

USPA Tested Be Strong Powerlifting Meet May 4, 2024 Amherst, Massachusetts

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
100kg Jr 13-15																	
1	Sophie Ziomek	MA	100kg	97.5	15	95	-112.5	-112.5	47.5	-52.5	-57.5	-100	107.5	112.5	255	219.792	
Women Raw Powerlifting		Open															
75kg Open																	
1	Carissa Lueth	MA	75kg	72.4	28	87.5	97.5	102.5	47.5	52.5	55	102.5	115	-125	270	268	
82.5kg Open																	
1	Aletheia Benjamin	MA	82.5kg	79.6	31	-115	-125	125	45	55	60	125	150	162.5	347.5	328.252	
2	Taylor Martin	NH	82.5kg	80.1	27	57.5	-62.5	62.5	35	37.5	40	95	100	107.5	207.5	195.395	
90kg Open																	
1	Sarah Heminger	MA	90kg	88.7	46	152.5	160	-166	95	97.5	100	162.5	170	175	435	390.331	416.874
Women Raw Powerlifting		Submaster															
100kg Submaster																	
1	Elizabeth Bulman	MA	100kg	93.1	35	95	97.5	-100	-47.5	47.5	50	100	105	112.5	260	228.42	
Women Raw Powerlifting		Master															
67.5kg Master 65-69																	
1	Ellen Loftus	MA	67.5kg	65.7	66	92.5	97.5	-102.5	55	57.5	60	115	-125	-125	272.5	285.799	431.842
90kg Master 45-49																	
1	Sarah Heminger	MA	90kg	88.7	46	152.5	160	-166	95	97.5	100	162.5	170	175	435	390.331	416.874
DQ	Janet Nelson	MA	90kg	87.0	48	70	70	70	35	37.5	42.5	85	90	95	0	0	0
100kg Master 65-69																	
1	Jody Myers	MA	100kg	93.8	69	52.5	60	60	30	35	40	90	95	102.5	197.5	172.962	278.469
Men Raw Powerlifting		Open															
75kg Open																	
1	Cory Sago	MA	75kg	74.8	30	140	147.5	155	100	105	105	160	180	195	455	326.985	
82.5kg Open																	
1	Javanie Hayles	CT	82.5kg	80.7	25	210	210	220	125	130	140	255	265	265	600	411.62	
2	Atreyu Hannon-Moonston	MA	82.5kg	78.9	24	67.5	72.5	77.5	67.5	67.5	75	92.5	105	117.5	262.5	182.502	

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90kg Open																	
1	Jared Stickle	CT	90kg	89.0	26	152.5	160	165	102.5	112.5	117.5	192.5	207.5	227.5	505	328.39	
100kg Open																	
1	Sawyer Levy	MA	100kg	99.4	27	270	292.5	310	165	175	175	300	320	332.5	795	490.617	
2	Andrew Berardinelli	NY	100kg	98.5	30	235	255	272.5	137.5	147.5	155	275	290	290	695	430.623	
3	Michael Shealy	SC	100kg	99.9	28	220	240	245	142.5	150	155	235	255	262.5	650	400.259	
110kg Open																	
1	Billy Stickle	CT	110kg	109.4	28	187.5	205	220	170	182.5	---	237.5	255	272.5	645	382.803	
125kg Open																	
1	William Pittman	MA	125kg	112.1	35	82.5	90	100	60	67.5	72.5	95	107.5	115	287.5	169.085	
140kg Open																	
1	Joshua Biernacki	RI	140kg	139.5	32	232.5	247.5	247.5	120	125	130	220	232.5	240	617.5	338.743	
Men Raw Powerlifting		Submaster															
90kg Submaster																	
1	Mathew Giunta	MA	90kg	89.7	36	172.5	172.5	185	105	130	132.5	180	195	200	517.5	335.18	
Men Raw Powerlifting		Master															
82.5kg Master 45-49																	
1	Matt Taylor	MA	82.5kg	76.9	49	145	155	160	90	95	95	150	160	170	420	296.611	330.128
125kg Master 45-49																	
1	Aaron Dean	MA	125kg	111.0	49	180	187.5	192.5	130	140	145	200	215	227.5	565	333.5	371.186
Men Classic Raw Powerlifting		Junior															
67.5kg Jr 16-17																	
DQ	Alex Dupont	MA	67.5kg	64.6	17	120	122.5	125	85	85	85	150	152.5	157.5	0	0	
Men Classic Raw Powerlifting		Master															
90kg Master 55-59																	
1	Ray Dunn	MA	90kg	86.7	56	137.5	137.5	142.5	92.5	95	97.5	175	185	187.5	425	280.161	349.081
Women Raw Bench Only		Master															
100kg Master 60-64																	
1	Kristina Maxwell	MA	100kg	97.7	61				25	27.5	30				30	25.837	35.293

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Men Raw Bench Only				Open													
1	Justin Werner	MA	110kg	109.2	28				157.5	162.5	162.5				157.5	93.54	
Men Raw Bench Only				Master													
1	Thomas Martin	CT	90kg	89.1	61				145	155	155				145	94.236	128.727
Women Raw Deadlift Only				Master													
1	Kristina Maxwell	MA	100kg	97.7	61							32.5	35	40	40	34.449	47.057
Men Raw Push-Pull				Open													
1	Jared Stickle	CT	90kg	89.0	26				102.5	112.5	117.5	192.5	207.5	227.5	340	221.094	
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Sawyer Levy		Raw	PL	Open	Men							National					
Meet Director:		Ann Hall															
Referees																	
International:		Ann Hall, Rich Deleon															
National:		Phil Craven															
State:		Amy Silvia, Maria Ryan, Ray Saraiva, Rich Ministro, Regina Shea, Tina Caplan															
Spotter/Loaders:		Whitney Farrel, Liz Potel, Max Rothemich															
Tested Lifters:		Sarah Heminger, Sawyer Levy, Javanie Hayles															