

USPA Boobies and Barbells October 21, 2023 Colorado Springs, Colorado

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
52kg Jr 13-15																	
1	Amira Mcclarin	CO	52kg	50.7	15	45	50	52.5	27.5	32.5	35	50	57.5	62.5	145	179.904	
67.5kg Jr 16-17																	
1	Marissa Flann	CO	67.5kg	66.3	17	120	125	130	77.5	82.5	85	150	155	160	372.5	388.598	
67.5kg Jr 20-23																	
1	Natalie Thach	CO	67.5kg	63.6	20	122.5	130	137.5	52.5	57.5	60	125	132.5	140	337.5	360.905	
2	Dominique Cos	CO	67.5kg	62.4	20	52.5	62.5	67.5	42.5	47.5	52.5	77.5	85	95	215	232.592	
90kg Jr 20-23																	
1	Gabrielle Bensom	CO	90kg	84.9	22	82.5	82.5	95	55	57.5	62.5	132.5	137.5	137.5	290	265.505	
Women Raw Powerlifting		Open															
56kg Open																	
1	Aniceta Gallegos D'Rome	CO	56kg	54.3	32	90	95	102.5	65	67.5	70	110	120	127.5	300	354.982	
60kg Open																	
1	Yadira Grajeda	NM	60kg	59.9	28	125	132.5	135	65	70	70	150	160	165	362.5	402.271	
2	Caitlyn Urhammer	WY	60kg	58.9	32	107.5	112.5	120	52.5	55	57.5	130	137.5	147.5	315	353.321	
67.5kg Open																	
1	Marissa Flann	CO	67.5kg	66.3	17	120	125	130	77.5	82.5	85	150	155	160	372.5	388.598	
2	Linnea Ming	NM	67.5kg	66.3	35	115	120	125	75	80	80	157.5	165	172.5	360	375.558	
3	Meghan Lastrella	CO	67.5kg	64.4	26	100	107.5	115	67.5	72.5	75	145	155	162.5	342.5	363.507	
4	Sarah Warr	CO	67.5kg	60.6	24	82.5	87.5	90	50	52.5	55	95	97.5	102.5	240	264.392	
5	Dominique Cos	CO	67.5kg	62.4	20	52.5	62.5	67.5	42.5	47.5	52.5	77.5	85	95	215	232.592	
DQ	Erika Corvera	CO	67.5kg	66.2	25	110	117.5	125	67.5	72.5	72.5	127.5	137.5	140	0	0	
75kg Open																	
1	Kelsey Moulton	CO	75kg	74.2	34	112.5	112.5	117.5	60	62.5	65	145	150	160	340	333.043	
2	Janina Darling	CO	75kg	69.5	26	75	75	80	47.5	52.5	57.5	87.5	97.5	105	232.5	236.066	
82.5kg Open																	
1	Hali Dickson	CO	82.5kg	82.5	30	125	132.5	135	90	95	100	167.5	177.5	182.5	405	375.893	
2	Lindsey O'Lear	CO	82.5kg	76.5	30	92.5	100	102.5	57.5	62.5	67.5	122.5	132.5	140	302.5	291.589	
3	Elizabeth Tarin	CO	82.5kg	81.7	38	87.5	102.5	102.5	52.5	57.5	62.5	110	120	127.5	292.5	272.766	
DQ	Joana Lara Nunez	CO	82.5kg	82.5	27	95	95	95	50	52.5	55	115	115	132.5	0	0	

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90kg Open																	
1	Tristan Sandoval	CO	90kg	88.1	25	90	95	100	50	55	60	122.5	132.5	140	300	270.018	
2	Jordan Clark	CO	90kg	85.9	29	80	87.5	95	42.5	52.5	60	77.5	90	100	255	232.189	
100kg Open																	
1	Jennifer Perkins	CO	100kg	98.8	36	125	127.5	130	85	87.5	92.5	120	122.5	132.5	350	300.087	
2	Jordan Weaver	CO	100kg	90.5	29	110	120	125	70	75	80	117.5	130	140	330	293.486	
3	Renae Cuevas Dias	CO	100kg	98.8	33	102.5	107.5	112.5	67.5	70	72.5	122.5	127.5	132.5	315	270.079	
110+ Open																	
1	Lidia Gallegos	CO	110+	123.2	32	130	130	135	70	75	80	152.5	165	170	375	298.74	
Women Raw Powerlifting			Submaster														
67.5kg Submaster																	
1	Linnea Ming	NM	67.5kg	66.3	35	115	120	125	75	80	80	157.5	165	172.5	360	375.558	
82.5kg Submaster																	
1	Krista Charles	CO	82.5kg	79.0	36	82.5	87.5	92.5	55	60	62.5	105	110	115	267.5	253.645	
100kg Submaster																	
1	Jennifer Perkins	CO	100kg	98.8	36	125	127.5	130	85	87.5	92.5	120	122.5	132.5	350	300.087	
Women Raw Powerlifting			Master														
82.5kg Master 40-44																	
1	Lawanda Gibson	CO	82.5kg	82.5	44	97.5	102.5	105	65	70	75	127.5	132.5	140	315	292.361	304.933
2	Brooke Heine	NE	82.5kg	80.5	40	85	90	102.5	45	50	55	125	132.5	142.5	295	277.105	277.105
82.5kg Master 55-59																	
1	Dawn Ogrodny	CO	82.5kg	81.4	55	75	77.5	80	50	55	57.5	100	102.5	112.5	242.5	226.546	277.519
100kg Master 40-44																	
1	Shawna Waters	CO	100kg	98.9	43	95	100	100	45	52.5	52.5	105	107.5	120	272.5	233.546	240.786
110+ Master 50-54																	
1	Tami Forero	CO	110+	122.1	52	120	120	120	57.5	60	62.5	127.5	127.5	132.5	307.5	245.552	286.068
Women Classic Raw Powerlifting			Open														
75kg Open																	
1	Cristina Torres Medina	CO	75kg	72.9	45	107.5	107.5	115	60	62.5	67.5	140	147.5	155	332.5	328.805	346.889
													(160)				

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Classic Raw Powerlifting				Master													
75kg Master 45-49																	
1	Cristina Torres Medina	CO	75kg	72.9	45	107.5	107.5	115	60	62.5	67.5	140	147.5	155 (160)	332.5	328.805	346.889
Women Single Ply Powerlifting				Open													
82.5kg Open																	
1	Nicole Nies	CO	82.5kg	75.6	46	145	155		80	87.5	92.5	150	175	175	417.5	404.934	432.469
Women Single Ply Powerlifting				Master													
82.5kg Master 45-49																	
1	Nicole Nies	CO	82.5kg	75.6	46	145	155		80	87.5	92.5	150	175	175	417.5	404.934	432.469
Women Raw Bench Only				Junior													
75kg Jr 18-19																	
1	Emma Gichert	CO	75kg	71.4	19				47.5	57.5	57.5				47.5	47.509	
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex												
Marissa Flann		Raw	PL	Jr	Women	State											
Yadira Grajeda		Raw	PL	Open	Women	National											
Lawanda Gibson		Raw	PL	Master	Women												
Meet Director:		Samantha Todd															
Referees																	
National:		Jim Frye, Michael Espinosa															
State:		Adam Bell, Aldous Cruz, Marshelle Johnson															
Spotter/Loaders:		William McClung, Dakota Strevett, Ricardo Ambracio, Morgan Tyndall															
Tested Lifters:		Mary Shepard															