

USPA Southern States Special Olympics Open March 23rd, 2019 Southaven, MS

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
<b>Women Raw Powerlifting</b>															
	60kg Open														
1	Kourtney Krebs	TN	60kg	57.7	31	60	37.5	100	197.5	227.007		132.3	82.7	220.5	435.4
<b>Men Raw Powerlifting</b>															
	60kg Open														
1	Kyle Krebs	TN	60kg	57.1	33	80	72.5	137.5	290	259.086		176.4	159.8	303.1	639.3
	90kg Open														
DQ	Nicolas Cruz-Uribe	AL	90kg	88.5	26	0	72.5	120	0	0		0	159.8	264.6	0
	100kg Submaster														
1	John Farley	TN	100kg	97.1	33	67.5	55	95	217.5	134.002		148.8	121.3	209.4	479.5
	82.5kg Master 50-54														
1	Kevin Rankin	TN	82.5kg	81.9	52	102.5	67.5	117.5	287.5	193.459	225.379	226	148.8	259	633.8
<b>Men Classic Raw Powerlifting</b>															
	90kg Master 40-44														
1	Chad Quinton	TN	90kg	88	40	110	87.5	162.5	360	232.524	232.524	242.5	192.9	358.2	793.7
<b>Men Raw Bench Only</b>															
	82.5kg Jr 20-23														
1	Jesse Wims	MS	82.5kg	82	20		65		65	43.706			143.3		143.3
	125kg Master 50-54														
1	Duane Hudson	TN	125kg	122	50		82.5		82.5	47.256	53.399		181.9		181.9
<b>Women Raw Push-Pull</b>															
	60kg Open														
1	Kourtney Krebs	TN	60kg	57.7	31		37.5	100	137.5	158.043			82.7	220.5	303.1
	82.5kg Open														
1	Lauren Smith	MS	82.5kg	80.2	27		42.5	107.5	150	137.055			93.7	237	330.7
	60kg Master 40-44														
1	Laura Moore	TN	60kg	56.2	44		35	55	90	105.597	110.138		77.2	121.3	198.4
<b>Men Raw Push-Pull</b>															
	52kg Jr 18-19														
1	Ethan Artrip	MS	52kg	39.4	19		32.5	80	112.5	153.259			71.6	176.4	248



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	75kg Master 60-64														
1	Greg Thiel	TN	75kg	74.3	62		35	70	105	75.317	104.917		77.2	154.3	231.5
	82.5kg Master 50-54														
1	Kevin Rankin	TN	82.5kg	81.9	52		67.5	117.5	185	124.487	145.027		148.8	259	407.9
	90kg Master 40-44														
1	Chad Quinton	TN	90kg	88	40		87.5	162.5	250	161.475	161.475		192.9	358.2	551.2
	125kg Master 50-54														
1	Duane Hudson	TN	125kg	122	50		82.5	75	157.5	90.216	101.944		181.9	165.3	347.2

Push/Pull Best Lifters

Open Men Raw: Kyle Krebs

Meet Director: John Micka

Scorekeepers: Roger Fox, Vicky Fox and Lauren Broadwater

Thank you to our referees:

National: Charlie Lyons, Joe Keith, John Micka, Amanda Micka, Joe Keith, Rich Wharton and Gary Brewer

State: Eric Holmbeck, Lauren Broadwater and Jay Gousett

Thanks to our spotters: Jake Holmbeck and Charis Tomblin

Thanks to all the Special Olympics Coaches and The Desoto Athletic Club for being a great host

Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
<p>The inaugural Southern States Special Olympics Open was held at the Desoto Athletic Club in Southaven, Mississippi on March 23, 2019. The first USPA meet of its kind in the area brought in gifted athletes from several surrounding states. The group ranged from veteran lifters to first time competitors.</p> <p>The female lifters Kourtney Krebs, Lauren Smith and Laura Moore lit up the platform with their bright smiles and their enthusiasm. The Men's Open Push/Pull Raw was the most highly contested division with experienced lifters Isaiah Newson, Dewitt Wright, Isaiah Wright and Steven Davis all looking for that Best Lifter Award. Teddy Underwood had the biggest Bench Press in that division and Seth Slocum had the biggest Deadlift but Kyle Krebs, with some solid lifting, walked away with the best Wilks score. Nico Cruz-Urbe from Tuscaloosa struggled on the squat but persevered and came back to earn a sizeable Push/Pull total and a PR. There were several Submasters competing including John T. Farley, Richard Mellon, Greg Standard and first time competitor Andrew Richardson. All of them impressed the audience with their intensity and focus.</p> <p>Our Masters Full Power lifters Kevin Rankin and Chad Quinton were exceptional in their technique and both had a great day. Coming back from an injury, Jesse Wims was relegated to Bench Only but easily set a State record in his division. Also returning from an injury, Duane Hudson managed to post some hefty numbers in the Bench Only and Push/Pull divisions. Seasoned lifter, Greg Thiel worked the crowd and ended the day with some excellent numbers.</p> <p>Our two lightest competitors Ethan Artrip and Alex Hannah, showed that good things come in small packages putting up some big numbers in Push/Pull. Overall everyone had a good time and we plan to hold this again next year. Thank you to the lifters for coming out.</p> <p>Thank you to the Special Olympics organization for helping to promote this meet. Thank you to the Desoto Athletic Club for hosting this event. We could not have had a better host. Thank you to the Coaches who work with these lifters every day. Thank you to the parents and family members of these athletes for supporting them in their lifting endeavors. Thank you to all of my volunteers who traveled to North Mississippi at their own expense. I look forward to watching this meet grow. -John Micka</p>														