

USPA Open Pre-Spring Fling March 7, 2026 Spokane Valley, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Men Raw Powerlifting		Open																
100kg Open																		
1	Matthew Manza	WA	100kg	98.7	28	205.0	215.0	<del>225.0</del>	185	192.5	197.5	220	235.0	<del>240.0</del>	647.5	400.832		
125kg Open																		
1	Cole Ackerman	WA	125kg	114.4	28	212.5	217.5	227.5	160	170.0	<del>182.5</del>	242.5	250.0	<del>272.5</del>	647.5	378.029		
Men Classic Raw Powerlifting		Master																
140kg Master 50-54																		
1	Dwayne Nill	WA	140kg	134.8	51	280.0	295.0	<del>320.0</del>	175	190.0	<del>195.0</del>	265	275.0	285.0	770	426.556	489.26	
Men Raw Bench Only		Open																
140kg Open																		
1	Cody Plumb	WA	140kg	130.4	42				212.5	<del>220.0</del>	<del>222.5</del>				212.5	118.877	121.255	
Men Raw Bench Only		Master																
140kg Master 40-44																		
1	Cody Plumb	WA	140kg	130.4	42				212.5	<del>220.0</del>	<del>222.5</del>				212.5	118.877	121.255	
Men Raw Deadlift Only		Master																
140kg Master 45-49																		
1	Joe Quinn	WA	140kg	135.4	48							205	212.5	<del>220.0</del>	212.5	117.567	128.971	
Men Raw Push-Pull		Master																
140kg Master 55-59																		
1	Brent Mikesell	WA	140kg	136.9	58				165	175.0	<del>182.5</del>	275	320.0	<del>352.5</del>	495	272.996	227.839	
Meet Director:		Adam Evans										Record Color Codes						
												State						
Referees												National						
National:		Colton Ward, Joshua Spaeth, Kim Gray																
State:		Adam Evans																
Meet Assistant:		Amy Evans																
Spotter/Loaders:		Josh Long, Evan Long, Ryen Hardy, Hunter Brower, Kayla Nipp, Tanner Larson																