

USPA NASPOWER Heart Breaker Powerlifting Championship February 9-10, 2019 Bakersfield, CA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Raw Powerlifting															
	52kg Jr 20-23														
1	Marilyn Zapata	CA	52kg	48.4	21	95	50	125	270	355.401		209.4	110.2	275.6	595.2
	60kg Jr 20-23														
1	Kimberly Cooke	CA	60kg	56.8	23	95	50	105	250	290.9		209.4	110.2	231.5	551.2
	75kg Jr 18-19														
1	Ashlie Burns	CA	75kg	74.4	18	107.5	52.5	142.5	302.5	289.039		237	115.7	314.2	666.9
	82.5kg Jr 18-19														
1	Gabriela Benavides	CA	82.5kg	79.1	19	112.5	60	122.5	295	271.666		248	132.3	270.1	650.4
	82.5kg Jr 20-23														
1	Jessica Cruz	CA	82.5kg	76.5	22	130	55	145	330	309.903		286.6	121.3	319.7	727.5
	52kg Open														
1	Marilyn Zapata	CA	52kg	48.4	21	95	50	125	270	355.401		209.4	110.2	275.6	595.2
	67.5kg Open														
1	Sarah Payne	CA	67.5kg	67.3	33	142.5	92.5	160	395	404.006		314.2	203.9	352.7	870.8
2	Rosa Salvatierra	CA	67.5kg	65.5	29	112.5	72.5	167.5	352.5	367.728		248	159.8	369.3	777.1
	75kg Open														
1	Laura Cabrera	CA	75kg	74.5	30	115	47.5	140	302.5	288.797		253.5	104.7	308.6	666.9
DQ	Kristiane Supinger	CA	75kg	73.9	38	110	77.5	0	0	0		242.5	170.9	0	0
	82.5kg Open														
1	Jessica Cruz	CA	82.5kg	76.5	22	130	55	145	330	309.903		286.6	121.3	319.7	727.5
	67.5kg Master 45-49														
1	Sicily Easley	CA	67.5kg	66.2	45	110	82.5	142.5	335	346.759	365.83	242.5	181.9	314.2	738.5
Men Raw Powerlifting															
	60kg Jr 20-23														
1	Cody Lawrence	CA	60kg	57.9	20	172.5	115	172.5	460	405.536		380.3	253.5	380.3	1014.1
2	Benjamin Salazar	CA	60kg	57.8	20	122.5	92.5	160	375	331.125		270.1	203.9	352.7	826.7
	67.5kg Jr 20-23														
1	Jacob Hernandez	CA	67.5kg	65.4	21	132.5	110	167.5	410	324.351		292.1	242.5	369.3	903.9
	75kg Jr 13-15														
1	Miguel Medrano	CA	75kg	70.7	15	125	97.5	160	382.5	284.465		275.6	214.9	352.7	843.3
	82.5kg Jr 20-23														
1	Steven Saeteurn	CA	82.5kg	82	22	185	130	222.5	537.5	361.415		407.9	286.6	490.5	1185

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	125kg Open														
1	Scott George	CA	125kg	123.7	27	237.5	195	255	687.5	392.631		523.6	429.9	562.2	1515.7
2	Tyler Savery	CA	125kg	121.9	26	220	152.5	277.5	650	372.385		485	336.2	611.8	1433
3	Ben Gallaher	CA	125kg	120	33	210	165	272.5	647.5	372.248		463	363.8	600.8	1427.5
4	Sam Quillen	CA	125kg	117.5	33	227.5	150	260	637.5	368.348		501.5	330.7	573.2	1405.4
5	Jose Noyola	CA	125kg	113.1	27	195	145	242.5	582.5	340.005		429.9	319.7	534.6	1284.2
	140kg Open														
1	Pedro Zepeda	CA	140kg	137.9	25	260	197.5	302.5	760	425.676		573.2	435.4	666.9	1675.5
	75kg Submaster														
1	Pa Saechao	CA	75kg	73	36	172.5	112.5	195	480	348.672		380.3	248	429.9	1058.2
	82.5kg Submaster														
1	Omar Huipio	CA	82.5kg	81.2	35	162.5	110	227.5	500	338.2		358.2	242.5	501.5	1102.3
	100kg Submaster														
1	Arthur Tellez	CA	100kg	93.7	37	165	137.5	237.5	540	338.04		363.8	303.1	523.6	1190.5
	125kg Submaster														
1	Rasha Casteel	CA	125kg	114.3	36	125	147.5	200	472.5	274.995		275.6	325.2	440.9	1041.7
	110kg Master 40-44														
1	Vice Lujan	CA	110kg	101.1	41	190	147.5	240	577.5	349.965	353.465	418.9	325.2	529.1	1273.2
	110kg Master 50-54														
1	Jimmy Flores	CA	110kg	104.8	50	205	185	290	680	406.64	459.503	451.9	407.9	639.3	1499.1
	110kg Master 55-59														
1	Gregory Cotterell	CA	110kg	108.6	59	197.5	137.5	245	580	342.722	450.679	435.4	303.1	540.1	1278.7
	125kg Master 40-44														
1	Brian Nicklas	CA	125kg	120.6	40	200	160	235	595	341.709	341.709	440.9	352.7	518.1	1311.7
	125kg Master 50-54														
1	Frederick Martinez	CA	125kg	124.6	53	215	185	295	695	396.289	469.206	474	407.9	650.4	1532.2
	Women Classic Raw Powerlifting														
	75kg Jr 20-23														
1	Jacqueline Gonzalez-Hernandez	CA	75kg	73	20	165	70	155	390	377.208		363.8	154.3	341.7	859.8
	60kg Open														
1	Tera Hernandez	CA	60kg	59.6	26	105	52.5	122.5	280	313.796		231.5	115.7	270.1	617.3
	75kg Open														
1	Dana Narez	CA	75kg	73.7	25	177.5	95	182.5	455	437.392		391.3	209.4	402.3	1003.1

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	82.5kg Open														
1	Brittany Lopez	CA	82.5kg	78.5	29	155	75	170	400	369.96		341.7	165.3	374.8	881.8
2	Rachel Simpson	CA	82.5kg	79.4	25	137.5	65	170	372.5	342.29		303.1	143.3	374.8	821.2
	90kg Open														
1	Araceli Rosales	CA	90kg	89.2	29	125	72.5	162.5	360	312.228		275.6	159.8	358.2	793.7
	82.5kg Submaster														
1	Vannessa Patino	Ca	82.5kg	76	37	120	62.5	137.5	320	301.728		264.6	137.8	303.1	705.5
Men Classic Raw Powerlifting															
	100kg Jr 20-23														
1	Cody Weedman	CA	100kg	96.8	20	240	145	272.5	657.5	405.612		529.1	319.7	600.8	1449.5
	110kg Jr 20-23														
1	Che Costa	CA	110kg	106.1	21	227.5	132.5	237.5	597.5	355.752		501.5	292.1	523.6	1317.2
	60kg Open														
1	Jesse Lanuevo	CA	60kg	59.9	29	228	135	265	628	536.438		502.6	297.6	584.2	1384.5
	90kg Open														
1	Marquis Station	CA	90kg	89.2	25	225	160	257.5	642.5	412.035		496	352.7	567.7	1416.5
2	Gabriel Aquino	CA	90kg	88.4	28	185	117.5	235	537.5	346.365		407.9	259	518.1	1185
	100kg Open														
1	Cody Weedman	CA	100kg	96.8	20	240	145	272.5	657.5	405.612		529.1	319.7	600.8	1449.5
2	Nicholas Mitchell	CA	100kg	99.7	39	232.5	167.5	242.5	642.5	391.475		512.6	369.3	534.6	1416.5
3	Troy Young	CA	100kg	91.1	26	195	120	205	520	329.94		429.9	264.6	451.9	1146.4
	140kg Open														
1	Lazaro Rodriguez	CA	140kg	128.5	29	347.5	205	365	917.5	520.039		766.1	451.9	804.7	2022.7
2	Clayton Cox	CA	140kg	131.3	28	320	205	322.5	847.5	478.499		705.5	451.9	711	1868.4
3	Charles Blue	CA	140kg	129.1	34	272.5	182.5	272.5	727.5	411.983		600.8	402.3	600.8	1603.8
	125kg Master 40-44														
1	Daniel Burns	CA	125kg	124.3	44	230	172.5	257.5	660	376.53	392.721	507.1	380.3	567.7	1455
Women Single Ply Powerlifting															
	82.5kg Jr 20-23														
1	Danielle Munoz	CA	82.5kg	80	22	185	92.5	162.5	440	402.6		407.9	203.9	358.2	970
	52kg Open														
1	Elaina Bonilla	CA	52kg	48.6	24	102.5	55	122.5	280	367.444		226	121.3	270.1	617.3
	75kg Master 55-59														
1	Kimberly Pfeiffer-Packer	CA	75kg	68.3	57	160	92.5	170	422.5	427.612	542.212	352.7	203.9	374.8	931.4

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Men Single Ply Powerlifting															
	90kg Jr 16-17														
1	Matthew Mccoy	CA	90kg	83.6	17	177.5	85	192.5	455	302.439		391.3	187.4	424.4	1003.1
							4th: 90	4th: 197.5							
	90kg Jr 20-23														
1	Carlos Ramirez	CA	90kg	87.6	21	280	192.5	255	727.5	471.056		617.3	424.4	562.2	1603.8
	90kg Open														
1	Carlos Ramirez	CA	90kg	87.6	21	280	192.5	255	727.5	471.056		617.3	424.4	562.2	1603.8
	140kg Master 45-49														
DQ	Darrin Guerra	CA	140kg	134.4	48	227.5	0	277.5	0	0	0	501.5	0	611.8	0
Women Raw Bench Only															
	75kg Open														
1	Tonia Gonzalez	CA	75kg	73.5	30		82.5		82.5	79.439			181.9		181.9
Men Raw Bench Only															
	60kg Open														
1	Jesse Lanuevo	CA	60kg	59.9	29		135		135	115.317			297.6		297.6
	125kg Open														
1	Scott George	CA	125kg	123.7	27		195		195	111.365			429.9		429.9
	140kg Master 55-59														
1	Quinn Bremes	CA	140kg	134.1	57		182.5		182.5	102.675	130.192		402.3		402.3
Men Single Ply Bench Only															
	140kg Master 45-49														
DQ	Darrin Guerra	CA	140kg	134.4	48		0		0	0	0		0		0
Women Raw Deadlift Only															
	52kg Jr 20-23														
1	Marilyn Zapata	CA	52kg	48.4	21			125	125	164.538				275.6	275.6
	52kg Open														
1	Marilyn Zapata	CA	52kg	48.4	21			125	125	164.538				275.6	275.6
	82.5kg Open														
1	Ashley Diaz	CA	82.5kg	80.4	33			165	165	150.563				363.8	363.8
Men Raw Deadlift Only															
	60kg Open														
1	Jesse Lanuevo	CA	60kg	59.9	29			265	265	226.363				584.2	584.2
	125kg Open														
1	Scott George	CA	125kg	123.7	27			255	255	145.631				562.2	562.2

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	140kg Open														
1	Lazaro Rodriguez	CA	140kg	128.5	29			365	365	206.882				804.7	804.7
Women Raw Push-Pull															
	44kg Open														
1	Juliet Woodards	CA	44kg	39.1	11		25	62.5	87.5	132.335			55.1	137.8	192.9
	75kg Open														
1	Tonia Gonzalez	CA	75kg	73.5	30		82.5	157.5	240	231.096			181.9	347.2	529.1
	82.5kg Open														
1	Ashley Diaz	CA	82.5kg	80.4	33		70	165	235	214.438			154.3	363.8	518.1
Men Raw Push-Pull															
	110kg Open														
1	Jimmy Flores	CA	110kg	104.8	50		185	290	475	284.05	320.977		407.9	639.3	1047.2
	110kg Master 50-54														
1	Jimmy Flores	CA	110kg	104.8	50		185	290	475	284.05	320.977		407.9	639.3	1047.2
Best Lifters:															
Women Raw Junior - Marilyn Zapata															
Women Raw Open - Sarah Payne															
Women Clraw Open - Dana Narez															
Men Raw Junior - Tristan Almager															
Men Raw Open - Edwin Koh															
Men Clraw Open - Jesse Lanuevo															
Teams:															
1st - One Ton Lee															
2nd - Lemoore Barbell & Strength															
3rd - Forge Strength System															
Thank you to our referees:															
International: Ken Wheeler, Scott Layman and Lord Elliott															
State: Edwardo Martinez, Tomas Avilez and Nichole Ferguson															
Tech Table:															
Kat Colson and Kelly LaMantia															
Announcer:															
Chuck LaMantia															