

USPA Albany's Strongest September 25, 2019 Latham, NY

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	75kg Jr 20-23																
1	Gabrielle SantaRosa	PA	75kg	71.6	22	170	185	192.5	70	85	92.5	167.5	187.5	192.5	462.5	453.111	
	SHW Jr 20-23																
1	Danielle Hotaling	NY	SHW	108.8	23	80	85	90	52.5	57.5	60	100	107.5	115	262.5	213.938	
	56kg Open																
1	Sarah Helligrass	NY	56kg	54.2	35	97.5	100	102.5	55	57.5	60	132.5	140	145	307.5	371.183	
2	Jessi Spada-Fudge	NY	56kg	54.1	30	70	82.5	92.5	42.5	47.5	55	70	82.5	97.5	235	284.068	
	60kg Open																
1	Sarah Narvaz	PA	60kg	60	27	92.5	107.5	112.5	45	45	45	110	122.5	137.5	295	328.896	
	67.5kg Open																
1	Ashley Cline	NY	67.5kg	64.7	25	102.5	115	127.5	70	70	72.5	135	140	142.5	327.5	344.759	
2	Amanda Dvorscak	NY	67.5kg	67.5	39	105	115	125	55	60	65	125	137.5	142.5	317.5	324.041	
3	Treha Downey	NY	67.5kg	64.8	46	92.5	97.5	102.5	60	62.5	65	115	125	137.5	297.5	312.821	334.093
4	Elisa Verna	NY	67.5kg	66.4	31	100	105	110	57.5	60	62.5	112.5	120	127.5	292.5	302.094	
5	Jillian Abbruzzese	NY	67.5kg	60.9	28	100	105	110	47.5	52.5	57.5	110	115	122.5	280	308.588	
	75kg Open																
1	Gabrielle SantaRosa	PA	75kg	71.6	22	170	185	192.5	70	85	92.5	167.5	187.5	192.5	462.5	453.111	
2	Devan Hodlik	NY	75kg	70.4	29	72.5	77.5	85	50	52.5	55	130	137.5	142.5	280	277.48	
	82.5kg Open																
1	Autumn Kuklinski	NY	82.5kg	80.6	27	122.5	127.5	132.5	67.5	72.5	80	140	145	155	355	323.476	
	SHW Open																
1	Mara Sickles	NY	SHW	125	24	130	147.5	160	77.5	80	90	180	195	205	445	353.286	
2	Kellie Tully	NY	SHW	97.3	29	105	115	127.5	70	80	90	150	165	177.5	385	323.246	
	56kg Submaster																
1	Sarah Helligrass	NY	56kg	54.2	35	97.5	100	102.5	55	57.5	60	132.5	140	145	307.5	371.183	
	67.5kg Submaster																
1	Amanda Dvorscak	NY	67.5kg	67.5	39	105	115	125	55	60	65	125	137.5	142.5	317.5	324.041	
	67.5kg Master 45-49																
1	Treha Downey	NY	67.5kg	64.8	46	92.5	97.5	102.5	60	62.5	65	115	125	137.5	297.5	312.821	334.093
	SHW Master 45-49																
1	Collette Bates	NY	SHW	101.6	49	130	137.5	152.5	85	90	90	142.5	145	150	387.5	321.16	357.451

USPA Albany's Strongest September 25, 2019 Latham, NY

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Men Raw Powerlifting																	
	75kg Jr 20-23																
1	John Viviani	NY	75kg	71.6	23	147.5	160	167.5	107.5	115	117.5	147.5	160	167.5	442.5	325.99	
	82.5kg Jr 20-23																
1	Kevin Owens	NY	82.5kg	80.2	23	165	175	182.5	105	112.5	112.5	215	215	227.5	507.5	345.912	
	90kg Jr 20-23																
1	Michael Cellini	NY	90kg	87	21	215	227.5	227.5	127.5	137.5	140	257.5	272.5	275	625	406.188	
2	Jonathan Shkavritko	NY	90kg	86	23	192.5	192.5	197.5	125	127.5	130	227.5	232.5	237.5	560	366.24	
	100kg Jr 20-23																
1	Bryan Duncan	NJ	100kg	96.8	20	195	205	215.5	150	155	160	285	297.5	307.5	673	415.174	
2	Ajay Dogra	NY	100kg	98.2	22	180	197.5	200	140	152.5	157.5	220	237.5	242.5	597.5	366.327	
	110kg Jr 20-23																
1	Luke Graham	NY	110kg	109.9	22	290	305	320	175	185	195	307.5	327.5	347.5	862.5	507.754	
2	John Morris	NY	110kg	108.9	22	220	232.5	242.5	147.5	157.5	165	260	275	287.5	682.5	402.88	
	75kg Open																
1	Brandon Lee	NY	75kg	72.7	28	135	142.5	145	87.5	95	100	152.5	162.5	170	407.5	296.864	
	82.5kg Open																
1	Matt Wachtel	NY	82.5kg	81.5	29	137.5	147.5	157.5	102.5	112.5	122.5	182.5	200	215	465	313.829	
	90kg Open																
1	Jack DeMinno	NY	90kg	88.5	24	187.5	200	212.5	132.5	142.5	142.5	260	272.5	285	617.5	397.67	
2	Martin Phillips	NY	90kg	90	37	195	205	207.5	127.5	132.5	132.5	227.5	232.5	232.5	562.5	359.1	
DQ	Justin Bressette	NY	90kg	89.7	30	187.5	187.5	192.5	137.5	137.5	140	230	230	230	0	0	
	100kg Open																
1	Jon-Paul Turek	CT	100kg	97.3	36	212.5	227.5	232.5	145	157.5	165	242.5	260	275	672.5	413.924	
2	Robert Coscia	NY	100kg	94.7	31	167.5	177.5	197.5	120	130	140	207.5	217.5	232.5	570	355.053	
	110kg Open																
1	Earl Turner	NY	110kg	109.4	31	220	232.5	250	145	157.5	157.5	255	270	280	647.5	381.701	
2	Gene Paguilligan	NY	110kg	108.2	27	210	220	227.5	142.5	147.5	147.5	207.5	217.5	227.5	592.5	350.523	
	125kg Open																
1	Joshua Fleming	NY	125kg	120.4	27	315	332.5	342.5	185	197.5	202.5	320	337.5	337.5	855	491.198	
2	Adrian Myers	NY	125kg	122.4	30	290	302.5	310	145	160	170	320	340	347.5	810	463.644	
3	Tobin Bush	NY	125kg	123.5	39	210	210	222.5	115	117.5	120	237.5	245	250	592.5	338.495	
	82.5kg Submaster																
1	Aaron Quigley	NY	82.5kg	82.1	39	160	170	170	135	142.5	147.5	190	205	210	512.5	344.349	

USPA Albany's Strongest September 25, 2019 Latham, NY

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	125kg Submaster																
1	Tobin Bush	NY	125kg	123.5	39	210	210	222.5	115	117.5	120	237.5	245	250	592.5	338.495	
	100kg Master 50-54																
1	Michael Bruno	NY	100kg	94.8	53	95	100	105	77.5	80	82.5	115	120	130	317.5	197.676	234.048
	140kg Master 40-44																
1	Raymond Reynolds	NY	140kg	136	42	227.5	245	255	137.5	150	152.5	232.5	255	265	672.5	377.474	385.024
Men Classic Raw Powerlifting																	
	67.5kg Open																
1	Sean Fagan	NY	67.5kg	67.5	35	222.5	235	235	145	152.5	155	250	262.5	265	632.5	487.658	
2	Gerald Crola	NY	67.5kg	65.4	35	145	155	165	100	110	120	182.5	187.5	205	462.5	365.884	
	82.5kg Open																
1	Michael Bulzomi	NY	82.5kg	81	38	230	242.5	252.5	130	140	142.5	232.5	247.5	255	650	440.31	
	82.5kg Submaster																
1	Michael Bulzomi	NY	82.5kg	81	38	230	242.5	252.5	130	140	142.5	232.5	247.5	255	650	440.31	
	75kg Master 40-44																
1	Douglas Marx	NY	75kg	72.4	44	85	97.5	105	72.5	82.5	82.5	115	130	137.5	315	230.171	240.068
	100kg Master 50-54																
1	Edward DiBari	NY	100kg	98.9	51	255	267.5	275	182.5	187.5	187.5	200	265	277.5	727.5	444.721	510.095
Men Raw Bench Only																	
	100kg Open																
1	Adam Smith	NY	100kg	99.6	30				185	197.5	197.5				185	112.776	
	110kg Open																
1	shawn williams	NY	110kg	109.5	38				190	190	202.5				190	111.967	
	110kg Submaster																
1	shawn williams	NY	110kg	109.5	38				190	190	202.5				190	111.967	
	140kg Master 40-44																
1	Chris Medlar	NY	140kg	135.4	41				175	180	180				180	101.106	102.117
Men Raw Deadlift Only																	
	75kg Jr 16-17																
1	Harrison Kabalian	NY	75kg	75	17							175	200	202.5	202.5	144.302	
	110kg Submaster																
1	shawn williams	NY	110kg	109.5	38							225	225	225	225	132.593	

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total	
	Best Lifters:																	
	Luke Graham	Raw Jr Men PL														Record Color Codes:		
	Gabrielle SantaRosa	Raw Open Women PL														State		
	Joshua Fleming	Raw Open Men PL														National		
	Meet Director: Adam Ferchen																	
	Thank you to our officials:																	
	Adam Ferchen - International																	
	Heather Pray - National																	
	Tom Davis - State																	
	Miriam Lawrence - State																	
	Rheta West - State																	
	Thank you to our spotters and loaders:																	
	Jarred Gundlach, Jordan Crandall, Blake Santoro and Adam Stewart																	
	Thank you to our sponsors:																	
	Elite Fitness																	
	ABC Sports & Fitness																	
	Eat Rite Foods																	
	Jailhouse Strong																	
	Lift Evil																	
	Anabolic Baker																	
	One Strong Hered																	
	Pioneer Fit																	
	Savage Rage																	
	Buffalo Beard Co																	
	Iron Rebel																	
	State of the Arc																	
	Apeman Strong																	