

USPA Bending the Bar Volume 3 February 23-24, 2019 Crestview, FL

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b>Women Raw Powerlifting</b>														
	60kg Jr 20-23														
1	Giselle Guerrero	FL	60kg	57.8	20	110	65	140	315	361.557		242.5	143.3	308.6	694.4
	67.5kg Jr 20-23														
1	Skylar Anderson	FL	67.5kg	64.6	23	100	65	125	290	305.631		220.5	143.3	275.6	639.3
	82.5kg Jr 20-23														
1	Patrishia Sparks	FL	82.5kg	80.3	23	165	80	185	430	392.633		363.8	176.4	407.9	948
								4th: 190							
	SHW Jr 18-19														
1	Lyrica MacDonald	FL	SHW	97.1	19	137.5	65	137.5	340	285.668		303.1	143.3	303.1	749.6
	SHW Jr 20-23														
1	Dani Brown	AL	SHW	91.5	22	140	97.5	160	397.5	341.174		308.6	214.9	352.7	876.3
	56kg Open														
1	Elizabeth Ribaud	FL	56kg	55.6	29	122.5	65	145	332.5	393.414		270.1	143.3	319.7	733
2	Valerie Le	FL	56kg	53.2	29	55	32.5	85	172.5	211.278		121.3	71.6	187.4	380.3
	60kg Open														
1	Alyssa Seale	FL	60kg	60	27	105	57.5	110	272.5	303.81		231.5	126.8	242.5	600.8
2	Amber Hanson		60kg	58.5	32	82.5	50	107.5	240	272.904		181.9	110.2	237	529.1
3	Maegan Samuelson	FL	60kg	59.3	34	75	47.5	115	237.5	267.211		165.3	104.7	253.5	523.6
	67.5kg Open														
1	Lauren Cabrera	FL	67.5kg	65.2	24	132.5	77.5	170	380	397.746		292.1	170.9	374.8	837.7
2	Audrey Lukas	FL	67.5kg	63.6	27	137.5	70	162.5	370	394.531		303.1	154.3	358.2	815.7
3	Heather Schmidt	FL	67.5kg	61.3	25	130	75	157.5	362.5	397.518		286.6	165.3	347.2	799.2
	75kg Open														
1	Kelsey Engstrom	FL	75kg	74.9	24	160	120	192.5	472.5	449.537		352.7	264.6	424.4	1041.7
								4th: 206							
2	Cortnee Meyers	AL	75kg	74.5	26	115	65	140	320	305.504		253.5	143.3	308.6	705.5
3	Jessica Hunter	FL	75kg	74.6	28	100	62.5	147.5	310	295.678		220.5	137.8	325.2	683.4
4	Brittany Hurd	FL	75kg	71.5	33	97.5	65	142.5	305	299.083		214.9	143.3	314.2	672.4
5	Jenna Doyle	FL	75kg	74	27	90	60	100	250	239.675		198.4	132.3	220.5	551.2
	82.5kg Open														
1	Patrishia Sparks	FL	82.5kg	80.3	23	165	80	185	430	392.633		363.8	176.4	407.9	948
								4th: 190							
2	Amanda Dillon	FL	82.5kg	77.5	24	137.5	95	152.5	385	358.743		303.1	209.4	336.2	848.8
3	Jessica Schultz	FL	82.5kg	82.1	28	77.5	60	115	252.5	227.831		170.9	132.3	253.5	556.7

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	56kg Submaster														
1	Alicia Fish	FL	56kg	53.8	35	102.5	52.5	125	280	339.948		226	115.7	275.6	617.3
	67.5kg Submaster														
1	Kristin Simandl	FL	67.5kg	66.8	38	105	60	137.5	302.5	311.061		231.5	132.3	303.1	666.9
	SHW Master 40-44														
1	Amy Tucker	AL	SHW	118.9	42	140	77.5	160	377.5	302.378	308.425	308.6	170.9	352.7	832.2
								4th: 165							
	SHW Master 45-49														
1	Kim Featherstone	FL	SHW	97.7	46	120	65	122.5	307.5	257.839	275.372	264.6	143.3	270.1	677.9
	<b>Men Raw Powerlifting</b>														
	60kg Jr 18-19														
1	Leonardo Villarreal Jr	FL	60kg	58.8	19	120	85	150	355	308.46		264.6	187.4	330.7	782.6
						4th: 125									
	67.5kg Jr 18-19														
1	Jason Lambert	FL	67.5kg	67.4	19	172.5	105	232.5	510	393.669		380.3	231.5	512.6	1124.3
	75kg Jr 18-19														
1	Stephen Cooper	FL	75kg	73.8	18	177.5	120	230	527.5	380.169		391.3	264.6	507.1	1162.9
	75kg Jr 20-23														
1	Danny Nguyen	CA	75kg	74.5	21	157.5	107.5	190	455	325.735		347.2	237	418.9	1003.1
	82.5kg Jr 16-17														
1	Patrick Lambert	FL	82.5kg	79.3	17	175	112.5	202.5	490	336.385		385.8	248	446.4	1080.3
	82.5kg Jr 18-19														
1	Devin Pham	FL	82.5kg	82	19	217.5	140	305	662.5	445.465		479.5	308.6	672.4	1460.5
	82.5kg Jr 20-23														
1	Jake Gaston	CA	82.5kg	81.7	20	182.5	122.5	205	510	343.689		402.3	270.1	451.9	1124.3
DQ	Braden Cross	FL	82.5kg	82.3	21	0	142.5	262.5	0	0		0	314.2	578.7	0
	90kg Jr 20-23														
1	Zack Riley	FL	90kg	88.6	21	230	185	247.5	662.5	426.385		507.1	407.9	545.6	1460.5
2	Ethan Benowitz	AL	90kg	83.3	23	170	92.5	192.5	455	303.076		374.8	203.9	424.4	1003.1

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	100kg Jr 20-23														
1	Ethan Featherstone	NM	100kg	99.1	21	227.5	157.5	245	630	384.804		501.5	347.2	540.1	1388.9
							4th: 160								
2	Earnest O'Neal Tillery	AL	100kg	90.9	22	137.5	87.5	190	415	263.608		303.1	192.9	418.9	914.9
	110kg Jr 20-23														
1	Devon Overall	FL	110kg	108.7	23	305	197.5	310	812.5	479.944		672.4	435.4	683.4	1791.2
	125kg Jr 16-17														
1	Jarrett Byrd	AL	125kg	121.6	17	225	147.5	230	602.5	345.353		496	325.2	507.1	1328.3
	125kg Jr 20-23														
1	David Knight	FL	125kg	120.6	23	292.5	227.5	275	795	456.569		644.8	501.5	606.3	1752.7
	56kg Open														
1	Tony Huynh	FL	56kg	56	26	155	120	182.5	457.5	416.462		341.7	264.6	402.3	1008.6
	75kg Open														
1	Brandon Rocha	FL	75kg	75	25	192.5	112.5	215	520	370.552		424.4	248	474	1146.4
DQ	Calin Caracol	MS	75kg	72.3	29	0	0	0	0	0		0	0	0	0
DQ	Raymond Chavez	MS	75kg	73.9	34	0	0	0	0	0		0	0	0	0
	82.5kg Open														
1	Casey Mcgee	FL	82.5kg	81.8	36	242.5	145	280	667.5	449.495		534.6	319.7	617.3	1471.6
2	Devin Pham	FL	82.5kg	82	19	217.5	140	305	662.5	445.465		479.5	308.6	672.4	1460.5
3	Scott Poyner	FL	82.5kg	80.3	27	205	125	250	580	395.038		451.9	275.6	551.2	1278.7
4	William Fullington	FL	82.5kg	81.2	36	212.5	127.5	227.5	567.5	383.857		468.5	281.1	501.5	1251.1
5	Mike Nixon	FL	82.5kg	82.5	53	185	127.5	200	512.5	343.324	406.495	407.9	281.1	440.9	1129.9
6	Loren Coyle	FL	82.5kg	80.3	38	122.5	87.5	180	390	265.629		270.1	192.9	396.8	859.8
DQ	Braden Cross	FL	82.5kg	82.3	21	0	142.5	262.5	0	0		0	314.2	578.7	0
	90kg Open														
1	Ulyses Gonzalez	FL	90kg	89.4	30	250	177.5	295	722.5	462.834		551.2	391.3	650.4	1592.8
2	Steven Luminais	LA	90kg	86.2	29	192.5	140	257.5	590	385.388		424.4	308.6	567.7	1300.7
3	Josh Kersh	FL	90kg	87.2	28	185	110	227.5	522.5	339.155		407.9	242.5	501.5	1151.9
4	Sam Khan	FL	90kg	88.9	44	162.5	142.5	200	505	324.412	338.362	358.2	314.2	440.9	1113.3
5	Ryan Jones	FL	90kg	86.6	30	152.5	130	217.5	500	325.75		336.2	286.6	479.5	1102.3

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	100kg Open														
1	Aaron Clark	FL	100kg	96	30	220	145	290	655	405.511		485	319.7	639.3	1444
2	Tyler Ward	FL	100kg	97.2	21	245	142.5	265	652.5	401.81		540.1	314.2	584.2	1438.5
3	Dylan Soriano	FL	100kg	98.8	26	205	145	265	615	376.134		451.9	319.7	584.2	1355.8
4	Nicholas Feran	FL	100kg	98.1	26	217.5	145	232.5	595	364.973		479.5	319.7	512.6	1311.7
5	Christian Becker	FL	100kg	100	26	205	140	237.5	582.5	354.51		451.9	308.6	523.6	1284.2
6	Adam Chinery	FL	100kg	95.3	26	175	115	235	525	326.078		385.8	253.5	518.1	1157.4
DQ	Caleb Smith	FL	100kg	93.8	27	185	0	255	0	0		407.9	0	562.2	0
	110kg Open														
1	<b>Devon Overall</b>	FL	110kg	108.7	23	305	197.5	310	812.5	<b>479.944</b>		672.4	435.4	683.4	1791.2
2	Demerrius Slocum	LA	110kg	106.3	33	272.5	215	270	757.5	450.713		600.8	474	595.2	1670
3	Jeromie Goggin	FL	110kg	107.5	37	252.5	137.5	227.5	617.5	366.054		556.7	303.1	501.5	1361.3
4	David Rowell	FL	110kg	100.7	26	185	127.5	215	527.5	320.14		407.9	281.1	474	1162.9
	125kg Open														
1	David Knight	FL	125kg	120.6	23	292.5	227.5	275	795	456.569		644.8	501.5	606.3	1752.7
2	Nic Oliver	AL	125kg	113.5	33	242.5	187.5	277.5	707.5	412.543		534.6	413.4	611.8	1559.8
3	Cody Hart	FL	125kg	119.5	27	227.5	142.5	272.5	642.5	369.759		501.5	314.2	600.8	1416.5
DQ	Edward Boles	FL	125kg	124.8	24	250	147.5	0	0	0		551.2	325.2	0	0
	140kg Open														
1	Charles Phillipps	FL	140kg	128.4	27	250	195	277.5	722.5	409.585		551.2	429.9	611.8	1592.8
2	Justin Heath	FL	140kg	126.6	34	160	97.5	182.5	440	250.096		352.7	214.9	402.3	970
	82.5kg Submaster														
1	Casey Mcgee	FL	82.5kg	81.8	36	242.5	145	280	667.5	449.495		534.6	319.7	617.3	1471.6
2	Loren Coyle	FL	82.5kg	80.3	38	122.5	87.5	180	390	265.629		270.1	192.9	396.8	859.8
	110kg Submaster														
1	Jeromie Goggin	FL	110kg	107.5	37	252.5	137.5	227.5	617.5	366.054		556.7	303.1	501.5	1361.3
	82.5kg Master 40-44														
1	Thomas Goodale	FL	82.5kg	80.5	44	190	147.5	195	532.5	362.1	377.67	418.9	325.2	429.9	1173.9
	82.5kg Master 50-54														
1	Mike Nixon	FL	82.5kg	82.5	53	185	127.5	200	512.5	343.324	406.495	407.9	281.1	440.9	1129.9
	82.5kg Master 75-79														
1	<b>George Felt</b>	FL	82.5kg	79.7	75	95	85	145	325	222.398	<b>408.099</b>	209.4	187.4	319.7	716.5
	90kg Master 40-44														
1	Sam Khan	FL	90kg	88.9	44	162.5	142.5	200	505	324.412	338.362	358.2	314.2	440.9	1113.3

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	110kg Master 40-44														
1	Jason Benson	FL	110kg	104.4	40	227.5	137.5	237.5	602.5	360.777	360.777	501.5	303.1	523.6	1328.3
	125kg Master 40-44														
1	Maurice Zapata	FL	125kg	123.9	41	207.5	160	230	597.5	341.113	344.524	457.5	352.7	507.1	1317.2
<b>Women Classic Raw Powerlifting</b>															
	56kg Jr 20-23														
1	Lauren Zdon	FL	56kg	55.9	23	125	60	140	325	382.948		275.6	132.3	308.6	716.5
	90kg Open														
1	Persephonie Vigil	FL	90kg	88	38	115	75	137.5	327.5	285.711		253.5	165.3	303.1	722
	90kg Submaster														
1	Persephonie Vigil	FL	90kg	88	38	115	75	137.5	327.5	285.711		253.5	165.3	303.1	722
	56kg Master 40-44														
1	Jennifer Mitchell	FL	56kg	55.8	42	65	55	92.5	212.5	250.729	255.743	143.3	121.3	203.9	468.5
<b>Men Classic Raw Powerlifting</b>															
	67.5kg Jr 20-23														
1	Anthony Reyes	FL	67.5kg	66.2	23	162.5	107.5	210	480	375.936		358.2	237	463	1058.2
	75kg Jr 20-23														
1	Jason Zdon	FL	75kg	74.3	23	200	110	237.5	547.5	392.722		440.9	242.5	523.6	1207
	125kg Submaster														
1	Ryan Butler	FL	125kg	117.2	39	250	170	237.5	657.5	380.167		551.2	374.8	523.6	1449.5
	110kg Master 50-54														
1	Paul Beck	FL	110kg	109.7	54	160	137.5	170	467.5	275.358	331.53	352.7	303.1	374.8	1030.7
	110kg Master 60-64														
1	Ken Jones	FL	110kg	108.4	62	195	95	215	505	298.556	415.889	429.9	209.4	474	1113.3
<b>Women Raw Bench Only</b>															
	75kg Open														
1	Victoria Pierce	HI	75kg	74.8	29		80		80	76.176			176.4		176.4
<b>Men Raw Bench Only</b>															
	110kg Open														
1	Anthony Ford	AL	110kg	108.8	49		200		200	118.1	131.445		440.9		440.9

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	125kg Open														
1	Roland Deale	FL	125kg	111.3	57		215		215	126.076	159.864		474		474
	82.5kg Master 50-54														
1	Michael Flounlacker	FL	82.5kg	82.3	51		142.5		142.5	95.603	109.657		314.2		314.2
	82.5kg Master 55-59														
1	David Patterson	LA	82.5kg	80.9	58		132.5		132.5	89.822	115.96		292.1		292.1
	90kg Master 50-54														
1	Michael Suzuki	FL	90kg	87	51		167.5		167.5	108.858	124.86		369.3		369.3
	110kg Master 45-49														
1	Anthony Ford	AL	110kg	108.8	49		200		200	118.1	131.445		440.9		440.9
	125kg Master 55-59														
1	Roland Deale	FL	125kg	111.3	57		215		215	126.076	159.864		474		474
<b>Men Single Ply Bench Only</b>															
	82.5kg Master 50-54														
1	Michael Flounlacker	FL	82.5kg	82.3	51		145		145	97.281	111.581		319.7		319.7
<b>Men Raw Deadlift Only</b>															
	100kg Open														
1	Dylan Soriano	FL	100kg	98.8	26			265	265	162.074				584.2	584.2
2	Caleb Smith	FL	100kg	93.8	27			255	255	159.554				562.2	562.2
	125kg Open														
1	Nic Oliver	AL	125kg	113.5	33			277.5	277.5	161.81				611.8	611.8
	140kg Master 45-49														
1	Greg Brown	FL	140kg	132.2	48			300	300	169.17	185.579			661.4	661.4
	140kg Master 65-69														
1	Tom Morgan	AR	140kg	126.5	69			195	195	110.858	178.481			429.9	429.9
<b>Men Single Ply Deadlift Only</b>															
	125kg Master 60-64														
1	Mike Frizzell	FL	125kg	114.5	61			227.5	227.5	132.337	180.772			501.5	501.5
	125kg Master 65-69														
1	Eddie Morgan	AR	125kg	112.1	66			272.5	272.5	159.467	240.955			600.8	600.8

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	<b>Women Raw Push-Pull</b>														
	67.5kg Open														
1	Audrey Lukas	FL	67.5kg	63.6	27		70	162.5	232.5	247.915			154.3	358.2	512.6
	75kg Open														
1	Victoria Pierce	HI	75kg	74.8	29		80	162.5	242.5	230.909			176.4	358.2	534.6
	82.5kg Master 55-59														
1	Colleen Beck	FL	82.5kg	79.7	59		60	97.5	157.5	144.412	189.902		132.3	214.9	347.2
								4th: 102.5							
	<b>Men Raw Push-Pull</b>														
	90kg Open														
1	Sam Khan	FL	90kg	88.9	44		142.5	200	342.5	220.022	229.483		314.2	440.9	755.1
	100kg Open														
1	Nicholas Feran	FL	100kg	98.1	26		145	232.5	377.5	231.559			319.7	512.6	832.2
	110kg Open														
DQ	Victor Wright	FL	110kg	105.6	48		0	202.5	0	0	0		0	446.4	0
	140kg Open														
1	Duane Cummings	FL	140kg	137.5	31		137.5	227.5	365	204.51			303.1	501.5	804.7
	90kg Master 40-44														
1	Sam Khan	FL	90kg	88.9	44		142.5	200	342.5	220.022	229.483		314.2	440.9	755.1
	90kg Master 50-54														
1	Michael Franklin	FL	90kg	90	52		117.5	205	322.5	205.884	239.855		259	451.9	711
	110kg Master 45-49														
DQ	Victor Wright	FL	110kg	105.6	48		0	202.5	0	0	0		0	446.4	0

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	Powerlifting Best Lifters														
	Junior Women Raw: Patrisha Sparks														
	Open Women Raw: Kelsey Engstrom														
	Junior Men Raw: Devon Overall														
	Open Men Raw: Devon Overall														
	Master Men Raw: George Felt														
	Meet Director: John Micka														
	Scorekeepers: Paul Wallis and John Micka														
	Thank you to our referees:														
	National: Amanda Micka, Charlie Lyons, Gary Brewer and John Micka														
	State: Roger Fox, Vicky Fox, Lauren Broadwater, Audrey Lukas, Paul Wallis and Bryan May														
	Practical: Nichole Schlemmer and Persephonie Vigil														
	Thanks to our host: Bryan May and The Bar Gym														
	Thanks to our spotters: Bryan May, Deverick Smith, Josh Davis, Chris Lukas, Chris Walter, Jacob Schroeder, Aaron Pruette, Jason Giles, Andrew Washburn														
	Thanks to our sponsors: The Bar, Ye Olde Brothers Brewery, Total Big Athletics, MaxFit Nutrition Crestview and Pace, Not a Cool Kid Tattoo and Mark Gilmore														
	Thanks to our family of support gyms for use of their equipment: Revolution Fitness, Strong Inc, Black Sheep Barbell and 98 Community Gym														