

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	women Raw Powerlifting			Open													
	67.5kg Open																
1	Diamond Volk	VA	67.5kg	66.8	26	160	-170	-170	70	75	77.5	170	180	185	422.5	521.872	
2	Melissa Freeman	VA	67.5kg	66.5	24	85	92.5	-107.5	45	50	52.5	100	117.5	137.5	282.5	349.82	
3	Amanda Garcia	VA	67.5kg	65.2	33	85	-92.5	-92.5	60	50	52.5	112.5	120	122.5	260	325.65	
	75kg Open																
1	Jessica Rogers	MD	75kg	72.3	39	137.5	142.5	147.5	60	65	67.5	150	160	170	385	456.033	
2	Joiah Ladson		75kg	73.2	32	-112.5	112.5	-117.5	77.5	85	-92.5	157.5	167.5	-177.5	365	429.751	
3	Laura Mae Lucas	VA	75kg	69.9	34	-117.5	-117.5	117.5	52.5	55	60	132.5	142.5	145	322.5	388.613	
4	Tawny Cevora	VA	75kg	74.9	27	92.5	102.5	112.5	50	55	57.5	105	120	137.5	307.5	358.115	
	82.5kg Open																
1	Crystal Midlik	VA	82.5kg	78.8	36	120	127.5	135	57.5	62.5	65	137.5	145	150	347.5	395.733	
	90kg Open																
1	Brittany Sarver	VA	90kg	87.6	28	115	127.5	-135	52.5	57.5	62.5	137.5	150	160	350	382.97	
2	Brandy Jackson	VA	90kg	84.7	43	92.5	-102.5	102.5	45	52.5	60	115	125	137.5	300	332.13	342.426
	SHW Open																
1	Tamara Walcott	MD	SHW	133.6	36	-225	225	242.5	122.5	132.5	140	227.5	250	256	638.5	628.731	
DQ	Sabrina Simpson	VA	SHW	99.6	25	-137.5	137.5	---	---	---	---	---	---	---	0	0	
	women Raw Powerlifting			Submaster													
	75kg Submaster																
1	Jessica Rogers	MD	75kg	72.3	39	137.5	142.5	147.5	60	65	67.5	150	160	170	385	456.033	
	82.5kg Submaster																
1	Crystal Midlik	VA	82.5kg	78.8	36	120	127.5	135	57.5	62.5	65	137.5	145	150	347.5	395.733	
	90kg Submaster																
1	Erin Rayle	VA	90kg	89.4	36	117.5	122.5	125	60	65	65	132.5	140	142.5	332.5	361.394	
	SHW Submaster																
1	Tamara Walcott	MD	SHW	133.6	36	-225	225	242.5	122.5	132.5	140	227.5	250	256	638.5	628.731	
	women Raw Powerlifting			Master													
	56kg Master 45-49																
1	Kerri Smith	VA	56kg	53.5	49	82.5	90	-97.5	40	42.5	-47.5	92.5	100	110	242.5	346.969	386.176
	90kg Master 40-44																
1	Brandy Jackson	VA	90kg	84.7	43	92.5	-102.5	102.5	45	52.5	60	115	125	137.5	300	332.13	342.426

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	men Raw Powerlifting			Junior													
	60kg Jr 20-23																
1	Nathaniel Ostrum	VA	60kg	57.9	21	145	152.5	157.5	95	100	105	160	167.5	175	432.5	443.01	
	67.5kg Jr 20-23																
1	Tyler Pierce	CT	67.5kg	66.4	22	147.5	147.5	147.5	105	102.5	110	175	182.5	192.5	450	416.52	
	75kg Jr 20-23																
1	Uriya Mishor-Ziv	VA	75kg	72.9	20	177.5	185	190	130	132.5	132.5	217.5	230	245	562.5	488.475	
	82.5kg Jr 13-15																
1	Donovan Foster	VA	82.5kg	78.9	14	75	82.5	92.5	37.5	42.5	47.5	92.5	97.5	105	227.5	187.915	
	82.5kg Jr 20-23																
1	Kyle Parrish	VA	82.5kg	80.5	22	210	215	230	142.5	155	167.5	245	257.5	257.5	630	514.143	
	100kg Jr 20-23																
1	Samuel Poggioli	VA	100kg	98.5	21	235	250	260	150	157.5	162.5	260	282.5	295	717.5	526.789	
	110kg Jr 18-19																
1	Chris Dawson	VA	110kg	106.2	19	205	220	235	127.5	135	142.5	250	270	270	612.5	435.671	
	men Raw Powerlifting			Open													
	60kg Open																
1	Nathaniel Ostrum	VA	60kg	57.9	21	145	152.5	157.5	95	100	105	160	167.5	175	432.5	443.01	
	75kg Open																
1	Kolbe Adams	NC	75kg	73.9	26	155	167.5	167.5	112.5	120	127.5	195	210	225	497.5	428.198	
2	Barada Moncravie	VA	75kg	74.2	27	155	172.5	172.5	115	122.5	127.5	195	220	227.5	495	424.908	
3	Zachery Rodriguez	VA	75kg	74.8	25	87.5	97.5	115	70	77.5	87.5	165	175	192.5	395	337.33	
	82.5kg Open																
1	Christopher Roberts	VA	82.5kg	81.4	27	272.5	285	285	140	147.5	152.5	255	272.5	280	717.5	581.677	
2	Kyle Parrish	VA	82.5kg	80.5	22	210	215	230	142.5	155	167.5	245	257.5	257.5	630	514.143	
3	Maxwell Smith	VA	82.5kg	81.6	25	165	172.5	187.5	137.5	142.5	142.5	190	207.5	212.5	527.5	427.064	
4	Allan Frances	VA	82.5kg	82.4	26	167.5	180	195	105	107.5	110	200	215	227.5	502.5	404.513	
DQ	Ryan Ware	VA	82.5kg	77.6	31	175	177.5	200	112.5	122.5	122.5	202.5	212.5	220	0	0	
	90kg Open																
1	Khanh Ngo	VA	90kg	89.3	28	205	212.5	220	115	120	125	272.5	277.5	285	617.5	475.537	
DQ	Frank Marksberry	VA	90kg	86.9	22	170	190	205	122.5	132.5	132.5	227.5	250	272.5	0	0	

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	100kg Open																
1	Joseph Robinson	VA	100kg	98.4	30	260	277.5	285	175	187.5	195	280	307.5	315	772.5	567.479	
2	Samuel Poggioli	VA	100kg	98.5	21	235	250	260	150	157.5	162.5	260	282.5	295	717.5	526.789	
3	James Zaller	VA	100kg	93.5	26	210	222.5	230	140	147.5	152.5	242.5	252.5	260	627.5	472.131	
4	David Ware	VA	100kg	95.9	36	185	185	185	145	157.5	167.5	212.5	212.5	235	577.5	429.256	
	110kg Open																
1	Brandon Carbone	VA	110kg	108.3	25	252.5	265	275	167.5	175	182.5	307.5	322.5	340	790	557.74	
2	Trevor Emery	VA	110kg	105.2	28	237.5	250	257.5	157.5	172.5	182.5	275	282.5	295	705	503.37	
3	Jeremy Smith	VA	110kg	107.8	33	167.5	185	192.5	132.5	140	145	205	220	220	535	378.352	
	125kg Open																
1	Justin Bovender	VA	125kg	119.7	39	215	225	230	162.5	170	182.5	260	275	285	685	467.307	
2	Jered Grimes	VA	125kg	120.5	40	202.5	215	235	137.5	150	162.5	220	242.5	257.5	607.5	413.586	413.586
	men Raw Powerlifting			Submaster													
	82.5kg Submaster																
DQ	Ryan Ware	VA	82.5kg	77.6	31	175	177.5	200	112.5	122.5	122.5	202.5	212.5	220	0	0	
	100kg Submaster																
1	David Ware	VA	100kg	95.9	36	185	185	185	145	157.5	167.5	212.5	212.5	235	577.5	429.256	
	125kg Submaster																
1	Justin Bovender	VA	125kg	119.7	39	215	225	230	162.5	170	182.5	260	275	285	685	467.307	
	men Raw Powerlifting			Master													
	82.5kg Master 60-64																
1	Brian Findlay	VA	82.5kg	80.5	61	105	115	122.5	87.5	97.5	97.5	112.5	122.5	130	325	265.233	362.308
	100kg Master 55-59																
1	Gary Grissinger	VA	100kg	98.9	58	227.5	250	257.5	152.5	160	165	292.5	315	325	747.5	547.843	707.265
	125kg Master 40-44																
1	Jered Grimes	VA	125kg	120.5	40	202.5	215	235	137.5	150	162.5	220	242.5	257.5	607.5	413.586	413.586
	women Classic Raw Powerlifting			Open													
	82.5kg Open																
1	Krystal Fox	MD	82.5kg	82	30	150	150	150	77.5	85	92.5	170	182.5	195	430	481.901	
	men Classic Raw Powerlifting			Junior													
	110kg Jr 20-23																
1	Morgan Watts	VA	110kg	102.7	22	192.5	210	227.5	97.5	107.5	115	185	202.5	220	502.5	362.353	

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	men Classic Raw Powerlifting			Open													
	90kg Open																
1	Andrew Williams	VA	90kg	87.8	29	225	245	255	140	150	155	265	285	295	685	532.245	
	100kg Open																
1	Michael Salisbury	VA	100kg	95.9	34	170	185	195	95	105	115	215	232.5	245	532.5	395.807	
2	Geoffrey Smith	VA	100kg	92.5	33	182.5	197.5	197.5	115	122.5	127.5	182.5	200	215	525	397.11	
	110kg Open																
1	Warren Weaver	VA	110kg	107.5	28	230	230	245	145	152.5	157.5	280	295	302.5	682.5	483.21	
	125kg Open																
1	Eric Klein	VA	125kg	120.6	32	317.5	332.5	332.5	175	192.5	205	312.5	325	335	847.5	576.809	
	140kg Open																
1	John Massey	VA	140kg	125.6	28	272.5	290	290	147.5	155	165	265	282.5	302.5	720	484.272	
	women Raw Bench Only			Open													
	82.5kg Open																
1	Hallie Breidenthal	VA	82.5kg	81.8	24				90	97.5	102.5				97.5	109.366	
	men Raw Bench Only			Open													
	SHW Open																
1	Drew Poland	MD	SHW	186.1	35				145	155	165				155	95.682	
	men Raw Bench Only			Submaster													
	SHW Submaster																
1	Drew Poland	MD	SHW	186.1	35				145	155	165				155	95.682	
	men Raw Bench Only			Master													
	67.5kg Master 50-54																
1	Frank Bottone Jr	NC	67.5kg	65.2	50				90	100	100				100	93.77	105.96
	82.5kg Master 45-49																
1	David Burgner	VA	82.5kg	79.7	45				132.5	132.5	137.5				137.5	112.888	119.096
	125kg Master 55-59																
1	Ed Upchurch	VA	125kg	117.5	58				147.5	165	182.5				165	113.223	146.171
	men Raw Deadlift Only			Open													
	75kg Open																
1	Zachkery Rodriguez	VA	75kg	74.8	25							165	175	192.5	192.5	164.395	

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	SHW Open																
1	Drew Poland	MD	SHW	186.1	35							190	-212.5	---	190	117.287	
	men Raw Deadlift Only			Submaster													
	SHW Submaster																
1	Drew Poland	MD	SHW	186.1	35							190	-212.5	---	190	117.287	
	Best Lifters													Record Color Codes			
	Samuel Poggioli	Raw Jr Men PL												State			
	Tamara Walcott	Raw Open Women PL												National			
	Christopher Roberts	Raw Open Men PL															
	Eric Klein	CIRaw Open Men PL															
	Meet Director:	George Spohrer															
	Referees																
	International:	Tricia Emrich, Gary Emrich, Chico Cloyne															
	National:	Rob Engelman															
	State:	Karl Kumm															
	Staff:	Valorie Rook, Michelle Badders															
	Spotter/Loaders:	Kevin Sookdeo, Ivan Hernandez, Andrew Pepiot, Ramen Williams, Richard Samuels, Clark Jasper Hebron															