piszyk	CA	75kg	73.1	42							80	87.5	92.5	92.5	91.337	93.163
	Men Raw Deadlift Only			Master													
	82.5kg Master 80+																
1	Roy Taylor	CA	82.5kg	79.4	81							135	140	147.5 (150)	147.5	102.163	214.133
	Best Lifters																
	Ahmed Dregia	Raw	PL	Jr	Men												
	Ren Yamashita	Raw	PL	Open	Women												
	Shawn Murphy	Raw	PL	Open	Men												
	Meet Director:	Leonetta Richardson & Susan Salazar															
	Referees																
	International:	Leonetta Richardson, Tom Moormeister, Tracie Marquez and Darren Matsumoto															
	National:	Susan Salazar, Tanya Reed, Ren Yamashita, Donnie Rogers, Anne Escobedo, Justin Pascual and Ceasar Amado															
	Staff Official:	Kim Inoshita															
	Spotter/Loaders:	Robert Speno (Platform Manager), Luis Miranda, Derick Rucker and Robert Speno Jr.															

Record Color Codes
State
National