

USPA American Cup January 25-26, 2020 Los Angeles, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Powerlifting</b>																	
48kg Open																	
1	Jannel Lamangan	CA	48kg	47.8	27	95	102.5	<del>-110</del>	55	<del>60</del>	<del>60</del>	122.5	132.5	<del>-150</del>	290	385.265	
52kg Open																	
1	Isidra Ramirez	CA	52kg	49.8	32	<del>100</del>	100	105	47.5	50	52.5	107.5	112.5	117.5	275	354.338	
2	Shayla Tait	CA	52kg	49.8	28	95	<del>100</del>	<del>100</del>	55	57.5	<del>60</del>	112.5	120	<del>125</del>	272.5	351.116	
3	Natalie Suazo	UT	52kg	50.2	35	25	<del>---</del>	<del>---</del>	52.5	55	<del>60</del>	112.5	117.5	<del>122.5</del>	197.5	252.958	
DQ	Jessica Okimura	HI	52kg	51.8	28	<del>112.5</del>	<del>112.5</del>	<del>112.5</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	0	0	
60kg Open																	
1	Denise Portillo	CA	60kg	59.8	26	122.5	132.5	<del>137.5</del>	52.5	65	72.5	167.5	185	<del>192.5</del>	390	435.942	
2	Hikaru Komiyama	CA	60kg	57.8	26	127.5	140	<del>147.5</del>	72.5	80	<del>87.5</del>	150	160	<del>167.5</del>	380	436.164	
3	Kimberly Conway	CA	60kg	60.0	26	<del>120</del>	<del>120</del>	120	<del>75</del>	<del>75</del>	75	145	147.5	150	345	384.641	
4	Alexis Lee	CA	60kg	59.2	25	115	<del>120</del>	<del>120</del>	60	65	67.5	120	127.5	135	317.5	357.696	
5	Sierra Titze	UT	60kg	59.0	29	<del>105</del>	<del>107.5</del>	110	70	72.5	<del>75</del>	122.5	130	<del>132.5</del>	312.5	352.969	
6	Kristi Susca	CA	60kg	59.6	25	92.5	100	102.5	50	60	65	110	130	<del>140</del>	297.5	333.408	
DQ	Brittany Chapman	UT	60kg	59.2	26	<del>82.5</del>	<del>85</del>	<del>90</del>	47.5	<del>50</del>	52.5	97.5	100	105	0	0	
67.5kg Open																	
1	Maxima Ancheta	NV	67.5kg	61.2	29	145	152.5	<del>165</del>	67.5	72.5	80	152.5	162.5	172.5	405	444.69	
2	Abigail De La Cruz	CA	67.5kg	67.0	30	125	132.5	137.5	75	80	82.5	160	175	<del>177.5</del>	395	405.31	
3	Celia Gomez	CA	67.5kg	67.5	30	125	135	<del>140</del>	67.5	70	<del>72.5</del>	140	147.5	157.5	362.5	369.968	
4	Lara Avanesian	CA	67.5kg	66.0	24	125	<del>132.5</del>	135	57.5	62.5	65	145	<del>152.5</del>	<del>152.5</del>	345	357.903	
5	Andrea Leon	CA	67.5kg	64.2	26	112.5	117.5	122.5	57.5	62.5	<del>65</del>	140	150	<del>157.5</del>	335	354.698	
6	Julia Meza	CA	67.5kg	67.2	28	92.5	<del>105</del>	110	52.5	60	<del>67.5</del>	115	122.5	132.5	302.5	309.73	
7	Kate Mills	UT	67.5kg	64.6	27	110	<del>117.5</del>	<del>120</del>	52.5	<del>55</del>	<del>55</del>	137.5	<del>142.5</del>	<del>---</del>	300	316.17	
8	Bailee Carlson	UT	67.5kg	67.2	28	<del>105</del>	107.5	<del>112.5</del>	60	<del>62.5</del>	<del>62.5</del>	117.5	122.5	127.5	295	302.051	
9	Aileen Abad	CA	67.5kg	62.4	46	90	97.5	102.5	52.5	55	57.5	120	125	130	290	313.722	
10	Megan Forrest	UT	67.5kg	66.2	35	92.5	100	<del>105</del>	57.5	62.5	<del>67.5</del>	122.5	<del>130</del>	<del>---</del>	285	295.004	
11	Anneke Cannon	UT	67.5kg	64	28	75	92.5	<del>100</del>	50	57.5	<del>62.5</del>	102.5	110	122.5	272.5	289.204	
12	Valeria Quevedo	CA	67.5kg	61.2	21	95	102.5	<del>110</del>	45	50	<del>57.5</del>	95	102.5	<del>---</del>	255	279.99	
13	Jessica Brewer	AZ	67.5kg	66.0	29	65	70	75	50	55	57.5	90	100	107.5	240	248.976	
14	Ann Williams	UT	67.5kg	61.2	43	75	<del>82.5</del>	<del>82.5</del>	45	47.5	<del>50</del>	102.5	107.5	<del>110</del>	230	252.54	
DQ	Lien Chau Phan	CA	67.5kg	64.4	29	<del>130</del>	<del>130</del>	<del>130</del>	52.5	55	<del>57.5</del>	137.5	150	<del>157.5</del>	0	0	
75kg Open																	
1	Dana Narez	CA	75kg	72.8	26	165	<del>175</del>	175	102.5	110	<del>112.5</del>	182.5	195	197.5	482.5	467.494	
2	Taylor Vigil	UT	75kg	74.8	20	<del>117.5</del>	125	130	75	80	<del>85</del>	142.5	147.5	150	360	342.792	
3	Lynnndsey Eldridge	UT	75kg	72.0	31	<del>102.5</del>	105	110	67.5	<del>72.5</del>	<del>72.5</del>	135	140	<del>142.5</del>	317.5	309.88	
4	Brenda Vasquez	CA	75kg	73.8	28	102.5	105	107.5	47.5	52.5	52.5	125	135	<del>137.5</del>	295	283.318	
5	Aleah Wood	CA	75kg	74.8	30	<del>82.5</del>	<del>92.5</del>	92.5	45	55	<del>65</del>	130	140	<del>152.5</del>	287.5	273.758	
6	Kiesha Jones	UT	75kg	71.6	34	75	82.5	<del>87.5</del>	<del>47.5</del>	47.5	<del>52.5</del>	97.5	102.5	112.5	242.5	237.577	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	82.5kg Open																
1	Brittainy Chown	CA	82.5kg	82.3	29	175	<del>187.5</del>	187.5	85	<del>90</del>	90	205	212.5	215	492.5	443.792	
2	Rachael Pecoraro	NV	82.5kg	81.6	37	150	162.5	<del>172.5</del>	100	110	<del>115</del>	172.5	190	205	477.5	432.233	
3	Leanna Collins	CA	82.5kg	79.2	22	122.5	130	135	65	70	<del>72.5</del>	145	152.5	160	365	335.873	
4	Souksada Yang	CA	82.5kg	80.8	37	102.5	120	<del>135</del>	45	55	<del>60</del>	115	137.5	150	325	295.75	
5	Joanna Trujillo	UT	82.5kg	75.4	32	100	<del>107.5</del>	112.5	65	67.5	<del>72.5</del>	115	122.5	127.5	307.5	291.356	
DQ	Mariah Tanaka	CA	82.5kg	80.5	23	<del>120</del>	<del>125</del>	<del>125</del>	<del>55</del>	55	<del>---</del>	<del>145</del>	<del>160</del>	165	0	0	
	90kg Open																
1	Ana De La Paz	CA	90kg	88.4	25	135	<del>140</del>	140	50	55	60	137.5	142.5	147.5	347.5	302.568	
2	Danielle Correa	CA	90kg	87.8	27	85	97.5	105	50	<del>52.5</del>	<del>57.5</del>	140	145	147.5	302.5	264.173	
3	Kimberly North	UT	90kg	88.2	31	<del>80</del>	87.5	<del>92.5</del>	<del>47.5</del>	50	55	102.5	107.5	112.5	255	222.258	
	SHW Open																
1	Monique Harris	CA	SHW	93.6	42	152.5	<del>160</del>	160	85	90	95	195	<del>205</del>	<del>205</del>	450	382.905	
2	Naomi Lee	CA	SHW	96.6	32	140	147.5	155	67.5	75	<del>82.5</del>	175	187.5	<del>197.5</del>	417.5	351.368	
3	Elizabeth Villa	CA	SHW	122.4	40	<del>125</del>	125	<del>135</del>	62.5	67.5	<del>75</del>	140	145	<del>147.5</del>	337.5	268.954	
	<b>Men Raw Powerlifting</b>																
	67.5kg Open																
1	Luis Vargas	CA	67.5kg	61.9	18	135	140	145	77.5	80	82.5	195	200	210	437.5	362.819	
2	Ronny Thai	CA	67.5kg	66.9	23	105	<del>115</del>	120	115	120	<del>127.5</del>	152.5	162.5	170	410	318.406	
	75kg Open																
1	Jose Diaz	CA	75kg	72.7	20	180	<del>185</del>	185	127.5	132.5	137.5	215	227.5	<del>230</del>	550	400.675	
2	Nicholas Rodriguez	CA	75kg	73.2	25	162.5	175	182.5	107.5	117.5	122.5	167.5	182.5	187.5	492.5	357.013	
3	Ignacio Cervantes	CA	75kg	71.7	43	150	160	165	107.5	<del>112.5</del>	<del>112.5</del>	197.5	205	<del>210</del>	477.5	351.44	
4	Don Pham	CA	75kg	73.7	27	120	127.5	132.5	85	<del>92.5</del>	92.5	157.5	165	172.5	397.5	286.757	
	82.5kg Open																
1	Wayne Coffey	Canada	82.5kg	81.6	32	240	250	<del>260</del>	165	172.5	<del>175</del>	277.5	290	297.5	720	485.568	
2	David Joplin	AZ	82.5kg	82.0	26	<del>225</del>	235	<del>247.5</del>	180	190	195.5	250	270	<del>284</del>	700.5	471.016	
3	Luis De Santiago	CA	82.5kg	82.4	31	192.5	202.5	210	135	142.5	147.5	257.5	277.5	285	642.5	430.732	
4	Ryan Rubio	CA	82.5kg	81.2	28	<del>220</del>	220	227.5	142.5	147.5	152.5	242.5	<del>---</del>	<del>---</del>	622.5	421.059	
5	Arthur Nguyen	CA	82.5kg	81.7	26	<del>160</del>	<del>160</del>	160	77.5	85	<del>87.5</del>	162.5	167.5	170	415	279.669	
6	Ian Sachse	MN	82.5kg	81.2	16	92.5	95	<del>117.5</del>	90	<del>92.5</del>	<del>92.5</del>	137.5	150	<del>170</del>	335	226.594	
	90kg Open																
1	Christian Aquino	NV	90kg	88.9	23	207.5	217.5	227.5	142.5	<del>155</del>	<del>155</del>	247.5	260	270	640	411.136	
2	Juan Guadarrama	CA	90kg	86.9	29	215	<del>220</del>	220	145	152.5	160	227.5	252.5	255	635	412.941	
3	Fernando Gomez	CA	90kg	89.5	31	210	220	<del>227.5</del>	122.5	132.5	140	220	230	240	600	384.12	
4	Millen Manlapaz	NV	90kg	83.9	20	175	185	195	115	125	<del>132.5</del>	205	<del>215</del>	215	535	354.866	
5	Steve Tran	CA	90kg	88.4	40	125	135	<del>142.5</del>	80	85	<del>87.5</del>	130	137.5	147.5	367.5	236.817	

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	100kg Open																
1	Julio Medina	CA	100kg	99.1	23	<del>275</del>	280	<del>287.5</del>	175	<del>185</del>	<del>185</del>	307.5	<del>322.5</del>	<del>330</del>	762.5	465.735	
2	Jesus Pleitez	CA	100kg	96.6	26	<del>230</del>	<del>230</del>	230	175	<del>185</del>	<del>192.5</del>	272.5	<del>287.5</del>	<del>287.5</del>	677.5	418.289	
3	Jose Rosario	CA	100kg	97.8	24	<del>220</del>	220	<del>227.5</del>	165	<del>170</del>	170	250	260	<del>267.5</del>	650	399.23	
4	Bernardo Esparza	CA	100kg	100.0	21	237.5	<del>250</del>	<del>250</del>	150	<del>160</del>	<del>-----</del>	242.5	247.5	255	642.5	391.026	
5	Russell Newman	CA	100kg	98.2	32	205	225	237.5	145	<del>155</del>	<del>155</del>	210	232.5	255	637.5	390.851	
6	Cristian Ruiz	CA	100kg	96.2	22	192.5	205	212.5	145	155	<del>165</del>	247.5	260	<del>-----</del>	627.5	388.172	
7	Ian Harvey	CA	100kg	96.8	27	175	185	192.5	115	120	122.5	215	232.5	<del>-----</del>	547.5	337.753	
8	Keith Bobrosky	CA	100kg	99.8	36	172.5	177.5	182.5	140	147.5	<del>152.5</del>	205	<del>215</del>	<del>215</del>	535	325.869	
	110kg Open																
1	Gerardo Jimenez	CA	110kg	107.0	22	292.5	307.5	<del>-----</del>	195	200	<del>210</del>	280	295	<del>312.5</del>	802.5	476.444	
2	Jeff Vasenda	AZ	110kg	110.0	34	220	<del>235</del>	<del>240</del>	175	<del>180</del>	<del>180</del>	307.5	317.5	<del>-----</del>	712.5	419.306	
3	Roni Avakian	CA	110kg	108.5	23	235	<del>252.5</del>	252.5	140	147.5	152.5	250	<del>265</del>	<del>265</del>	655	387.105	
4	Jermaine Gutierrez	CA	110kg	107.4	25	220	237.5	250	125	137.5	145	225	245	<del>252.5</del>	640	379.52	
5	Rowell Dingle	CA	110kg	103.3	25	215	227.5	235	137.5	142.5	<del>150</del>	227.5	242.5	245	622.5	374.185	
6	David Bradford	CA	110kg	107.3	36	180	192.5	205	140	147.5	<del>160</del>	235	250	260	612.5	363.335	
DQ	Andy Rohner	CA	110kg	108.9	31	290	300	<del>305</del>	195	200	<del>202.5</del>	<del>330</del>	<del>330</del>	<del>-----</del>	0	0	
	125kg Open																
1	Kristoffer Lassen	CA	125kg	112.2	35	275	290	<del>302.5</del>	200	217.5	222.5	290	320	<del>327.5</del>	832.5	487.013	
2	Eric Ranney	AZ	125kg	116.5	46	<del>250</del>	250	267.5	<del>165</del>	165	<del>172.5</del>	275	285	<del>-----</del>	717.5	415.504	
3	Genaro Torres	CA	125kg	122.1	27	207.5	217.5	230	140	150	155	207.5	217.5	232.5	617.5	353.642	
4	Jose Zaragoza	CA	125kg	120.9	21	192.5	197.5	202.5	145	152.5	165	227.5	237.5	247.5	615	352.949	
5	Samuel Lytle	CA	125kg	124.1	25	200	212.5	227.5	137.5	145	<del>152.5</del>	205	212.5	<del>220</del>	585	333.86	
6	Vartan Boajian	CA	125kg	125.0	27	185	<del>210</del>	210	120	130	<del>140</del>	225	<del>247.5</del>	<del>265</del>	565	321.937	
7	Mike Karayan	CA	125kg	121.4	28	157.5	170	175	110	115	<del>125</del>	237.5	<del>252.5</del>	<del>252.5</del>	527.5	302.469	
	140kg Open																
1	Ry Corral	AZ	140kg	135.5	39	255	267.5	272.5	192.5	200	207.5	265	272.5	282.5	762.5	428.22	
2	Chad Torres	CA	140kg	130.7	30	<del>225</del>	225	<del>245</del>	142.5	<del>150</del>	162.5	225	245	275	662.5	374.379	
3	Armando Lopez	CA	140kg	131.1	20	207.5	<del>227.5</del>	<del>227.5</del>	125	147.5	155	250	295	<del>317.5</del>	657.5	371.29	
	SHW Open																
1	Victor Arevalo	CA	SHW	182.1	20	205	215	227.5	165	182.5	185	252.5	265	<del>270</del>	677.5	363.953	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total	
	Best Lifters:																	
	Dana Narez	Raw Open Women PL														<b>Record Color Codes:</b>		
	Kristoffer Lassen	Raw Open Men PL														<b>State</b>		
	Meet Director: Steve Denison																	
	Thank you to our officials:																	
	International: Steve Denison, Mike Tronske, Tom Miller and Scott Layman																	
	National: Dave Foster, Tanya Reed, Anne Escobedo and Ceasar Amado																	
	State: George Rocheny, Mason Merilles and Tyler Van Loon																	
	Staff: Cynthia Graham																	
	Thank you to our spotter/loaders: Robert Speno, Luis Miranda, Alex Sagizli, Jonathan Hangartner and Derick Rucker																	