

USPA PNW Fall Classic III September 21-22, 2019 Kirkland, WA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Powerlifting</b>																	
	52kg Jr 20-23																
1	Alexa Dimaano	WA	52kg	50.4	22	95	97.5	<del>102.5</del>	45	<del>50</del>	<del>50</del>	122.5	127.5	130	272.5	347.955	
	56kg Jr 18-19																
1	Jackie Kelly	WA	56kg	54.1	19	95	100	<del>105</del>	52.5	55	<del>57.5</del>	105	112.5	<del>117.5</del>	267.5	323.354	
	56kg Jr 20-23																
1	Breanna Thai	WA	56kg	54.7	23	80	85	92.5	40	47.5	<del>52.5</del>	<del>107.5</del>	115	122.5	262.5	314.606	
	67.5kg Jr 13-15																
1	Anna Decaprio	WA	67.5kg	65.2	15	82.5	92.5	105	55	62.5	<del>70</del>	112.5	137.5	<del>152.5</del>	305	319.244	
2	Hailey Marti	WA	67.5kg	61.5	13	85	90	92.5	42.5	47.5	52.5	100	107.5	110	255	278.945	
								4th: 100			<del>55</del>			4th: 115			
	75kg Jr 20-23																
1	Evangeline Munson	WA	75kg	73.7	23	147.5	155	160	70	<del>75</del>	<del>75</del>	180	190	<del>200</del>	420	403.746	
2	Kerstin Long	WA	75kg	71.1	20	70	82.5	87.5	42.5	47.5	50	90	102.5	107.5	245	241.154	
3	Emma Georgiou	WA	75kg	69.7	20	62.5	72.5	<del>82.5</del>	42.5	45	50	100	112.5	120	242.5	241.967	
	82.5kg Jr 20-23																
1	Alena Janssen	WA	82.5kg	80.2	23	147.5	155	162.5	57.5	<del>67.5</del>	<del>67.5</del>	160	170	182.5	402.5	367.764	
														<del>187.5</del>			
	48kg Open																
1	Grace Chang	WA	48kg	47.5	29	92.5	97.5	102.5	42.5	47.5	50	105	115	120	272.5	363.679	
											<del>52.5</del>			4th: 122.5			
	52kg Open																
1	Alexa Dimaano	WA	52kg	50.4	22	95	97.5	<del>102.5</del>	45	<del>50</del>	<del>50</del>	122.5	127.5	130	272.5	347.955	
2	Elizabeth Hughes	WA	52kg	52	27	72.5	80	85	42.5	47.5	<del>50</del>	85	100	112.5	245	305.417	
	56kg Open																
1	Jane Flegel	WA	56kg	54.3	20	82.5	92.5	97.5	42.5	<del>47.5</del>	<del>47.5</del>	125	132.5	140	280	337.512	
2	Maureen Wells	WA	56kg	55.2	41	67.5	<del>77.5</del>	77.5	45	<del>50</del>	<del>50</del>	100	107.5	117.5	240	285.6	288.456
	60kg Open																
1	Alivia Foley	WA	60kg	59.5	29	125	135	<del>142.5</del>	75	80	<del>85</del>	155	165	<del>175</del>	380	426.398	
2	Sophia Burke - De Sanctis	OR	60kg	59.3	33	107.5	117.5	<del>122.5</del>	<del>67.5</del>	70	75	137.5	145	<del>155</del>	337.5	379.721	
3	Christie Van As	WA	60kg	59.1	30	85	90	95	52.5	57.5	<del>60</del>	112.5	120	125	277.5	313.048	
	67.5kg Open																
1	Hayley Nuval	WA	67.5kg	67.1	25	82.5	102.5	<del>112.5</del>	52.5	57.5	<del>62.5</del>	102.5	115	130	290	297.25	
2	Rendall Davis	WA	67.5kg	64.2	28	90	97.5	<del>107.5</del>	50	57.5	<del>62.5</del>	97.5	105	120	275	291.17	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	75kg Open																
1	Madeline Scott	WA	75kg	73.2	27	190	195	<del>200</del>	87.5	92.5	95	210	215	<del>217.5</del>	505	487.578	
2	Melissa King	WA	75kg	73.8	24	150	162.5	172.5	82.5	92.5	<del>97.5</del>	185	197.5	<del>210</del>	462.5	444.185	
3	Evangeline Munson	WA	75kg	73.7	23	147.5	155	160	70	<del>75</del>	<del>75</del>	180	190	<del>200</del>	420	403.746	
4	Joanna Manarang	WA	75kg	69.8	33	<del>102.5</del>	102.5	110	47.5	52.5	55	120	127.5	137.5	302.5	301.532	
5	Adelle Dinkelmyers	WA	75kg	68.1	26	60	72.5	75	35	40	<del>45</del>	95	102.5	110	225	228.195	
	82.5kg Open																
1	Alena Janssen	WA	82.5kg	80.2	23	147.5	155	162.5	57.5	<del>67.5</del>	<del>67.5</del>	160	170	182.5	402.5	367.764	
														<del>187.5</del>			
2	Cat Adams	WA	82.5kg	79.3	25	135	145	<del>152.5</del>	75	80	85	160	167.5	<del>175</del>	397.5	365.501	
3	Elvira Demers	WA	82.5kg	81.2	53	110	120	127.5	57.5	<del>65</del>	<del>65</del>	152.5	162.5	<del>165</del>	347.5	315.391	373.423
	90kg Open																
1	Rosanna Allen	WA	90kg	87.2	37	125	135	142.5	90	92.5	97.5	152.5	165	170	410	359.16	
	SHW Open																
1	Meghan Cooke	WA	SHW	90.8	24	102.5	112.5	117.5	55	60	<del>65</del>	135	142.5	152.5	330	284.097	
	60kg Submaster																
1	April Blais	WA	60kg	59.3	35	102.5	112.5	117.5	50	55	<del>60</del>	102.5	117.5	130	302.5	340.343	
	75kg Submaster																
1	Brooke Smith	WA	75kg	70.2	35	82.5	95	<del>105</del>	50	<del>55</del>	<del>55</del>	87.5	97.5	102.5	247.5	245.743	
														<del>107.5</del>			
	56kg Master 40-44																
1	Maureen Wells	WA	56kg	55.2	41	67.5	<del>77.5</del>	77.5	45	<del>50</del>	<del>50</del>	100	107.5	117.5	240	285.6	288.456
	56kg Master 50-54																
1	Gretchen Cilley	WA	56kg	54.4	53	70	80	<del>82.5</del>	35	37.5	40	102.5	110	<del>115</del>	230	276.828	327.764
											<del>42.5</del>						
	75kg Master 40-44																
1	Amy Gagnon	WA	75kg	73.9	40	110	117.5	127.5	55	60	<del>65</del>	120	130	<del>140</del>	317.5	304.673	304.673
2	Rebecca Dance	WA	75kg	73.2	42	<del>65</del>	75	<del>77.5</del>	52.5	57.5	<del>62.5</del>	107.5	115	122.5	255	246.203	251.127
	75kg Master 50-54																
1	Donna Truax	WA	75kg	68.8	52	102.5	107.5	112.5	67.5	70	72.5	152.5	160	165	350	352.415	410.563
								4th: 115						4th: 170			
	82.5kg Master 50-54																
1	Elvira Demers	WA	82.5kg	81.2	53	110	120	127.5	57.5	<del>65</del>	<del>65</del>	152.5	162.5	<del>165</del>	347.5	315.391	373.423
	90kg Master 40-44																
1	Kimberly Schaub	WA	90kg	89.4	42	97.5	107.5	<del>115</del>	50	55	<del>60</del>	97.5	105	120	282.5	244.786	249.682



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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	100kg Open																
1	Neil Austin	WA	100kg	96.9	25	270	285	<del>297.5</del>	192.5	205	<del>215</del>	285	<del>295</del>	<del>295</del>	775	477.865	
2	Ezekiel Gomez	WA	100kg	95.3	29	185	195	205	135	140	<del>150</del>	195	217.5	232.5	577.5	358.685	
3	Patrick Danner	WA	100kg	97	32	187.5	195	205	110	115	<del>117.5</del>	222.5	232.5	242.5	562.5	346.669	
4	Cory Huynh	WA	100kg	99.6	25	165	177.5	<del>190</del>	<del>112.5</del>	115	<del>125</del>	<del>225</del>	232.5	247.5	540	329.184	
DQ	Ariel Maralit	WA	100kg	90.6	30	240	250	260	145	<del>150</del>	<del>---</del>	<del>295</del>	<del>320</del>	<del>320</del>	0	0	
	110kg Open																
1	Dylan Shenefield	WA	110kg	109.3	27	235	247.5	<del>252.5</del>	172.5	182.5	<del>187.5</del>	242.5	252.5	260	690	406.89	
2	John Hagedorn	WA	110kg	108.1	30	197.5	215	217.5	152.5	170	172.5	232.5	252.5	<del>255</del>	642.5	380.167	
3	Steve Marlara	WA	110kg	100.2	40	210	220	228.5	142.5	150	<del>157.5</del>	230	240	<del>252.5</del>	618.5	376.11	376.11
4	Brandon Blinn	WA	110kg	103.7	26	195	210	<del>220</del>	135	<del>145</del>	<del>145</del>	237.5	250	260	605	363.121	
5	Jamison Scarpelli	WA	110kg	105.3	33	170	185	192.5	135	145	150	205	227.5	250	592.5	353.723	
6	Michael Brown	WA	110kg	108.3	24	187.5	205	<del>215</del>	112.5	120	<del>130</del>	227.5	247.5	<del>260</del>	572.5	338.577	
7	Trevor Souik	WA	110kg	104	26	175	182.5	187.5	115	125	<del>137.5</del>	220	235	250	562.5	337.275	
8	Bryan Williams	WA	110kg	100.4	30	120	130	145	100	110	<del>120</del>	170	175	182.5	437.5	265.825	
	125kg Open																
1	James Wells	WA	125kg	119.5	42	210	225	235	125	132.5	137.5	225	240	250	622.5	358.249	365.414
								4th: 240						<del>257.5</del>			
2	Cody Plumb	WA	125kg	111.1	36	145	<del>162.5</del>	<del>170</del>	145	165	<del>180</del>	102.5	142.5	182.5	492.5	288.95	
	82.5kg Submaster																
1	Nathan Musgrove	WA	82.5kg	81.5	37	155	<del>165</del>	175	105	115	<del>125</del>	160	175	180	470	317.203	
	90kg Submaster																
1	Tim Lease	WA	90kg	88.3	37	185	200	210	125	135	<del>142.5</del>	230	<del>237.5</del>	<del>237.5</del>	575	370.703	
2	John Flavell	WA	90kg	87.2	36	142.5	152.5	167.5	117.5	130	145	192.5	202.5	212.5	525	340.778	
	125kg Submaster																
1	Cody Plumb	WA	125kg	111.1	36	145	<del>162.5</del>	<del>170</del>	145	165	<del>180</del>	102.5	142.5	182.5	492.5	288.95	
	75kg Master 75-79																
1	Ron White	WA	75kg	74.5	77	45	52.5	<del>57.5</del>	<del>77.5</del>	77.5	80	87.5	<del>92.5</del>	<del>92.5</del>	220	157.498	302.081
	82.5kg Master 45-49																
1	Jonathan Blais	WA	82.5kg	79.5	49	167.5	185	202.5	110	130	137.5	167.5	200	<del>227.5</del>	540	370.116	411.939
	82.5kg Master 75-79																
DQ	Bill Cecil	WA	82.5kg	76.9	76	<del>95</del>	<del>95</del>	<del>105</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	0	0	0
	90kg Master 40-44																
1	Brandon High	WA	90kg	89.7	44	195	212.5	227.5	120	130	132.5	212.5	230	<del>235</del>	590	377.305	393.529
	90kg Master 45-49																
1	Trey Mcguire	WA	90kg	86.5	49	175	185	192.5	110	120	<del>127.5</del>	175	187.5	195	507.5	330.839	368.224

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	90kg Master 50-54																
1	Robert Clendenen	WA	90kg	88.9	50	160	<del>172.5</del>	172.5	122.5	132.5	140	190	210	<del>227.5</del>	522.5	335.654	379.289
	110kg Master 40-44																
1	Steve Shawcroft	WA	110kg	108.3	44	185	197.5	<del>207.5</del>	165	167.5	<del>170</del>	242.5	260	270	635	375.539	391.687
														4th 272.5			
2	Steve Marlar	WA	110kg	100.2	40	210	220	228.5	142.5	150	<del>157.5</del>	230	240	<del>252.5</del>	618.5	376.11	376.11
3	Ian Mcconnell	WA	110kg	108.4	43	182.5	197.5	205	130	<del>137.5</del>	<del>137.5</del>	180	192.5	<del>200</del>	527.5	311.858	321.526
	110kg Master 60-64																
1	Alan Dawson	WA	110kg	109.7	60	182.5	<del>205</del>	<del>227.5</del>	72.5	82.5	<del>92.5</del>	182.5	205	227.5	492.5	290.083	388.711
														<del>242.5</del>			
	125kg Master 40-44																
1	James Wells	WA	125kg	119.5	42	210	225	235	125	132.5	137.5	225	240	250	622.5	358.249	365.414
	140kg Master 45-49																
1	Steven Chilcote	WA	140kg	131.5	45	167.5	182.5	195	127.5	137.5	147.5	212.5	230	250	592.5	334.407	352.799
<b>Women Classic Raw Powerlifting</b>																	
	75kg Jr 20-23																
1	Morgan Barton	WA	75kg	72.7	23	95	105	<del>112.5</del>	52.5	62.5	<del>67.5</del>	142.5	160	167.5	335	324.883	
	75kg Open																
1	Amelia Watts	WA	75kg	72.9	27	<del>140</del>	147.5	<del>155</del>	72.5	75	<del>80</del>	160	165	170	392.5	379.979	
2	Morgan Barton	WA	75kg	72.7	23	95	105	<del>112.5</del>	52.5	62.5	<del>67.5</del>	142.5	160	167.5	335	324.883	
<b>Men Classic Raw Powerlifting</b>																	
	100kg Open																
DQ	Nate King	WA	100kg	99.1	30	250	260	<del>272.5</del>	<del>180</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	0	0	
	110kg Open																
1	Travis Hopkins	WA	110kg	108.3	24	<del>250</del>	265	275	147.5	157.5	<del>170</del>	257.5	272.5	<del>280</del>	705	416.937	
	SHW Open																
1	Caleb Worthington	WA	SHW	158.5	28	240	260	272.5	190	<del>205</del>	<del>205</del>	250	<del>272.5</del>	<del>272.5</del>	712.5	391.163	
	90kg Master 60-64																
1	Jeff Carlin	WA	90kg	87.7	62	80	<del>---</del>	<del>---</del>	<del>110</del>	110	112.5	80	<del>---</del>	<del>---</del>	272.5	176.335	245.634
<b>Men Raw Bench Only</b>																	
	90kg Jr 16-17																
1	Alex Martin	WA	90kg	84.6	17				<del>120</del>	127.5	<del>133</del>				127.5	84.16	
	82.5kg Open																
1	Daniel Jang	WA	82.5kg	81.1	24				132.5	142.5	<del>147.5</del>				142.5	96.458	

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	100kg Master 80+																
1	Raymond Halling	WA	100kg	99.6	82				85	90	<del>92.5</del>				90	54.864	117.574
<b>Women Raw Deadlift Only</b>																	
	82.5kg Open																
1	Elvira Demers	WA	82.5kg	81.2	53							152.5	162.5	<del>165</del>	162.5	147.485	174.622
	SHW Open																
1	Cindy Buchan	WA	SHW	114.7	59							110	122.5	135	135	108.851	143.138
	82.5kg Master 50-54																
1	Elvira Demers	WA	82.5kg	81.2	53							152.5	162.5	<del>165</del>	162.5	147.485	174.622
	SHW Master 55-59																
1	Cindy Buchan	WA	SHW	114.7	59							110	122.5	135	135	108.851	143.138
<b>Men Raw Deadlift Only</b>																	
	90kg Jr 16-17																
DQ	Alex Martin	WA	90kg	84.6	17							0	0	0	0	0	
	100kg Master 80+																
1	Raymond Halling	WA	100kg	99.6	82							105	120	130	130	79.248	169.828
<b>Men Raw Push-Pull</b>																	
	90kg Open																
1	Jaris Beasley	WA	90kg	88.8	24				142.5	150	<del>155</del>	250	<del>275</del>	<del>275</del>	400	257.12	

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	Best Lifters:																
	Evangeline Munson		Raw Jr Women PL														
	Kadyn Marshall		Raw Jr Men PL														
	Madeline Scott		Raw Open Women PL														
	Neil Austin		Raw Open Men PL														
	Donna Truax		Raw Master Women PL														
	Jonathan Blais		Raw Master Men PL														
	Travis Hopkins		Clraw Open Men PL														
	Meet Director: Michael Estrella																
	Thank you to our officials:																
	National: Marcus Wild																
	State: Michael Estrella, Zach Miller, Lee Daugherty, Elizabeth West, Lisa Johnson, Ryan Turgano, Darleen Tippie and Eric Leland																
	Practical: Stark Ledbetter and Tory Sigurdson																
	Staff: Raymond Damasco																
	Thank you our spotters and loaders:																
	Jasper Haney, Jimmy Ngyuen, Vincent Tabajonda, Max Shreiber, Kiran Taj, Jestoni Gabuyo, Cody O'Connell, Andrew Thacker, Kali Archiplay,																
	Dwayne Sigh and Michael Estrella																
	Thank you to all spotter, loaders, judges and volunteers. We wouldn't have been able to run such an amazing meet without all of you!																