

USPA Doc Strong Fitness Powerlifting Championships June 19, 2021 Southampton, PA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Open													
	56kg Open																
1	Megan Walgren	Pa	56kg	55	26	60	72.5	82.5	37.5	42.5	47.5	72.5	80	92.5	202.5	237.556	
	67.5kg Open																
1	Brianna Baker	Pa	67.5kg	64.8	28	95	105	112.5	47.5	52.5	60	115	127.5	137.5	302.5	319.868	
	82.5kg Open																
1	Christine Amadio	Pa	82.5kg	82.1	36	147.5	155	162.5	82.5	87.5	87.5	155	162.5	170	420	390.734	
	Women Raw Powerlifting			Submaster													
	82.5kg Submaster																
1	Christine Amadio	Pa	82.5kg	82.1	36	147.5	155	162.5	82.5	87.5	87.5	155	162.5	170	420	390.734	
2	Kristyn Whisman	PA	82.5kg	80.5	37	115	122.5	130	60	67.5	72.5	135	147.5	155	352.5	331.117	
	Women Raw Powerlifting			Master													
	67.5kg Master 40-44																
1	Kristen Stout	PA	67.5kg	61.4	44	92.5	100	110	42.5	47.5	52.5	105	115	115	262.5	286.823	299.156
	SHW Master 40-44																
1	Jen Henry	pa	SHW	107.3	41	112.5	125	125	40	45	47.5	102.5	115	122.5	280	232.787	235.115
	Men Raw Powerlifting			Junior													
	52kg JR																
Guest	Brock Rudy	Pa	52kg	48.7	12	50	57.5	62.5	32.5	40	47.5	60	65	70	162.5	165.956	
	82.5kg Jr 13-15																
DQ	Broc Nye	PA	82.5kg	82.2	15	212.5	212.5	212.5	120	125	132.5	190	195	197.5	0	0	
	82.5kg Jr 20-23																
1	Matthew Soffera	PA	82.5kg	80	22	207.5	215	215	140	145	152.5	212.5	217.5	227.5	587.5	405.109	
2	Zachary Larmer	PA	82.5kg	78.8	23	200	207.5	212.5	145	152.5	155	200	207.5	215	582.5	405.29	
3	Tyler Fronk	PA	82.5kg	81.4	21	175	185	190	117.5	125	127.5	222.5	230	235	552.5	377.141	
	90kg Jr 20-23																
1	Mark Dann	PA	90kg	88.3	22	180	185	185	147.5	152.5	155	235	242.5	252.5	582.5	380.328	
2	Daniel Quimby	PA	90kg	85.6	20	147.5	155	162.5	115	120	120	210	222.5	230	505	335.178	
	Men Raw Powerlifting			Open													
	60kg Open																
1	Lukas Kula	DE	60kg	58.4	25	77.5	80	80	57.5	60	62.5	110	115	125	265	228.76	

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	67.5kg Open																
1	Ivan Aguirre	NJ	67.5kg	67.2	29	132.5	140	147.5	102.5	107.5	107.5	170	182.5	190	445	344.091	
	90kg Open																
1	Patrick Talarico	PA	90kg	88.5	30	225	240	240	125	132.5	137.5	260	280	292.5	665	433.687	
2	Matthew McNamara	PA	90kg	86	27	185	187.5	192.5	127.5	137.5	142.5	210	220	230	565	374.063	
	100kg Open																
1	John Doerffel	PA	100kg	96.4	27	185	192.5	197.5	135	142.5	145	200	215	227.5	557.5	348.791	
2	Eric Lagoy	CT	100kg	90.4	34	167.5	177.5	187.5	105	112.5	117.5	185	195	207.5	495	319.356	
	110kg Open																
1	Paul Milano	CT	110kg	109	30	265	282.5	292.5	180	192.5	200	310	327.5	327.5	785	466.541	
	125kg Open																
1	Phil Nicolaou	De	125kg	117.3	42	162.5	162.5	162.5	142.5	147.5	150	205	210	212.5	525	303.84	
	Men Raw Powerlifting			Submaster													
	90kg Submaster																
1	Robert Burkett	MD	90kg	86.4	37	155	170	180	115	122.5	130	195	205	212.5	505	333.511	
	Men Raw Powerlifting			Master													
	67.5kg Master 65-69																
1	Steve Freides	NJ	67.5kg	66.8	66	97.5	100	102.5	85	90	---	152.5	165	---	340	264.047	398.975
	100kg Master 50-54																
Guest	bruce smith	pa	100kg	99	50	130	135	142.5	145	152.5	157.5	145	152.5	162.5	457.5	282.835	319.604
	110kg Master 45-49																
1	Tony Rudy	Pa	110kg	105	47	185	---	---	112.5	---	---	185	205	---	482.5	290.994	314.856
	125kg Master 60-64																
1	John Paone	PA	125kg	115.3	60	136	147.5	160	125	137.5	140	129	145	150	450	261.995	351.074
	Men Classic Raw Powerlifting			Open													
	100kg Open																
1	Bradie Crandall	DE	100kg	98.5	24	250	270	285	155	170	170	265	280	280	690	427.525	
	Men Classic Raw Powerlifting			Master													
	110kg Master 45-49																
Guest	Brian Edrington	pa	110kg	108.7	46	182.5	192.5	192.5	140	147.5	147.5	182.5	197.5	212.5	0	0	0

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Men Single Ply Powerlifting				Junior													
	125kg Jr 18-19																
1	Michael Galiano	CT	125kg	110.1	19	242.5	265	282.5	145	162.5	182.5	212.5	240	240	687.5	407.044	
Men Raw Bench Only				Junior													
	52kg Jr 13-15																
1	John Kaplan	PA	52kg	51.7	14				52.5	57.5	62.5				62.5	60.192	
	82.5kg Jr 20-23																
1	John O'Rourke	Pa	82.5kg	81.3	23				175	182.5	182.5				175	119.541	
Men Raw Bench Only				Open													
	90kg Open																
1	Nathan Rudolph	MD	90kg	87	53				112.5	117.5	122.5				122.5	80.605	95.436
Men Raw Bench Only				Master													
	67.5kg Master 65-69																
1	Steve Freides	NJ	67.5kg	66.8	66				85	90	90				85	66.012	99.744
	90kg Master 50-54																
1	Nathan Rudolph	MD	90kg	87	53				112.5	117.5	122.5				122.5	80.605	95.436
	100kg Master 50-54																
Guest	bruce smith	pa	100kg	99	50				145	152.5	157.5				152.5	94.278	106.535
	110kg Master 45-49																
Guest	Brian Edrington	pa	110kg	108.7	46				140	147.5	147.5				140	83.292	88.956
	110kg Master 55-59																
1	Bill Keister	pa	110kg	105.6	56				145	145	155				155	93.266	116.21
Women Raw Deadlift Only				Master													
	90kg Master 50-54																
1	Melinda Mihalcik	PA	90kg	87.3	51							148	150	157.5	150	135.569	155.498
Men Raw Deadlift Only				Junior													
	52kg Jr 13-15																
1	John Kaplan	PA	52kg	51.7	14							120	125	125	120	115.568	
	67.5kg Jr 13-15																
1	Corey Bradley	PA	67.5kg	66.8	15							147.5	155	162.5	162.5	126.199	

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	Men Raw Deadlift Only			Master													
	67.5kg Master 65-69																
1	Steve Freides	NJ	67.5kg	66.8	66							152.5	165	175	152.5	118.433	178.952
	110kg Master 45-49																
Guest	Brian Edrington	PA	110kg	108.7	46							182.5	197.5	212.5	212.5	126.426	135.023
	Best Lifters														Record Color Codes		
	Zachary Larmer	Raw	PL	JR	Men											State	
	Paul Milano	Raw	PL	Open	Men											National	
	Bill Keister	Raw	BPO	Master	Men												
	Meet Director: Bobby Bowlin																
	Referees																
	International: Bobby Bowlin																
	National: Eddie Harrington																
	State: Jenn Washburn, Katie Initini, Casey Marie Dykman, Jessica Brown, Shay Larrsey, Vince Damiano (practical)																
	Spotter/Loaders: Joe Jackson, David Weiser, Erika Hill																