

USPA John Griffin Open October 12, 2019 Houston, TX

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	67.5kg Jr 16-17																
1	Emilie Patino	TX	67.5kg	64.0	17	70	75	77.5	42.5	45	47.5	87.5	90	97.5	220	233.486	
	75kg Jr 18-19																
1	Brianna Arredondo	TX	75kg	73.4	19	112.5	122.5	130	65.5	70	70	130	140	150	350	337.33	
	82.5kg Jr 20-23																
1	Cassia Rodriguez	TX	82.5kg	79.7	20	110	115	125	65	70	70	127.5	140	150	340	311.746	
	52kg Open																
1	Amy Truong	TX	52kg	50.7	31	102.5	107.5	110	40	45	47.5	117.5	127.5	137.5	292.5	371.797	
	56kg Open																
1	Mahoganey Guillory	TX	56kg	53.7	28	90	97.5	105	55	55	55	107.5	110	110	255	310.055	
DQ	Erin Harding (MIL)	LA	56kg	52.6	30	112.5	112.5	112.5	67.5	72.5	72.5	117.5	127.5	127.5	0	0	
	67.5kg Open																
1	Megan Walker	TX	67.5kg	65.6	34	125	135	140	70	80	80	150	157.5	165	367.5	382.935	
2	Bethany Jennings	TX	67.5kg	65.5	39	107.5	115	120	80	85	90	137.5	147.5	155	355	370.336	
3	Anna Roelants	TX	67.5kg	62.1	34	60	70	72.5	40	45	47.5	85	87.5	95	215	233.447	
4	Annabelle Campanello	TX	67.5kg	65.3	24	57.5	60	60	30	32.5	37.5	80	85	90	187.5	196.031	
	75kg Open																
1	Jackie LaFleur	TX	75kg	73.9	33	160	170	182.5	100	107.5	107.5	177.5	190	202.5	467.5	448.613	
2	Melissa Garza	TX	75kg	70	43	140	140	147.5	75	80	85	150	160	165	392.5	390.459	402.563
3	Melissa Jacob	TX	75kg	69.9	30	125	132.5	140	62.5	65	65	152.5	157.5	165	370	368.446	
4	Sheena Pearson	TX	75kg	74.9	37	100	110	130	75	80	82.5	145	152.5	160	350	332.99	
5	Francesca Benitez	TX	75kg	74.3	34	90	97.5	100	45	52.5	55	112.5	120	125	262.5	251.029	
6	Brittany Wadsworth	TX	75kg	73.8	32	97.5	105	107.5	37.5	42.5	47.5	87.5	95	102.5	252.5	242.501	
	82.5kg Open																
1	Ashley Beard	TX	82.5kg	80.8	31	97.5	107.5	112.5	57.5	62.5	62.5	127.5	137.5	137.5	297.5	270.725	
	90kg Open																
1	Shelia Garcia	TX	90kg	82.9	45	147.5	157.5	165	85	92.5	95	150	160	170	430	386.011	407.242
2	Jessica Pippen	CA	90kg	89.7	37	87.5	97.5	107.5	65	70	75	135	145	155	332.5	287.712	
	SHW Open																
1	Mailen Deddens	TX	SHW	94.1	24	100	107.5	115	65	70	72.5	130	142.5	150	327.5	278.146	
2	Krystle Henson	TX	SHW	116.2	34	75	80	87.5	55	60	65	110	117.5	125	277.5	223.193	
	75kg Submaster																
1	Sheena Pearson	TX	75kg	74.9	37	100	110	130	75	80	82.5	145	152.5	160	350	332.99	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	60kg Master 45-49																
1	Kimberly Koch	TX	60kg	59.2	46	75	77.5	82.5	50	52.5	57.5	100	102.5	107.5	242.5	273.201	291.778
	67.5kg Master 40-44																
1	Andrea Waldrop	TX	67.5kg	63.4	42	70	75	80	45	50	52.5	80	85	90	222.5	237.808	242.564
	75kg Master 40-44																
1	Melissa Garza	TX	75kg	70	43	140	140	147.5	75	80	85	150	160	165	392.5	390.459	402.563
	90kg Master 45-49																
1	Shelia Garcia	TX	90kg	82.9	45	147.5	157.5	165	85	92.5	95	150	160	170	430	386.011	407.242
	SHW Master 55-59																
1	Tanye Lacombe	TX	SHW	117.4	59	107.5	115	120	70	75	77.5	122.5	130	137.5	332.5	266.931	351.014
	Men Raw Powerlifting																
	67.5kg Jr 20-23																
1	Jeremy Olvera	TX	67.5kg	66.5	22	142.5	147.5	152.5	100	105	110	177.5	185	187.5	442.5	345.327	
	90kg Jr 16-17																
1	Mathew Garza	TX	90kg	88.8	16	185	190	195	105	112.5	117.5	240	247.5	255	562.5	361.575	
	90kg Jr 20-23																
1	Mustapha Williams	TX	90kg	87.2	20	200	210	220	150	160	165	272.5	282.5	295	670	434.897	
	100kg Jr 20-23																
1	Tereso Meza	TX	100kg	98.3	23	160	170	180	112.5	120	130	212.5	212.5	220	510	312.579	
	125kg Jr 20-23																
1	Young Truong	TX	125kg	121.5	23	260	275	287.5	147.5	157.5	162.5	267.5	290	305	742.5	425.675	
	SHW Jr 18-19																
1	Max Casas	TX	SHW	153.7	19	272.5	297.5	317.5	160	165	170	282.5	305	305	750	413.55	
	56kg Open																
1	Scott Goins	LA	56kg	54.2	58	72.5	77.5	80	47.5	52.5	55	105	110	117.5	240	225.696	291.374
	75kg Open																
1	Leighton Rodriguez	MO	75kg	74.6	27	167.5	182.5	185	115	115	115	215	227.5	232.5	525	375.48	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	82.5kg Open																
1	Blake Higginbotham	TX	82.5kg	82.5	30	207.5	220	230	135	142.5	147.5	262.5	282.5	300	645	432.086	
2	Lucas Clark	TX	82.5kg	80.9	27	205	220	220	130	137.5	137.5	190	195	200	542.5	367.761	
3	Garrett Verelln	TX	82.5kg	75.3	23	155	172.5	182.5	115	117.5	122.5	222.5	240	---	522.5	371.289	
4	Joshua Lup	TX	82.5kg	79.9	27	175	182.5	190	115	120	120	180	195	215	505	345.016	
5	Kyle Johnson	LA	82.5kg	75.8	26	172.5	182.5	182.5	77.5	82.5	82.5	182.5	192.5	205	442.5	313.025	
6	John Allen	TX	82.5kg	80.8	33	105	110	115	72.5	75	80	145	152.5	160	355	240.868	
DQ	Neil Devoe	TX	82.5kg	82.1	40	200	210	220	137.5	147.5	147.5	245	252.5	252.5	0	0	0
	90kg Open																
1	Hunter Bechuck	TX	90kg	88	25	220	235	245	162.5	175	182.5	227.5	247.5	265	665	429.524	
2	Marc Vogelsang	TX	90kg	88.9	25	177.5	190	200	127.5	137.5	140	207.5	215	230	552.5	354.926	
3	Cameron Caylor	TX	90kg	88.2	26	142.5	152.5	155	105	112.5	117.5	180	192.5	202.5	475	306.423	
4	Stephen Love	TX	90kg	89.6	31	220	237.5	245	150	157.5	162.5	65	9999	---	460	294.308	
	100kg Open																
1	Larry Richardson	TX	100kg	98.3	31	235	242.5	250	162.5	167.5	175	295	307.5	317.5	735	450.482	
2	Anthony Rodriguez	TX	100kg	99.9	37	205	210	217.5	140	145	150	322.5	337.5	355.5	723	440.162	
3	David Gebauer	TX	100kg	96.2	25	177.5	190	200	117.5	125	130	197.5	212.5	227.5	537.5	332.498	
	110kg Open																
1	Jesse Rubio	TX	110kg	102.1	27	215	222.5	240	150	157.5	157.5	255	265	277.5	662.5	399.951	
2	Nicholas Rao	TX	110kg	107.9	28	210	227.5	240	132.5	142.5	150	230	247.5	265	647.5	383.385	
3	Mason Lanham	TX	110kg	101.7	28	225	237.5	247.5	137.5	147.5	152.5	232.5	247.5	260	642.5	388.456	
4	Ryan Perez	TX	110kg	103.7	27	210	222.5	237.5	155	160	167.5	227.5	237.5	237.5	625	375.125	
5	Tyler Kivi	TX	110kg	103.2	27	227.5	235	242.5	125	125	132.5	237.5	250	260	610	366.793	
6	John Nicholosi	TX	110kg	110	53	215	225	232.5	132.5	140	147.5	215	232.5	232.5	587.5	345.744	409.361
7	Eric Calvillo	TX	110kg	108.3	23	192.5	215	225	110	122.5	---	202.5	215	225	562.5	332.663	
	125kg Open																
1	Young Truong	TX	125kg	121.5	23	260	275	287.5	147.5	157.5	162.5	267.5	290	305	742.5	425.675	
	140kg Open																
1	Justin Hampton	TX	140kg	134.7	23	225	230	242.5	155	162.5	170	257.5	262.5	270	682.5	383.702	
	75kg Submaster																
1	Bryan Stout	TX	75kg	74.1	35	185	185	---	130.5	137.5	140	222.5	230	---	547.5	393.434	
											4th: 142.5						
	100kg Submaster																
1	Anthony Rodriguez	TX	100kg	99.9	37	205	210	217.5	140	145	150	322.5	337.5	355.5	723	440.162	
2	Dane Urbanik	TX	100kg	97.5	39	197.5	202.5	202.5	150	155	155	220	230	232.5	580	356.7	
3	David Sun	TX	100kg	95.9	39	162.5	172.5	177.5	117.5	125	125	205	215	227.5	517.5	320.54	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	110kg Submaster																
1	Tex Steadman	TX	110kg	108	39	205	217.5	217.5	157.5	170	170	217.5	230	235	592.5	350.701	
	56kg Master 55-59																
1	Scott Goins	LA	56kg	54.2	58	72.5	77.5	80	47.5	52.5	55	105	110	117.5	240	225.696	291.374
	82.5kg Master 40-44																
1	Justin Standridge	TX	82.5kg	81.4	41	172.5	182.5	185	120	130	130	187.5	195	205	510	344.454	347.899
DQ	Neil Devoe	TX	82.5kg	82.1	40	200	210	220	137.5	147.5	147.5	245	252.5	252.5	0	0	0
	90kg Master 40-44																
1	Alfred Flores	TX	90kg	89.6	42	205	220	220	62.5	82.5	95	215	222.5	230	530	339.094	345.876
	110kg Master 50-54																
1	John Nicholosi	TX	110kg	110	53	215	225	232.5	132.5	140	147.5	215	232.5	232.5	587.5	345.744	409.361
	140kg Master 40-44																
1	Marc Hapanionek	TX	140kg	135.8	40	147.5	157.5	162.5	107.5	112.5	115	170	182.5	192.5	457.5	256.841	256.841
Women Classic Raw Powerlifting																	
	56kg Open																
1	Kelsey Zuniga	TX	56kg	56	24	117.5	125	132.5	67.5	70.5	70.5	145	152.5	158	352.5	414.752	
	SHW Open																
1	Mikella Monroe	TX	SHW	103.6	39	80	85	85	42.5	47.5	50	97.5	105	110	242.5	199.941	
	SHW Submaster																
1	Stephanie Stringer	TX	SHW	138.3	36	80	85	90	52.5	55	60	110	117.5	122.5	267.5	208.49	
Men Classic Raw Powerlifting																	
	82.5kg Open																
1	Chris Freeman	TX	82.5kg	79.4	34	232.5	242.5	252.5	122.5	127.5	132.5	240	250	260	630	432.18	
	100kg Open																
1	Mario Morales	TX	100kg	97.2	29	240	257.5	257.5	145	155	160	255	275	287.5	682.5	420.284	
	110kg Open																
1	Robert Rubiano (MIL)	LA	110kg	102.4	26	260	260	272.5	160	170	182.5	282.5	295	305	737.5	444.713	
2	Devin Brust	TX	110kg	107.2	33	165	177.5	190	115	122.5	132.5	167.5	177.5	197.5	510	302.583	
	125kg Submaster																
1	Keithyon Gunter (Fire)	TX	125kg	116.8	39	277.5	305	320	170	182.5	192.5	305	322.5	332.5	825	477.428	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	90kg Master 55-59																
1	John Smith	TX	90kg	86.6	56	137.5	147.5	155	90	95	100	147.5	157.5	167.5	417.5	272.001	338.914
	125kg Master 45-49																
DQ	Craig Lane	TX	125kg	115.2	48	185	185	190	142.5	147.5	160	235	245	252.5	0	0	0
Men Single Ply Powerlifting																	
	125kg Master 55-59																
1	Enrique Molina	TX	125kg	124	58	230	230	247.5	180	185	185	230	250	250	662.5	378.155	488.198
Women Raw Bench Only																	
	56kg Open																
1	Erin Harding (MIL)	LA	56kg	52.6	30				67.5	72.5	72.5				67.5	83.403	
	90kg Open																
1	Chassidy Jones	TX	90kg	83.1	34				65	65	82.5				65	58.279	
Men Raw Bench Only																	
	90kg Jr 20-23																
1	Jules Williams	TX	90kg	86.7	22				150	160	170				170	110.687	
	110kg Open																
1	Robert Rubiano (MIL)	LA	110kg	102.4	26				160	170	182.5				170	102.51	
	125kg Open																
1	Jacob Bell	TX	125kg	121.1	40				230	230	232.5				232.5	133.385	133.385
	SHW Open																
1	Rodolfo Rendon	TX	SHW	153.6	33				180	185	190				185	102.009	
	82.5kg Master 55-59																
1	John Cornell	TX	82.5kg	80.4	56				110	120	130				110	74.866	93.283
	125kg Master 40-44																
1	Jacob Bell	TX	125kg	121.1	40				230	230	232.5				232.5	133.385	133.385
	125kg Master 60-64																
1	Wayne Sonnier (POL)	TX	125kg	113.9	62				157.5	160	172.5				172.5	100.499	139.994
Men Single Ply Bench Only																	
	82.5kg Master 55-59																
1	John Cornell	TX	82.5kg	80.4	56				120	127.5	137.5				137.5	93.583	116.604

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Deadlift Only																	
	56kg Open																
1	Erin Harding (MIL)	LA	56kg	52.6	30							117.5	-127.5	-127.5	117.5	145.183	
Men Raw Deadlift Only																	
	67.5kg Open																
1	Kevin Leal	TX	67.5kg	64.6	24							185	195	-202.5	195	155.864	
	82.5kg Open																
1	Chris Freeman	TX	82.5kg	79.4	34							240	250	260	260	178.36	
	100kg Open																
1	Anthony Rodriguez	TX	100kg	99.9	37							322.5	337.5	355.5	355.5	216.428	
	110kg Open																
1	Robert Rubiano (MIL)	LA	110kg	102.4	26							282.5	295	305	295	177.885	
	100kg Submaster																
1	Anthony Rodriguez	TX	100kg	99.9	37							322.5	337.5	355.5	355.5	216.428	
Men Raw Push-Pull																	
	110kg Open																
1	Robert Rubiano (MIL)	LA	110kg	102.4	26				160	170	-182.5	282.5	295	305	465	280.395	

Best Lifters:

Mustapha Williams	Raw Jr Men PL
Jackie LaFleur	Raw Open Women PL
Larry Richardson	Raw Open Men PL
Shelia Garcia	Raw Master Women PL
John Nicholosi	Raw Master Men PL

Record Color Codes:
State
National

Meet Director: Bobby Morgan

Host Gym: Woodlands Strength and Conditioning

Thank you to our referees:

International: Bobby Morgan, Megan Morgan and Gary Hunter Jr

National: George Wells, Wes Burton, James Waldrop, Ennis White, Mark Busby, John Hare and Lance Ross

State: Derek Gibson and Barbara Lee

Thank you to our spotters and loaders:

Nick Sosa, Jeff Stewart, Nick Young, Noe Rodriguez, Richard Diaz and Kevin Williams