

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
82.5kg Jr 20-23																	
1	Marissa Erickson	IA	82.5kg	79.2	22	135.5	142.5	150 (161)	75.5	83	87.5 (92.5)	127.5	137.5	147.5	385	364.595	
Women Raw Powerlifting		Open															
52kg Open																	
1	Valinn McReynolds	IA	52kg	52	36	102.5	107.5	112.5	65	68.5	68.5	107.5	112.5	117.5	293.5	357.748	
67.5kg Open																	
1	Ashley Wilson	IA	67.5kg	66.9	25	162.5	170	177.5	82.5	87.5	93	197.5	210	220	477.5	495.524	
2	Ashley Brown	IA	67.5kg	66.9	35	85	90	97.5	42.5	45	47.5	125	132.5	132.5	275	285.381	
82.5kg Open																	
1	Marissa Erickson	IA	82.5kg	79.2	22	135.5	142.5	150 (161)	75.5	83	87.5 (92.5)	127.5	137.5	147.5	385	364.595	
2	Amanda Lewis	IA	82.5kg	79.9	42	115	125	137.5 (142.5)	65	70	75	155	165	170 (175)	382.5	360.635	367.848
3	Alexandra Kaas	IA	82.5kg	79.7	32	105	112.5	120	60	67.5	72.5	135	142.5	147.5	335	316.246	
4	Kat Case	IA	82.5kg	81.6	33	100	110	117.5	55	60	65	130	142.5	152.5	322.5	300.922	
5	Jennifer Jamison	IA	82.5kg	76.2	49	82.5	87.5	87.5 (92.5)	47.5	50	52.5	115	122.5	127.5	265	255.964	284.888
90kg Open																	
1	Cheyenne Reynolds	IA	90kg	89	28	100	100	107.5	47.5	52.5	57.5	105	112.5	117.5	277.5	248.628	
100kg Open																	
1	Megan Calbow	IA	100kg	96.2	31	115	122.5	132.5	47.5	50	52.5	137.5	145	150	332.5	288.154	
Women Raw Powerlifting		Submaster															
52kg Submaster																	
1	Valinn McReynolds	IA	52kg	52	36	102.5	107.5	112.5	65	68.5	68.5	107.5	112.5	117.5	293.5	357.748	
67.5kg Submaster																	
1	Ashley Brown	IA	67.5kg	66.9	35	85	90	97.5	42.5	45	47.5	125	132.5	132.5	275	285.381	

USPA Drug Tested 2023 Iowa State Championships February 25, 2023 Des Moines, IA

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting				Master													
	60kg Master 60-64																
1	Gina Flowers	IA	60kg	58	63	110	117.5	120 (122.5)	60	60	62.5 (65)	115	122.5	127.5	310	351.171	499.015
	67.5kg Master 55-59																
1	Iwalani Belisario	IA	67.5kg	63.8	55	102.5	107.5	110 (112.5)	60	60	62.5	112.5	120	127.5	290	309.523	379.166
	82.5kg Master 40-44																
1	Amanda Lewis	IA	82.5kg	79.9	42	115	125	137.5 (142.5)	65	70	75	155	165	170 (175)	382.5	360.635	367.848
	82.5kg Master 45-49																
1	Jennifer Jamison	IA	82.5kg	76.2	49	82.5	87.5	87.5 (92.5)	47.5	50	52.5	115	122.5	127.5	265	255.964	284.888
Men Raw Powerlifting				Junior													
	67.5kg Jr 20-23																
1	Eli Irwin	IA	67.5kg	65.8	22	87.5	97.5	107.5	57.5	62.5	67.5	137.5	155	167.5	332.5	261.11	
	82.5kg Jr 13-15																
1	Noah Davies	IA	82.5kg	80.4	15	155	172.5	190	92.5	102.5	102.5	200	217.5	227.5	492.5	338.608	
	82.5kg Jr 16-17																
1	Matthew Keener	IA	82.5kg	81.5	17	210	215	220	115	125	130	215	215	230	570	388.812	
	82.5kg Jr 18-19																
1	Sam Henry	IA	82.5kg	79	18	150	160	167.5	92.5	97.5	100	230	247.5	260	507.5	352.57	
	82.5kg Jr 20-23																
1	Jacob Garcia	IA	82.5kg	82.2	20	185	195	202.5	127.5	135	142.5	207.5	220	232.5	557.5	378.428	
	90kg Jr 16-17																
1	Austin McMahan	IA	90kg	88.6	17	170	175	182.5 (187.5)	125	137.5	137.5	170	177.5	185 (190)	505	329.15	
2	Zander Dayton	IA	90kg	89.3	17	160	170	177.5	115	125	127.5	150	175	192.5 (205)	497.5	322.958	

USPA Drug Tested 2023 Iowa State Championships February 25, 2023 Des Moines, IA

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
90kg Jr 20-23																	
1	Brendan Gray	IA	90kg	88	22	185	197.5	205	140	145	150	237.5	245	260	610	398.986	
														(266)			
100kg Jr 16-17																	
1	Ben Johannes	IA	100kg	95.2	17	170	170	172.5	147.5	152.5	155	185	190	192.5	517.5	325.64	
100kg Jr 18-19																	
1	Alec Sernett	IA	100kg	96.5	19	175	190	202.5	105	112.5	117.5	205	220	230	535	334.556	
110kg Jr 13-15																	
1	Slayde Lee	IA	110kg	108.6	15	152.5	165	182.5	105	110	115	175	192.5	197.5	485	288.651	
Men Raw Powerlifting				Open													
82.5kg Open																	
1	David Frazier	IA	82.5kg	81.4	42	187.5	200	205	127.5	132.5	132.5	217.5	225	232.5	557.5	380.554	388.165
2	Alex Beninga	IA	82.5kg	82.2	29	160	165	172.5	112.5	120	130	205	215	227.5	517.5	351.277	
90kg Open																	
1	Luke Arrowood	IA	90kg	89.3	28	260	270	282.5	155	165	170	320	345	365	792.5	514.461	
2	Brendan Gray	IA	90kg	88	22	185	197.5	205	140	145	150	237.5	245	260	610	398.986	
														(266)			
100kg Open																	
1	Phillip Vsetecka	IA	100kg	93.3	30	260	272.5	282.5	175	182.5	182.5	265	282.5	290	737.5	468.511	
2	Justin Smith	IA	100kg	98.9	29	237.5	252.5	262.5	157.5	167.5	172.5	252.5	272.5	285	710	439.131	
3	Cameron Wood	IA	100kg	98.7	33	202.5	212.5	220	142.5	150	150	230	250	260	612.5	379.166	
4	Will Van Soelen	IA	100kg	96.1	26	182.5	190	195	127.5	135	142.5	205	215	227.5	565	353.988	
5	Lloyd Lofton	WI	100kg	96.8	30	167.5	177.5	182.5	110	120	125	175	190	205	482.5	301.3	
110kg Open																	
1	Andrew Jones	IA	110kg	109.5	26	247.5	265	277.5	180	192.5	200	257.5	275	285	750	444.965	
2	Kadhafi Bertho	IA	110kg	109.6	34	165	182.5	192.5	125	140	150	190	210	227.5	560	332.126	
125kg Open																	
1	Justin Hennessy	IA	125kg	124.4	26	235	260	275	157.5	172.5	185	260	277.5	295	742.5	421.458	
2	Trent Buckley	IA	125kg	125	28	160	175	182.5	107.5	112.5	115	200	212.5	220	515	291.879	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting				Master													
82.5kg Master 40-44																	
1	David Frazier	IA	82.5kg	81.4	42	187.5	200	205	127.5	132.5	132.5	217.5	225	232.5	557.5	380.554	388.165
100kg Master 40-44																	
1	Mathew Mann	IA	100kg	100	41	210	215	215	122.5	127.5	135	250	262.5	272.5	605	372.387	376.111
Men Classic Raw Powerlifting				Open													
82.5kg Open																	
1	Wizer Hamilton	IA	82.5kg	80.8	32	170	182.5	197.5	95	100	102.5	190	205	212.5	490	335.914	
90kg Open																	
1	Jay Petersen	NA	90kg	89.5	32	275	275	275	127.5	132.5	132.5	277.5	277.5	287.5	680	440.928	
2	Dan Jorgensen	IA	90kg	88.5	38	130	142.5	142.5	85	92.5	100	160	172.5	182.5	395	257.604	
100kg Open																	
1	Nate Lowry	IA	100kg	96.2	40	165	180	190	92.5	105	110	170	185	195 (200)	490	306.852	306.852
110kg Open																	
1	Mitch Foster	IA	110kg	109.9	34	245	252.5	252.5	160	162.5	175	235	240	250	647.5	383.624	
140+ Open																	
1	Anthony Wilson	IA	140+	144.6	26	240	255	270	142.5	152.5	160	250	265	272.5	695	377.476	
Men Classic Raw Powerlifting				Submaster													
90kg Submaster																	
1	Dan Jorgensen	IA	90kg	88.5	38	130	142.5	142.5	85	92.5	100	160	172.5	182.5	395	257.604	
Men Classic Raw Powerlifting				Master													
100kg Master 40-44																	
1	Nate Lowry	IA	100kg	96.2	40	165	180	190	92.5	105	110	170	185	195 (200)	490	306.852	306.852
Men Raw Deadlift Only				Open													
110kg Open																	
1	Kirby Summers	IA	110kg	100.2	62							140	145	150	150	92.248	128.501

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Deadlift Only			Master													
110kg Master 60-64																
1 Kirby Summers	IA	110kg	100.2	62							140	145	150	150	92.248	128.501
Women Raw Push-Pull			Master													
67.5kg Master 60-64																
1 Judith Simmons	IA	67.5kg	65.2	63				45	47.5	50	107.5	115	122.5	170	179.104	183.395
Men Raw Push-Pull			Master													
110kg Master 60-64																
1 Nick Simmons	IA	110kg	108.1	64				125	145	152.5	172.5	192.5	210	345	205.694	166.418

Best Lifters	
Name	Equip Events Comp Sex Record Color Codes
Brendan Gray	Raw PL JR Men State
Ashley Wilson	Raw PL Open Women National
Luke Arrowood	Raw PL Open Men
Jay Petersen	Clraw PL Open Men
Meet Director:	Jacob Hartman
Referees	
National:	Jacob Hartman, Doug Staley
State:	Miranda Good, Tatya Emmick, Jessica Toney, Lincoln Rozeboom
Spotter/Loaders:	Wes Keith, Jimmy Philpsen, Greg Huse Ben Burnett
Tested Lifters:	Brenda Gray, Luke Arrowood, Ashley Wilson, Trent Buckley, Phil Vsetecka, Marissa Erickson