

USPA Iron Mongers Amateur Day February 23, 2020 Vista, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	48kg Jr 20-23																
1	Meloujoy Reasonda	CA	48kg	45.5	21	90	95	95	40	45	47.5	95	100	105	240	330.288	
	67.5kg Jr 20-23																
1	Lulu Mansour	CA	67.5kg	66	22	112.5	117.5	122.5	70	75	77.5	137.5	142.5	147.5	340	352.716	
	75kg Jr 13-15																
1	Samantha Prudencio	CA	75kg	72.9	15	92.5	97.5	102.5	45	52.5	52.5	107.5	120	130	277.5	268.648	
	90kg Jr 20-23																
1	Adriana Lucha	CA	90kg	89	23	102.5	112.5	117.5	52.5	57.5	60	145	150	157.5	320	277.792	
	67.5kg Open																
1	Alyssa Sablaon	AL	67.5kg	67.5	28	140	147.5	147.5	75	80	85	137.5	145	150	382.5	390.38	
2	Lulu Mansour	CA	67.5kg	66	22	112.5	117.5	122.5	70	75	77.5	137.5	142.5	147.5	340	352.716	
3	Amber Spindelman	CA	67.5kg	66.7	34	115	125	132.5	60	67.5	70	130	137.5	137.5	330	339.702	
	82.5kg Open																
1	Felicia Baker	CA	82.5kg	78.6	33	120	127.5	127.5	62.5	65	67.5	150	160	167.5	345	318.849	
2	Courtney Ferguson	CA	82.5kg	78.3	32	90	97.5	100	60	65	70	102.5	107.5	112.5	262.5	243.154	
3	Virna Soto	CA	82.5kg	81.7	39	90	97.5	105	42.5	45	50	102.5	117.5	120	262.5	237.458	
	90kg Open																
1	Adriana Lucha	CA	90kg	89	23	102.5	112.5	117.5	52.5	57.5	60	145	150	157.5	320	277.792	
	SHW Open																
1	Rachel Pulido	CA	SHW	104.2	32	125	132.5	140	52.5	57.5	60	147.5	155	155	345	284.039	
	67.5kg Submaster																
1	Jill Mccurdy	CA	67.5kg	67.5	36	85	87.5	92.5	60	60	65	107.5	115	120	262.5	267.908	
	82.5kg Submaster																
1	Virna Soto	CA	82.5kg	81.7	39	90	97.5	105	42.5	45	50	102.5	117.5	120	262.5	237.458	
Men Raw Powerlifting																	
	67.5kg Jr 18-19																
1	Kiet Trang	CA	67.5kg	65	19	182.5	192.5	202.5	102.5	107.5	112.5	225	237.5	250	552.5	439.348	
	75kg Jr 18-19																
1	Dennis Dang	CA	75kg	73.8	19	137.5	137.5	142.5	77.5	82.5	85	162.5	172.5	180	397.5	286.478	

USPA Iron Mongers Amateur Day February 23, 2020 Vista, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	82.5kg Jr 20-23																
1	Alejandro Ramirez	AL	82.5kg	80.9	23	175	182.5	190	132.5	137.5	-142.5	210	217.5	-227.5	545	369.456	
2	Jonathan Reyna	CA	82.5kg	81.4	22	162.5	172.5	182.5	105	112.5	-117.5	197.5	215	-225	510	344.454	
	90kg Jr 20-23																
1	Keith Valeros	CA	90kg	89.1	22	235	247.5	252.5	127.5	-137.5	137.5	260	275	277.5	667.5	428.335	
	110kg Jr 16-17																
1	Ethan Colborn	CA	110kg	105.8	17	165	177.5	192.5	100	107.5	117.5	165	185	192.5	502.5	299.49	
	140kg Jr 18-19																
1	Magnus Graham	CA	140kg	132.7	19	232.5	247.5	257.5	152.5	160	165	235	245	-255	667.5	376.203	
	75kg Open																
1	Jmar Cajimat	CA	75kg	73.5	33	117.5	135	142.5	97.5	102.5	-105	147.5	162.5	170	415	299.962	
2	Dennis Dang	CA	75kg	73.8	19	-137.5	137.5	142.5	77.5	82.5	-85	162.5	172.5	-180	397.5	286.478	
3	Hyung Jin Lee	CA	75kg	72.3	29	-130	135	145	70	77.5	85	135	150	165	395	288.943	
	82.5kg Open																
1	Oswaldo Medina	CA	82.5kg	81.4	24	192.5	205	220	130	142.5	-147.5	227.5	242.5	250	612.5	413.683	
2	Robert Marquez	CA	82.5kg	78.6	28	-202.5	202.5	215	127.5	132.5	-137.5	247.5	260	-265	607.5	419.479	
3	CJ Gotcher	CA	82.5kg	80.7	32	190	197.5	-207.5	137.5	142.5	147.5	232.5	240	247.5	592.5	402.308	
4	Siggy Bobonis	CA	82.5kg	81	32	-182.5	185	-190	142.5	147.5	155	215	222.5	230	570	386.118	
5	Alejandro Ramirez	AL	82.5kg	80.9	23	175	182.5	190	132.5	137.5	-142.5	210	217.5	-227.5	545	369.456	
6	Jesse Fukawa	CA	82.5kg	81.1	29	165	-177.5	177.5	-107.5	107.5	117.5	227.5	242.5	-255	537.5	363.834	
7	Steven Bourdow	CA	82.5kg	79.9	26	192.5	-202.5	-202.5	107.5	112.5	-117.5	215	222.5	-227.5	527.5	360.388	
	90kg Open																
1	Keith Valeros	CA	90kg	89.1	22	235	247.5	252.5	127.5	-137.5	137.5	260	275	277.5	667.5	428.335	
2	Stephen Dezutter	CA	90kg	89.2	29	-220	227.5	230	140	145	150	240	-245	-250	620	397.606	
3	Justin Gilzow	CA	90kg	88.3	26	180	185	190	115	120	127.5	225	235	-240	552.5	356.197	
	100kg Open																
1	Jordan Ferguson	CA	100kg	96.7	26	-222.5	225	237.5	145	152.5	-162.5	242.5	252.5	260	650	401.18	
2	Benjamin Pierce	CA	100kg	96.7	25	205	215	220	135	140	145	222.5	240	250	615	379.578	
3	Tyler Adams	CA	100kg	97.4	30	210	-217.5	-217.5	167.5	175	-177.5	220	230	-240	615	378.348	
4	Nicholas Barnett	CA	100kg	95.2	25	160	165	172.5	115	120	122.5	197.5	202.5	207.5	502.5	312.254	
	110kg Open																
1	Joe Soden	CA	110kg	108.4	28	240	255	-272.5	185	192.5	205	240	262.5	272.5	732.5	433.054	
2	Matthew Dickerman	CA	110kg	107.5	38	165	180	190	130	142.5	150	210	237.5	252.5	592.5	351.234	

USPA Iron Mongers Amateur Day February 23, 2020 Vista, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	125kg Open																
1	Vladimir Iglesia	CA	125kg	113.1	27	212.5	225	237.5	122.5	132.5	137.5	217.5	227.5	240	610	356.057	
	140kg Open																
1	Dalton Mullinax	CA	140kg	132.8	28	215	205	235	132.5	140	147.5	217.5	225	237.5	620	349.37	
	SHW Open																
1	Alex Galaviz	CA	SHW	182	27	240	250	250	147.5	160	167.5	225	232.5	242.5	642.5	345.151	
Women Classic Raw Powerlifting																	
	82.5kg Open																
1	Leah Calimlim	CA	82.5kg	81.4	38	155	155	155	82.5	87.5	92.5	142.5	147.5	155	397.5	360.294	
Men Classic Raw Powerlifting																	
	125kg Open																
1	Holgje Choi	CA	125kg	123.1	40	250	267.5	272.5	172.5	177.5	182.5	250	267.5	272.5	705	403.049	403.049
	100kg Submaster																
1	Sean Bales	CA	100kg	98.7	35	225	235	240	137.5	145	150	235	245	255	645	394.611	
	90kg Master 40-44																
1	Tony Walters	CA	90kg	87.5	41	185	192.5	192.5	137.5	142.5	147.5	207.5	220	227.5	562.5	364.444	368.088
	100kg Master 55-59																
1	Michael Pennington	CA	100kg	98.4	57	165	182.5	190	122.5	127.5	130	237.5	257.5	267.5	570	349.182	442.763
	125kg Master 40-44																
1	Holgje Choi	CA	125kg	123.1	40	250	267.5	272.5	172.5	177.5	182.5	250	267.5	272.5	705	403.049	403.049
Women Raw Bench Only																	
	82.5kg Open																
1	Courtney Ferguson	CA	82.5kg	78.3	32				60	65	70				65	60.21	
2	Virna Soto	CA	82.5kg	81.7	39				42.5	45	50				45	40.707	
	82.5kg Submaster																
1	Virna Soto	CA	82.5kg	81.7	39				42.5	45	50				45	40.707	
Men Raw Bench Only																	
	82.5kg Open																
1	Siggy Bobonis	CA	82.5kg	81	32				142.5	147.5	155				155	104.997	
	110kg Open																
1	Anthony Alaniz	CA	110kg	106.2	29				147.5	152.5	157.5				157.5	93.744	

USPA Iron Mongers Amateur Day February 23, 2020 Vista, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	140kg Open																
1	Brian Curtis	UT	140kg	133	24				225	237.5	245				245	138.033	
Women Raw Deadlift Only																	
	82.5kg Open																
1	Virna Soto	CA	82.5kg	81.7	39							102.5	117.5	120	120	108.552	
	82.5kg Submaster																
1	Virna Soto	CA	82.5kg	81.7	39							102.5	117.5	120	120	108.552	
	100kg Master 55-59																
1	Michael Pennington	CA	100kg	98.4	57							237.5	257.5	267.5	257.5	157.745	200.02
Best Lifters:																	
	Kiet Trang	Raw Jr Men PL														Record Color Codes:	
	Alyssa Sablaon	Raw Open Women PL														State	
	Joe Soden	Raw Open Men PL															
Meet Director: Rick Simmons																	
Thank you to our officials:																	
	International:	Tom Miller															
	National:	Justin Pascual															
	State:	Christina Sisk, Joel Baiz, George LeBlanc and Jessica Richer															
	Staff Official:	Kris Martinson															
Spotter/Loaders: Johnny Mojica, Ali Munoz, Tim Thorton, Zach Powell and Xavier Romero																	