

USPATrue Grind Open January 13, 2019 Austin, TX

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	52kg Jr 18-19														
1	Valerie Sanchez	TX	52kg	51.9	19	95	43	115	253	315.871		209.4	94.8	253.5	557.8
	52kg Jr 20-23														
DQ	Meagan Holden	TX	52kg	51.8	20	85	0	100	0	0		187.4	0	220.5	0
	60kg Jr 20-23														
1	Brooke Smith	TX	60kg	59.1	22	110	67.5	130	307.5	346.891		242.5	148.8	286.6	677.9
	52kg Open														
1	Tamara Stromberg	TX	52kg	51.3	40	112.5	60	140	312.5	393.656	393.656	248	132.3	308.6	688.9
	60kg Open														
1	Alex Berger	TX	60kg	58.7	24	97.5	67.5	120	285	323.19		214.9	148.8	264.6	628.3
2	Veronica Perez	TX	60kg	58	25	85	52.5	100	237.5	271.866		187.4	115.7	220.5	523.6
	67.5kg Open														
1	K'Aunica Byrd	TX	67.5kg	67.1	29	180	125	212.5	517.5	530.438		396.8	275.6	468.5	1140.9
DQ	Sophia Davenport	TX	67.5kg	64.7	35	0	0	0	0	0		0	0	0	0
	75kg Open														
1	Kiara Lowery	TX	75kg	74	21	150	80	187.5	417.5	400.257		330.7	176.4	413.4	920.4
	SHW Open														
1	Tammra Fisher	TX	SHW	132.2	32	142.5	80	150	372.5	292.748		314.2	176.4	330.7	821.2
	67.5kg Submaster														
DQ	Sophia Davenport	TX	67.5kg	64.7	35	0	0	0	0	0		0	0	0	0
	82.5kg Submaster														
1	Sali Holden	TX	82.5kg	79.3	39	110	65	152.5	327.5	301.136		242.5	143.3	336.2	722
	48kg Master 40-44														
1	Sumita Singh	TX	48kg	47.4	42	87.5	65.5	139	292	390.316	398.123	192.9	144.4	306.4	643.7
								4th: 142.5							
	52kg Master 40-44														
1	Tamara Stromberg	TX	52kg	51.3	40	112.5	60	140	312.5	393.656	393.656	248	132.3	308.6	688.9
	52kg Master 45-49														
1	Brandee Bratton	TX	52kg	51.3	45	107.5	65	137.5	310	390.507	411.985	237	143.3	303.1	683.4

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	60kg Master 40-44														
1	Lorena Urbina	TX	60kg	59	43	110	72.5	145	327.5	369.911	381.378	242.5	159.8	319.7	722
	SHW Master 55-59														
1	Sarah Antenora	TX	SHW	95.1	55	67.5	42.5	105	215	181.912	222.842	148.8	93.7	231.5	474
	Men Raw Powerlifting														
	82.5kg Jr 16-17														
1	Andrew Redman	TX	82.5kg	77.2	17	155	102.5	167.5	425	296.948		341.7	226	369.3	937
	67.5kg Open														
1	Franco Mondragon	TX	67.5kg	63.8	24	132.5	100	167.5	400	323.12		292.1	220.5	369.3	881.8
	75kg Open														
1	Luis Garlobo	NC	75kg	74	24	167.5	95	187.5	450	323.685		369.3	209.4	413.4	992.1
	82.5kg Open														
1	Zachary Kann	TX	82.5kg	75.2	27	250	157.5	293	700.5	498.196		551.2	347.2	645.9	1544.3
2	Adam McMullen	TX	82.5kg	81.3	34	247.5	147.5	287.5	682.5	461.302		545.6	325.2	633.8	1504.6
3	Zach Barrera	TX	82.5kg	82.1	31	222.5	135	295	652.5	438.415		490.5	297.6	650.4	1438.5
4	Jim Litschewski	TX	82.5kg	79	41	175	110	210	495	340.659	344.066	385.8	242.5	463	1091.3
5	Andrew Redman	TX	82.5kg	77.2	17	155	102.5	167.5	425	296.948		341.7	226	369.3	937
	90kg Open														
1	Michael Eastman	TX	90kg	89.2	29	205	142.5	225	572.5	367.144		451.9	314.2	496	1262.1
2	Ryan Taylor	TX	90kg	84	34	177.5	120	222.5	520	344.656		391.3	264.6	490.5	1146.4
	100kg Open														
1	Nick Trevino	TX	100kg	99.7	33	227.5	170	280	677.5	412.801		501.5	374.8	617.3	1493.6
	110kg Open														
1	Jeremey King (POL)	TX	110kg	106.8	32	247.5	205	275	727.5	432.208		545.6	451.9	606.3	1603.8
2	Eric Nussbickel	NM	110kg	107.6	46	262.5	175	277.5	715	423.709	452.521	578.7	385.8	611.8	1576.3
3	Trevor Michael Chargois	TX	110kg	108	31	215	147.5	220	582.5	344.782		474	325.2	485	1284.2
DQ	Marcus Galvan	TX	110kg	107.2	34	0	0	0	0	0		0	0	0	0
	125kg Open														
1	Aaron McGinley	TX	125kg	123.3	34	295	190	290	775	442.913		650.4	418.9	639.3	1708.6
	110kg Submaster														
1	Michael Gilfix	TX	110kg	103.5	38	190	167.5	245	602.5	361.862		418.9	369.3	540.1	1328.3
	82.5kg Master 40-44														
1	Jim Litschewski	TX	82.5kg	79	41	175	110	210	495	340.659	344.066	385.8	242.5	463	1091.3

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	100kg Master 40-44														
1	Clarence Bostian	TX	100kg	95.3	41	230	160	252.5	642.5	399.057	403.047	507.1	352.7	556.7	1416.5
2	Joe Garza	TX	100kg	96.7	44	177.5	130	210	517.5	319.401	333.135	391.3	286.6	463	1140.9
	110kg Master 45-49														
1	Eric Nussbickel	NM	110kg	107.6	46	262.5	175	277.5	715	423.709	452.521	578.7	385.8	611.8	1576.3
	Men Classic Raw Powerlifting														
	110kg Jr 20-23														
1	Robert Davila	TX	110kg	104.8	22	227.5	185	250	662.5	396.175		501.5	407.9	551.2	1460.5
	82.5kg Open														
1	Chris Bell	TX	82.5kg	82.5	34	242.5	142.5	257.5	642.5	430.411		534.6	314.2	567.7	1416.5
	110kg Open														
1	John Rendon	TX	110kg	100.3	27	282.5	157.5	245	685	416.412		622.8	347.2	540.1	1510.2
2	Robert Davila	TX	110kg	104.8	22	227.5	185	250	662.5	396.175		501.5	407.9	551.2	1460.5
	140kg Open														
1	Boguslaw Sakhan	NJ	140kg	131.5	25	270	165	287.5	722.5	407.779		595.2	363.8	633.8	1592.8
	140kg Master 40-44														
1	Eric Labarge (MIL)	TX	140kg	126.8	42	265	205	275	745	423.309	431.775	584.2	451.9	606.3	1642.4
	Men Raw Bench Only														
	140kg Master 40-44														
1	Eric Labarge (MIL)	TX	140kg	126.8	42		205		205	116.481	118.811		451.9		451.9
	Women Raw Deadlift Only														
	52kg Jr 20-23														
1	Meagan Holden	TX	52kg	51.8	20			100	100	125.04				220.5	220.5
	Men Raw Deadlift Only														
	125kg Submaster														
1	Seneca Sarnella	TX	125kg	123.4	38			330	330	188.562				727.5	727.5
	100kg Master 50-54														
DQ	David Brown	TX	100kg	98.8	54			0	0	0	0			0	0
	Men Raw Push-Pull														
	110kg Open														
DQ	Marcus Galvan	TX	110kg	107.2	34		0	0	0	0			0	0	0

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	140kg Master 40-44														
1	Eric Labarge (MIL)	TX	140kg	126.8	42		205	275	480	272.736	278.191		451.9	606.3	1058.2
	Best Lifters:														
	Open Women Raw: K'Aunica Byrd														
	Master Women Raw: Brandee Bratton														
	Open Men Raw: Zachary Kann														
	Meet Director: Bobby Morgan														
	Host Gym: True Grind Systems														
	Judges:														
	International: Meg Morgan and Bobby Morgan														
	National: Ennis White, Darla King, Jessica Belt and Susan Rinn														
	State: Rube Rodriguez, Tommy Hastings and Theresa Willis														
	Practical: Candice Galvan														