

USPA NASPOWER Winter Open Powerlifting Championship February 15, 2020

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	60kg Jr 20-23																
1	Guadalupe Morales	CA	60kg	59.4	21	85	92.5	95	47.5	50	52.5	120	127.5	132.5	280	314.608	
	75kg Jr 20-23																
1	Susana Bravo	CA	75kg	71.8	23	95	95	95	52.5	57.5	62.5	115	120	127.5	272.5	266.478	
	82.5kg Jr 18-19																
1	Ashlie Burns	CA	82.5kg	77.2	19	110	115	117.5	52.5	57.5	60	140	147.5	155	327.5	305.885	
	SHW Jr 20-23																
1	Marissa Ramirez	CA	SHW	111.5	22	177.5	187.5	195	65	70	75	142.5	150	162.5	420	340.536	
2	Samantha Scott	CA	SHW	105.1	22	80	87.5	100	52.5	57.5	65	97.5	110	127.5	272.5	223.859	
	60kg Open																
1	Sid Anderson	CA	60kg	59.5	30	117.5	122.5	125	72.5	72.5	72.5	120	120	125	315	353.462	
2	Andrea Bersentes	CA	60kg	57.4	27	105	112.5	120	55	60	60	107.5	112.5	120	287.5	331.804	
	67.5kg Open																
1	Marilyn Vasquez	CA	67.5kg	60.3	24	95	102.5	102.5	55	57.5	60	100	110	117.5	272.5	302.639	
	75kg Open																
1	Isabelle Kootstra	CA	75kg	69.4	31	125	132.5	140	72.5	80	82.5	132.5	147.5	170	392.5	392.814	
2	Erika Del Toro	CA	75kg	75.0	27	110	117.5	130	45	57.5	65	127.5	137.5	145	327.5	311.322	
	SHW Open																
1	Lydia Larson	CA	SHW	118.7	29	92.5	100	107.5	50	55	62.5	115	127.5	137.5	307.5	246.369	
	SHW Submaster																
1	Jeannie Anderson	CA	SHW	123.7	35	85	95	105	47.5	57.5	57.5	115	127.5	137.5	290	230.666	
Men Raw Powerlifting																	
	75kg Jr 16-17																
1	Isaac Orozco	CA	75kg	72.9	16	137.5	150	157.5	87.5	95	100	167.5	177.5	190	442.5	321.742	
	82.5kg Jr 13-15																
1	Benjamin Garcia	CA	82.5kg	75.9	15	130	135	142.5	95	100	100	150	160	182.5	397.5	280.913	
	82.5kg Jr 16-17																
1	Juan Santoyo	CA	82.5kg	79.3	17	170	182.5	195	92.5	102.5	107.5	167.5	177.5	192.5	475	326.088	
	82.5kg Jr 18-19																
1	Mikey Badella	CA	82.5kg	81.4	18	175	182.5	195	105	110	120	225	242.5	262.5	577.5	390.044	

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	90kg Jr 18-19																
1	Blain Rushing	CA	90kg	88.4	18	167.5	175	182.5	110	117.5	125	215	227.5	237.5	537.5	346.365	
	90kg Jr 20-23																
1	Lorenzo Lara	CA	90kg	84.3	20	152.5	170	177.5	82.5	90	105	170	182.5	205	457.5	302.636	
	100kg Jr 18-19																
1	Andrew Young	CA	100kg	99.6	18	202.5	210	227.5	122.5	130	142.5	225	240	247.5	617.5	376.428	
	125kg Jr 20-23																
1	Ulysis Espinosa	CA	125kg	122.1	20	160	170	170	127.5	132.5	137.5	192.5	200	205	502.5	287.782	
	75kg Open																
1	Ruben Abiocabrera	CA	75kg	74.6	27	167.5	170	172.5	122.5	127.5	130	187.5	195	195	485	346.872	
2	Jesus Carrasco	CA	75kg	70.4	28	150	155	162.5	92.5	100	105	192.5	195	200	462.5	345.071	
3	Matthew Tabo	CA	75kg	74.4	34	125	142.5	152.5	100	110	110	157.5	175	185	437.5	313.513	
	82.5kg Open																
1	Mikey Badella	CA	82.5kg	81.4	18	175	182.5	195	105	110	120	225	242.5	262.5	577.5	390.044	
2	Luis Ramos	CA	82.5kg	81.8	33	125	157.5	165	85	95	102.5	165	205	227.5	487.5	328.283	
	100kg Open																
1	James Lewis	CA	100kg	97.2	43	235	245	255	192.5	202.5	210.5	235	245	252.5	708	435.986	449.502
2	Ruben Huante	CA	100kg	91.2	34	177.5	187.5	200	137.5	145	152.5	217.5	230	245	597.5	378.935	
3	Alberto Novela	CA	100kg	94.4	31	200	212.5	222.5	147.5	152.5	155	220	227.5	235	597.5	372.721	
	110kg Open																
1	Marc Vaca	CA	110kg	110	24	250	262.5	272.5	170	182.5	187.5	272.5	282.5	292.5	752.5	442.846	
2	Sam Quillen	CA	110kg	100.3	34	207.5	210	212.5	140	147.5	147.5	237.5	245	262.5	597.5	363.22	
3	Augustin Flores	CA	110kg	109.5	33	170	180	187.5	152.5	157.5	157.5	217.5	225	242.5	575	338.848	
4	Jose Bragas	CA	110kg	108.9	31	175	180	185	142.5	150	152.5	222.5	230	237.5	572.5	337.947	
	140kg Open																
1	Scott George	CA	140kg	129.8	28	255	270	272.5	212.5	220	227.5	282.5	305	325	817.5	462.542	
2	Wilbert Rogers	CA	140kg	137.7	29	230	240	247.5	165	175	182.5	252.5	265	272.5	702.5	393.541	
	100kg Master 40-44																
1	James Lewis	CA	100kg	97.2	43	235	245	255	192.5	202.5	210.5	235	245	252.5	708	435.986	449.502
	125kg Master 60-64																
1	Gregory Cotterell	CA	125kg	112.6	60	185	195	202.5	142.5	150	150	240	257.5	265	610	356.484	477.689
	140kg Master 50-54																
1	Fredrick Martinez	CA	140kg	131.9	54	230	230	230	185	195.5	205	285	305	320	755	425.971	512.869

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Women Classic Raw Powerlifting																	
	75kg Jr 20-23																
1	Margaret Benn	CA	75kg	74.5	20	107.5	112.5	-120	52.5	55	60	132.5	140	142.5	310	295.957	
	82.5kg Master 55-59																
1	Lynette Hergenroeder	CA	82.5kg	81.0	55	115	125	-----	65	65	70	135	150	-170	345	313.536	384.082
Men Classic Raw Powerlifting																	
	140kg Open																
1	Lazaro Rodriguez	CA	140kg	128.3	30	285	295	317.5	167.5	175	182.5	320	342.5	350	850	481.95	
	100kg Master 45-49																
1	Craig Recore	WA	100kg	99.0	47	225	-----	-----	162.5	172.5	-----	240	272.5	292.5	690	421.659	456.235
	125kg Master 40-44																
1	Louie Gonzales	CA	125kg	120	40	215	227.5	245	200	-213.5	213.5	217.5	227.5	237.5	696	400.13	400.13
Women Single Ply Powerlifting																	
	90kg Jr 20-23																
1	Danielle Munoz	CA	90kg	83.2	23	205	215	227.5	45	45	120	185	190	197.5	545	488.375	
	90kg Open																
1	Danielle Munoz	CA	90kg	83.2	23	205	215	227.5	45	45	120	185	190	197.5	545	488.375	
	67.5kg Master 55-59																
1	Kim Packer	CA	67.5kg	67.4	58	150	160	165	92.5	95	-----	147.5	165	-175	425	434.223	560.581
Men Single Ply Powerlifting																	
	90kg Jr 20-23																
1	Carlos Ramirez	CA	90kg	87.2	22	255	-272.5	272.5	-200	200	210	227.5	-245	-----	710	460.861	
	90kg Open																
1	Carlos Ramirez	CA	90kg	87.2	22	255	-272.5	272.5	-200	200	210	227.5	-245	-----	710	460.861	
Men Raw Bench Only																	
	140kg Open																
1	Scott George	CA	140kg	129.8	28				212.5	220	-227.5				220	124.476	
Women Raw Push-Pull																	
	82.5kg Open																
1	Victoria Osuna	CA	82.5kg	81.3	24				77.5	82.5	85	152.5	157.5	165	250	226.75	

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Best Lifters:																	
	Marissa Ramirez		Raw Jr Women PL														
	Mikey Badella		Raw Jr Men PL														
	Isabelle Kootstra		Raw Open Women PL														
	Scott George		Raw Open Men PL														
Team: Forge Strength Systems																	
Meet Director: Lord Elliott																	
Thank you to our officials:																	
Ken Wheeler, Scott Layman and Tony Rodenburg																	
State: Daniel Burns, Alicia Burns, Rob Lee, George Cano, Eduardo Martinez, Peyton Karns and Kat Colson																	
Practical: Marquis Station																	
Announcers: Lord Elliott, Payton Karns and Daniel Burns																	
Table:																	
Kat Colson, Tomas Avilez, Eduardo Martinez, Daniel Burns and Alicia Burns																	
Spotters and Loaders:																	
Anthony Garcia, Jose Noyola, Dusty Fox and Ben Romero																	

Record Color Codes:

State

National