

USPA Krush it for the Kids September 8, 2019 Rapid City, SD

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b>Women Raw Powerlifting</b>														
	60kg Jr 20-23														
1	Rowan Goss	RI	60kg	58.25	22	92.5	70	137.5	300	342.27		203.9	154.3	303.1	661.4
2	Kayla Johnson	SD	60kg	59.3	23	67.5	50	100	217.5	244.709		148.8	110.2	220.5	479.5
	44kg JR														
GL	Charlotte Horton	SD	44kg	40.1	9	30	17.5	52.5	100	149.15		66.1	38.6	115.7	220.5
	60kg Open														
1	Kayla Johnson	SD	60kg	59.3	23	67.5	50	100	217.5	244.709		148.8	110.2	220.5	479.5
	SHW Open														
1	Miranda Pratt	WA	SHW	101.5	33	115	65	150	330	273.603		253.5	143.3	330.7	727.5
	<b>Men Raw Powerlifting</b>														
	52kg JR														
GL	Carl Walz	SD	52kg	50.1	11	27.5	22.5	55	105	107.205		60.6	49.6	121.3	231.5
	100kg Jr 16-17														
1	Kaden Westergaard	SD	100kg	93.2	17	185	120	210	515	323.214		407.9	264.6	463	1135.4
	125kg Jr 18-19														
1	Dusty Berger	ND	125kg	113.5	18	167.5	110	188	465.5	271.433		369.3	242.5	414.5	1026.2
	100kg Open														
1	John Sheering	ND	100kg	98.75	32	227.5	150	250	627.5	383.842		501.5	330.7	551.2	1383.4
2	Tyler Woolery	SD	100kg	92.35	30	205	155	207.5	567.5	357.695		451.9	341.7	457.5	1251.1
	110kg Open														
1	Alex McIntyre	ND	110kg	106.15	34	232.5	200	292.5	725	431.593		512.6	440.9	644.8	1598.3
	125kg Open														
1	Jason Abramowitz	SD	125kg	118.45	35	147.5	100	162.5	410	236.447		325.2	220.5	358.2	903.9
	SHW Open														
1	James Russell	WY	SHW	162.6	39	262.5	195	250	707.5	386.932		578.7	429.9	551.2	1559.8
	SHW Submaster														
1	James Russell	WY	SHW	162.6	39	262.5	195	250	707.5	386.932		578.7	429.9	551.2	1559.8
	90kg Master 50-54														
1	Michael Burke	SD	90kg	86.4	50	165	110	207.5	482.5	314.735	355.65	363.8	242.5	457.5	1063.7

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<b>Women Classic Raw Powerlifting</b>															
	60kg Jr 13-15														
1	Taylor Fierbach	SD	60kg	59.35	14	110	60	130	300	337.32		242.5	132.3	286.6	661.4
	60kg Open														
1	Taylor Fierbach	SD	60kg	59.35	14	110	60	130	300	337.32		242.5	132.3	286.6	661.4
	67.5kg Open														
1	Destiny Barry	WY	67.5kg	67.5	22	80	55	142.5	277.5	283.217		176.4	121.3	314.2	611.8
	75kg Open														
1	Maria Provost	SD	75kg	72.9	37	122.5	80	147.5	350	338.835		270.1	176.4	325.2	771.6
	75kg Submaster														
1	Maria Provost	SD	75kg	72.9	37	122.5	80	147.5	350	338.835		270.1	176.4	325.2	771.6
<b>Men Classic Raw Powerlifting</b>															
	56kg JR														
GL	Parker Graveman	SD	56kg	54.7	12	85	45	92.5	222.5	207.303		187.4	99.2	203.9	490.5
	82.5kg Open														
1	Samuel McCue	SD	82.5kg	82.4	34	205	152.5	220	577.5	387.156		451.9	336.2	485	1273.2
	90kg Open														
1	Colby Garriffa	WY	90kg	87.45	32	175	117.5	205	497.5	322.43		385.8	259	451.9	1096.8
	100kg Open														
1	Graham Barlow	WY	100kg	97.05	24	255	182.5	325	762.5	469.853		562.2	402.3	716.5	1681
2	Alan Young	SD	100kg	99.4	27	137.5	85	182.5	405	247.091		303.1	187.4	402.3	892.9
<b>Women Raw Bench Only</b>															
	75kg Master 40-44														
1	Theresa LeaderCharge	SD	75kg	71.9	44		57.5		57.5	56.172	58.587		126.8		126.8
<b>Men Raw Bench Only</b>															
	SHW Open														
1	James Russell	WY	SHW	162.6	39		195		195	106.646			429.9		429.9
	SHW Submaster														
1	James Russell	WY	SHW	162.6	39		195		195	106.646			429.9		429.9
	90kg Master 50-54														
1	Michael Burke	SD	90kg	86.4	50		110		110	71.753	81.081		242.5		242.5

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b>Men Raw Deadlift Only</b>														
	100kg Jr 18-19														
1	Zack Kishiyama	SD	100kg	95.7	19			235	235	145.7				518.1	518.1
	100kg Open														
1	Joseph Luplow	ND	100kg	95.6	34			262.5	262.5	162.829				578.7	578.7
	82.5kg Master 50-54														
1	Walt Brindley	SD	82.5kg	79.4	50			130	130	89.18	100.773			286.6	286.6
	<b>Best Lifters:</b>														
	Open Men Raw- Alex McIntyre														
	<b>Meet Director:</b> Kelsey Horton														
	<b>Referees:</b>														
	National: Missy Gentry and Andy Gentry														
	State: Albert Alvarado and Kelsey Horton														
	<b>Venue:</b>														
	605 Grit Fitness														
	<b>Spotters/loaders:</b>														
	Kory Provost, Theresa Law, Joe Garcia, Mike Berger and Cameron Lafferty														
	<b>Sponsors:</b>														
	Strong Snacks														
	Universal USA														
	Strong House Project														
	Bare Grip														
	Squat 2 Depth Apparel														
	Complete Nutrition Rapid City														
	Smash Designs														