

USPA Drug Tested SoCal Winter Open January 13, 2019 Newport Beach, CA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	48kg Jr 20-23														
1	Natalie Do	CA	48kg	47.1	22	110	53	153	316	424.325		242.5	116.8	337.3	696.7
						4th: 115	4th: 53.5	4th: 157.5							
	52kg Jr 18-19														
1	Joanna Le	CA	52kg	51.5	19	87.5	50	112.5	250	314		192.9	110.2	248	551.2
	67.5kg Jr 20-23														
1	Genesis Rincon	CA	67.5kg	63.1	22	135	75	132.5	342.5	367.4		297.6	165.3	292.1	755.1
	48kg Open														
1	Natalie Do	CA	48kg	47.1	22	110	53	153	316	424.325		242.5	116.8	337.3	696.7
						4th: 115	4th: 53.5	4th: 157.5							
	60kg Open														
1	Lara Avanesian	CA	60kg	59.7	23	102.5	50	122.5	275	307.78		226	110.2	270.1	606.3
	67.5kg Open														
1	Krista Dornbush	CA	67.5kg	67	49	120	70	150	340	348.874	388.297	264.6	154.3	330.7	749.6
						4th: 125									
2	Stephanie Jura	CA	67.5kg	66.5	36	75	42.5	105	222.5	229.553		165.3	93.7	231.5	490.5
	82.5kg Open														
1	Beatriz Neri	CA	82.5kg	80.1	25	125	70	140	335	306.324		275.6	154.3	308.6	738.5
	90kg Open														
1	Marisa Bubica	CA	90kg	86.1	25	117.5	57.5	170	345	303.98		259	126.8	374.8	760.6
	67.5kg Master 45-49														
1	Krista Dornbush	CA	67.5kg	67	49	120	70	150	340	348.874	388.297	264.6	154.3	330.7	749.6
						4th: 125									
	Men Raw Powerlifting														
	67.5kg Jr 18-19														
1	Baron Nguyen	CA	67.5kg	65.3	19	140	97.5	165	402.5	318.861		308.6	214.9	363.8	887.4
	67.5kg Jr 20-23														
1	George Yang	CA	67.5kg	65.4	21	182.5	105	205	492.5	389.617		402.3	231.5	451.9	1085.8
2	Johnson Doan	CA	67.5kg	65.8	22	150	82.5	200	432.5	340.464		330.7	181.9	440.9	953.5
3	Joshua Sinacruz	CA	67.5kg	67.1	20	152.5	105	175	432.5	335.058		336.2	231.5	385.8	953.5
4	Christopher Lam	CA	67.5kg	62.6	20	152.5	97.5	165	415	340.798		336.2	214.9	363.8	914.9

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	75kg Jr 20-23														
1	John Shin	CA	75kg	73.1	21	155	110	192.5	457.5	331.962		341.7	242.5	424.4	1008.6
2	Mozzamil Ali	CA	75kg	74.3	20	135	87.5	182.5	405	290.507		297.6	192.9	402.3	892.9
3	Jonathan Wang	CA	75kg	74	22	122.5	75	155	352.5	253.553		270.1	165.3	341.7	777.1
	82.5kg Jr 18-19														
DQ	Jordan Kortman	CA	82.5kg	79.4	18	180	0	222.5	0	0		396.8	0	490.5	0
	82.5kg Jr 20-23														
1	Alex Gaynor	CA	82.5kg	81.2	22	242.5	150	232.5	625	422.75		534.6	330.7	512.6	1377.9
						4th: 245									
2	Kohl Thorlakson	CA	82.5kg	81.5	23	210	135	250	595	401.566		463	297.6	551.2	1311.7
3	Miguel Valtierra	CA	82.5kg	80.3	21	185	135	240	560	381.416		407.9	297.6	529.1	1234.6
4	Byron Eusebio	CA	82.5kg	81.3	21	195	125	227.5	547.5	370.055		429.9	275.6	501.5	1207
5	Michael Vo	CA	82.5kg	82.4	22	177.5	132.5	237.5	547.5	367.044		391.3	292.1	523.6	1207
6	Juan Partida	CA	82.5kg	80.3	23	170	85	227.5	482.5	328.631		374.8	187.4	501.5	1063.7
7	Salomon Velazquez	CA	82.5kg	80.4	23	160	120	190	470	319.882		352.7	264.6	418.9	1036.2
	100kg Jr 20-23														
1	Jeremy Sanchez	CA	100kg	97.1	22	167.5	125	200	492.5	303.429		369.3	275.6	440.9	1085.8
	75kg Open														
1	Steven Lee	CA	75kg	74.1	27	182.5	92.5	230	505	362.893		402.3	203.9	507.1	1113.3
	82.5kg Open														
1	Colin Baroy	CA	82.5kg	80.8	23	227.5	117.5	250	595	403.708		501.5	259	551.2	1311.7
2	Andy Truong	CA	82.5kg	81	24	215	115	252.5	582.5	394.586		474	253.5	556.7	1284.2
3	Miguel Valtierra	CA	82.5kg	80.3	21	185	135	240	560	381.416		407.9	297.6	529.1	1234.6
4	Cameron Aragon	CA	82.5kg	78.8	19	195	107.5	217.5	520	358.436		429.9	237	479.5	1146.4
5	Jabril Ward	CA	82.5kg	79.8	27	165	105	217.5	487.5	333.353		363.8	231.5	479.5	1074.7
6	Giovanni Lara	CA	82.5kg	80.6	28	165	117.5	190	472.5	321.064		363.8	259	418.9	1041.7
	100kg Open														
1	Tamer Houx	CA	100kg	98.1	27	187.5	137.5	280	605	371.107		413.4	303.1	617.3	1333.8
2	Luis Cervantes	CA	100kg	99.4	28	215	155	232.5	602.5	367.585		474	341.7	512.6	1328.3
3	Wilson Thammavongsa	CA	100kg	95.8	27	190	142.5	245	577.5	357.877		418.9	314.2	540.1	1273.2
4	Mike Karayan	CA	100kg	100	27	165	115	227.5	507.5	308.865		363.8	253.5	501.5	1118.8
5	Jeremy Sanchez	CA	100kg	97.1	22	167.5	125	200	492.5	303.429		369.3	275.6	440.9	1085.8
	110kg Open														
1	Mark Galvin	CA	110kg	106.3	38	205	130	255	590	351.05		451.9	286.6	562.2	1300.7
2	Ralph Sagles	CA	110kg	107.1	30	215	157.5	215	587.5	348.681		474	347.2	474	1295.2
3	Chris Mckenna	CA	110kg	105.6	35	195	150	227.5	572.5	341.439		429.9	330.7	501.5	1262.1

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	110kg Submaster														
1	Mark Galvin	CA	110kg	106.3	38	205	130	255	590	351.05		451.9	286.6	562.2	1300.7
2	Chris Mckenna	CA	110kg	105.6	35	195	150	227.5	572.5	341.439		429.9	330.7	501.5	1262.1
	Women Classic Raw Powerlifting														
	75kg Jr 18-19														
DQ	Ka'Lene Herbias	CA	75kg	72.1	19	0	0	0	0	0		0	0	0	0
	90kg Open														
1	Julia Tomascheski	CA	90kg	89.1	27	142.5	80	162.5	385	334.065		314.2	176.4	358.2	848.8
	SHW Open														
1	Crystalrich Pontiveros	CA	SHW	92	22	140	42.5	142.5	325	278.363		308.6	93.7	314.2	716.5
	Men Classic Raw Powerlifting														
	110kg Jr 20-23														
1	Roni Avakian	CA	110kg	101.8	22	237.5	137.5	225	600	362.64		523.6	303.1	496	1322.8
						4th: 242.5									
	Women Raw Bench Only														
	75kg Jr 18-19														
DQ	Ka'Lene Herbias	CA	75kg	72.1	19		0		0	0			0		0
	90kg Open														
1	Julia Tomascheski	CA	90kg	89.1	27		80		80	69.416			176.4		176.4
	Men Raw Bench Only														
	67.5kg Jr 20-23														
1	Kevin Dang	CA	67.5kg	66.2	20		95		95	74.4			209.4		209.4
	75kg Jr 20-23														
1	Nikolas Dingcong	CA	75kg	75	21		120		120	85.512			264.6		264.6
	100kg Open														
1	Tyrone Pulley	CA	100kg	99.9	32		167.5		167.5	101.974			369.3		369.3
	75kg Master 65-69														
1	Richard Miles	KS	75kg	73.6	68		105		105	75.821	119.494		231.5		231.5
	Women Raw Deadlift Only														
	48kg Jr 20-23														
1	Natalie Do	CA	48kg	47.1	22			153	153	205.448				337.3	337.3
								4th: 157.5							
	75kg Jr 18-19														
DQ	Ka'Lene Herbias	CA	75kg	72.1	19			0	0	0				0	0

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	48kg Open														
1	Natalie Do	CA	48kg	47.1	22			153	153	205.448				337.3	337.3
								4th: 157.5							
	90kg Open														
1	Julia Tomascheski	CA	90kg	89.1	27			162.5	162.5	141.001				358.2	358.2
Men Raw Deadlift Only															
	100kg Open														
1	Tyrone Pulley	CA	100kg	99.9	32			285	285	173.508				628.3	628.3
2	Tamer Houx	CA	100kg	98.1	27			280	280	171.752				617.3	617.3
Women Raw Push-Pull															
	75kg Jr 18-19														
DQ	Ka'Lene Herbias	CA	75kg	72.1	19		0	0	0	0			0	0	0
Best Lifters:															
Women's Raw Open: Natalie Do															
Men's Raw Junior Open: Alex Gaynor															
Men's Raw Open: Colin Baroy															
Teams:															
1st - SoCal Powerlifting															
2nd - South Bay Strength Company															
Referees:															
International: Lord Elliott															
National: Roy Taylor															
State: Dave Foster and Ceasar Amado															
Table:															
Kat Colson and Kellie LaMantia															
Announcer:															
Chuck LaMantia															