

USPA Kabuki Strength's Total Mass of Destruction October 1, 2022 Rock Hill, SC

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Raw Powerlifting		Junior															
67.5kg Jr 20-23																	
DQ	Elena Castanes	SC	67.5kg	66.8	23	<del>127.5</del>	<del>127.5</del>	<del>127.5</del>	<del>70</del>	70	<del>75</del>	127.5	130	<del>132.5</del>	0	0	
Women Raw Powerlifting		Open															
56kg Open																	
1	Megan John	NC	56kg	54.2	43	137.5	147.5	<del>155</del>	<del>77.5</del>	77.5	82.5	145	152.5	160	390	462.052	476.375
67.5kg Open																	
1	Gabriela Angulo	SC	67.5kg	60.6	27	127.5	<del>135</del>	135	62.5	<del>67.5</del>	<del>67.5</del>	132.5	142.5	<del>150</del>	340	374.555	
2	Lauren May	SC	67.5kg	65.8	32	102.5	110	120	62.5	<del>67.5</del>	67.5	137.5	147.5	152.5	340	356.274	
3	Melinda Roten	NC	67.5kg	65.9	35	97.5	102.5	<del>110</del>	75	<del>80</del>	80	110	115	122.5	305	319.313	
DQ	Elena Castanes	SC	67.5kg	66.8	23	<del>127.5</del>	<del>127.5</del>	<del>127.5</del>	<del>70</del>	70	<del>75</del>	127.5	130	<del>132.5</del>	0	0	
75kg Open																	
1	Jessica Hause	NC	75kg	73.7	33	205	215	<del>230</del>	110	120	125	205	215	<del>227.5</del>	555	545.613	
2	Jennifer Friday	SC	75kg	74.4	37	122.5	132.5	<del>145</del>	52.5	57.5	65	<del>125</del>	135	147.5	345	337.456	
3	Betty Polenik	SC	75kg	71.1	64	122.5	<del>125</del>	<del>125</del>	60	65	70	<del>135</del>	142.5	150	342.5	343.361	497.873
82.5kg Open																	
1	Donna Tello	GA	82.5kg	82.3	67	<del>62.5</del>	62.5	67.5	37.5	40	<del>42.5</del>	62.5	67.5	70	177.5	164.937	254.497
90kg Open																	
1	Amy Carroll	SC	90kg	83.1	45	147.5	155	<del>160</del>	<del>75</del>	75	<del>82.5</del>	160	165	170	400	369.959	390.307
2	Corrine Contreras	NC	90kg	86.8	41	140	150	155	65	70	<del>80</del>	145	147.5	152.5	377.5	342.081	345.501
110kg Open																	
1	Kelly Whitted	GA	110kg	109.2	41	170	182.5	<del>192.5</del>	92.5	<del>100</del>	<del>100</del>	172.5	185	<del>195</del>	460	380.121	383.923
Women Raw Powerlifting		Submaster															
67.5kg Submaster																	
1	Melinda Roten	NC	67.5kg	65.9	35	97.5	102.5	<del>110</del>	75	<del>80</del>	80	110	115	122.5	305	319.313	

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<b>Women Raw Powerlifting</b>				<b>Master</b>													
	56kg Master 40-44																
1	Megan John	NC	56kg	54.2	43	137.5	147.5	<del>155</del>	<del>77.5</del>	77.5	82.5	145	152.5	160	390	462.052	476.375
	75kg Master 60-64																
1	Betty Polenik	SC	75kg	71.1	64	122.5	<del>125</del>	<del>125</del>	60	65	70	<del>135</del>	142.5	150	342.5	343.361	497.873
	82.5kg Master 65-69																
1	Donna Tello	GA	82.5kg	82.3	67	<del>62.5</del>	62.5	67.5	37.5	40	<del>42.5</del>	62.5	67.5	70	177.5	164.937	254.497
	90kg Master 40-44																
1	Corrine Contreras	NC	90kg	86.8	41	140	150	155	65	70	<del>80</del>	145	147.5	152.5	377.5	342.081	345.501
	90kg Master 45-49																
1	Amy Carroll	SC	90kg	83.1	45	147.5	155	<del>160</del>	<del>75</del>	75	<del>82.5</del>	160	165	170	400	369.959	390.307
	110kg Master 40-44																
1	Kelly Whitted	GA	110kg	109.2	41	170	182.5	<del>192.5</del>	92.5	<del>100</del>	<del>---</del>	172.5	185	<del>195</del>	460	380.121	383.923
<b>Men Raw Powerlifting</b>				<b>Junior</b>													
	60kg Jr 20-23																
1	Collin Scates	SC	60kg	58.4	22	117.5	125	130	72.5	77.5	82.5	155	162.5	<del>167.5</del>	375	323.717	
	90kg Jr 20-23																
1	Tom Jakeway	NC	90kg	88.9	23	200	215	225	140	147.5	<del>155</del>	<del>210</del>	227.5	240	612.5	398.524	
	100kg Jr 20-23																
1	Thomas Farmer	OH	100kg	98.2	23	185	187.5	207.5	140	<del>147.5</del>	147.5	220	235	250	605	375.366	
	110kg Jr 20-23																
DQ	Austin Van Dyke	FL	110kg	102.5	22	<del>245</del>	250	255	137.5	145	150	<del>277.5</del>	<del>---</del>	<del>---</del>	0	0	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Powerlifting			Open													
	75kg Open																
1	Thomas Knight	SC	75kg	74.4	36	175	195	205	115.5	<del>-127.5</del>	<del>-130</del>	195	215	230.5	551	397.343	
	82.5kg Open																
1	Zachary Freeman	SC	82.5kg	81.5	24	197.5	212.5	220	165	<del>-172.5</del>	<del>-182.5</del>	195	205	220	605	412.686	
	90kg Open																
1	Maurice Mcfadden	SC	90kg	89.1	31	250	<del>-255</del>	<del>-255</del>	145	<del>-150</del>	<del>-150</del>	272.5	280	<del>-282.5</del>	675	438.685	
	100kg Open																
1	Keith Rutter	FL	100kg	96.9	38	235	250	272.5	170	180	<del>-183</del>	295	320	<del>-330</del>	772.5	482.166	
2	Chad Delaney	SC	100kg	100.0	33	240	255	<del>-270</del>	<del>-192.5</del>	205	210	290	305	<del>-320</del>	770	473.947	
3	Quintin Hall	SC	100kg	98.9	28	245	<del>-262.5</del>	262.5	182.5	192.5	<del>-197.5</del>	285	307.5	<del>-320</del>	762.5	471.602	
4	Ajay Dogra	NY	100kg	96.4	24	210	222.5	227.5	155	<del>-165</del>	<del>-165</del>	245	<del>-262.5</del>	<del>-262.5</del>	627.5	392.585	
5	Seth Williams	NC	100kg	99.5	31	145	162.5	<del>-172.5</del>	112.5	<del>-120</del>	<del>-120</del>	220	227.5	<del>-230</del>	502.5	309.971	
	125kg Open																
1	John Morris	NY	125kg	120.9	25	<del>-272.5</del>	287.5	<del>-300</del>	167.5	177.5	<del>-185</del>	280	307.5	<del>-322.5</del>	772.5	442.555	
2	Nicholas Dufresne	SC	125kg	116.5	24	272.5	<del>-282.5</del>	282.5	175	182.5	187.5	245	260	<del>-272.5</del>	730	423.481	
3	Foster White	SC	125kg	117	30	250	260	<del>-267.5</del>	<del>-170</del>	170	177.5	230	260	<del>-267.5</del>	697.5	404.028	
4	Rob Walding	NC	125kg	110.4	39	182.5	187.5	195	150	157.5	162.5	230	237.5	247.5	605	357.834	
	140kg Open																
1	Abdullah Faras	NC	140kg	136	24	300	325	332.5	<del>-200</del>	205	212.5	350	365	375	920	508.348	
2	Michael Scullin	SC	140kg	125.5	27	260	272.5	285	175	187.5	<del>-195</del>	262.5	280	300	772.5	437.269	
	Men Raw Powerlifting			Submaster													
	75kg Submaster																
1	Thomas Knight	SC	75kg	74.4	36	175	195	205	115.5	<del>-127.5</del>	<del>-130</del>	195	215	230.5	551	397.343	
	100kg Submaster																
1	Keith Rutter	FL	100kg	96.9	38	235	250	272.5	170	180	<del>-183</del>	295	320	<del>-330</del>	772.5	482.166	
	125kg Submaster																
1	Rob Walding	NC	125kg	110.4	39	182.5	187.5	195	150	157.5	162.5	230	237.5	247.5	605	357.834	



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	100kg Submaster																
1	Keith Rutter	FL	100kg	96.9	38							295	320	<del>330</del>	320	199.732	
<b>Women Raw Push-Pull</b>				<b>Open</b>													
	67.5kg Open																
1	Gabriela Angulo	SC	67.5kg	60.6	27				62.5	<del>67.5</del>	<del>67.5</del>	132.5	142.5	<del>150</del>	205	225.834	
	82.5kg Open																
1	Donna Tello	GA	82.5kg	82.3	67				37.5	40	<del>42.5</del>	62.5	67.5	70	110	102.214	100.365
	90kg Open																
1	Kristie Guadiano	SC	90kg	86.6	51				<del>102.5</del>	102.5	<del>110</del>	145	152.5	165	267.5	242.659	171.68
<b>Women Raw Push-Pull</b>				<b>Master</b>													
	82.5kg Master 65-69																
1	Donna Tello	GA	82.5kg	82.3	67				37.5	40	<del>42.5</del>	62.5	67.5	70	110	102.214	100.365
	90kg Master 50-54																
1	Kristie Guadiano	SC	90kg	86.6	51				<del>102.5</del>	102.5	<del>110</del>	145	152.5	165	267.5	242.659	171.68
<b>Men Raw Push-Pull</b>				<b>Open</b>													
	75kg Open																
1	Thomas Knight	SC	75kg	74.4	36				115.5	<del>127.5</del>	<del>130</del>	195	215	230.5	346	249.511	
	100kg Open																
1	Chad Delaney	SC	100kg	100.0	33				<del>102.5</del>	205	210	290	305	<del>320</del>	515	316.991	
2	Keith Rutter	FL	100kg	96.9	38				170	180	<del>183</del>	295	320	<del>330</del>	500	312.082	
<b>Men Raw Push-Pull</b>				<b>Submaster</b>													
	75kg Submaster																
1	Thomas Knight	SC	75kg	74.4	36				115.5	<del>127.5</del>	<del>130</del>	195	215	230.5	346	249.511	
	100kg Submaster																
1	Keith Rutter	FL	100kg	96.9	38				170	180	<del>183</del>	295	320	<del>330</del>	500	312.082	

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters																
Name	Equip	Events	Comp	Sex								Record Color Codes				
Jessica Hause	Raw	PL	Open	Women								State				
Abdullah Faras	Raw	PL	Open	Men												
Betty Polenik	Raw	PL	Master	Women												
Meet Director:	Tricia Emrich															
Referees																
International:	Tricia Emrich															
National:	Bethany Spohrer, Valorie Rooke, Karl Davenport															
State:	James Green, Paul Hewitt															
Spotter/Loaders:	Tricia Emrich, George Spohrer, Christina Tupper, Miracle															