

USPA South Carolina Open February 22, 2020 Columbia, SC

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Powerlifting</b>																	
	56kg Open																
1	Merissa Schafer	NC	56kg	53	31	60	<del>70</del>	75	40	42.5	<del>47.5</del>	100	110	<del>120</del>	227.5	279.461	
	60kg Open																
1	Whitney Myers	SC	60kg	59.8	28	102.5	115	<del>122.5</del>	42.5	45	<del>55</del>	102.5	120	132.5	292.5	326.957	
	67.5kg Open																
1	Jessica Helms	NC	67.5kg	61.9	33	125	132.5	<del>140</del>	65	70	72.5	160	167.5	177.5	382.5	416.313	
	90kg Open																
1	Elizabeth Keith	GA	90kg	85.7	29	160	170	177.5	80	85	95	157.5	170	185	457.5	404.018	
2	Marjorie Haulbrooks	SC	90kg	88.3	29	125	140	<del>145</del>	55	<del>62.5</del>	<del>62.5</del>	110	120	127.5	322.5	280.93	
	SHW Open																
1	Carina Mone	NC	SHW	116.1	37	130	140	<del>150</del>	70	80	85	<del>125</del>	125	135	360	289.62	
2	Charlotte Collier	SC	SHW	102.7	46	105	115	<del>130</del>	65	72.5	<del>77.5</del>	117.5	127.5	137.5	325	268.58	286.843
	SHW Submaster																
1	Carina Mone	NC	SHW	116.1	37	130	140	<del>150</del>	70	80	85	<del>125</del>	125	135	360	289.62	
	67.5kg Master 40-44																
1	Kelian Hagerty	SC	67.5kg	66.4	41	112.5	117.5	<del>122.5</del>	72.5	77.5	<del>80</del>	140	147.5	155	350	361.48	365.095
	90kg Master 40-44																
1	Alicia Gamble	SC	90kg	84.1	42	120	127.5	132.5	57.5	62.5	<del>67.5</del>	170	177.5	<del>182.5</del>	372.5	331.972	338.611
	SHW Master 45-49																
1	Charlotte Collier	SC	SHW	102.7	46	105	115	<del>130</del>	65	72.5	<del>77.5</del>	117.5	127.5	137.5	325	268.58	286.843
<b>Men Raw Powerlifting</b>																	
	90kg Jr 20-23																
1	Grant Sawyer	SC	90kg	89.6	23	<del>185</del>	185	<del>192.5</del>	142.5	<del>150</del>	<del>150</del>	225	237.5	245	572.5	366.286	
	100kg Jr 20-23																
1	Dakota Sheppard	SC	100kg	97.3	23	235	257.5	280	145	165	<del>190</del>	265	292.5	297.5	742.5	457.009	
	110kg Jr 18-19																
1	Lucas Haulbrooks	SC	110kg	106.6	18	142.5	150	<del>85</del>	85	<del>92.5</del>	<del>92.5</del>	192.5	<del>---</del>	<del>---</del>	427.5	254.149	
	110kg Jr 20-23																
1	Landon Hall	SC	110kg	107.7	23	185	195	<del>205</del>	<del>110</del>	<del>110</del>	120	185	195	210	525	311.01	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	75kg Open																
1	Elijah Burr	SC	75kg	73.6	28	162.5	165	177.5	117.5	127.5	132.5	165	190	202.5	512.5	370.076	
2	Adam Beebe	SC	75kg	74.9	28	150	160	<del>175</del>	110	117.5	<del>122.5</del>	175	182.5	<del>205</del>	460	328.072	
	82.5kg Open																
1	Jose Gonzalez	SC	82.5kg	82.2	39	192.5	200	205	117.5	125	<del>130</del>	227.5	237.5	247.5	577.5	387.734	
2	Matt Whisonant	SC	82.5kg	80.8	34	160	167.5	<del>172.5</del>	<del>120</del>	120	<del>122.5</del>	170	175	<del>182.5</del>	462.5	313.806	
	90kg Open																
1	Quintin Hall	SC	90kg	85.7	25	207.5	220	227.5	145	155	165	237.5	<del>250</del>	260	652.5	427.583	
2	Brian Meyer	NC	90kg	86.6	29	197.5	207.5	210	152.5	162.5	177.5	240	<del>252.5</del>	252.5	640	416.96	
3	James Meacham	NC	90kg	88.9	39	205	217.5	220	110	<del>112.5</del>	<del>112.5</del>	250	265	272.5	602.5	387.046	
4	Grant Sawyer	SC	90kg	89.6	23	<del>185</del>	185	<del>192.5</del>	142.5	<del>150</del>	<del>150</del>	225	237.5	245	572.5	366.286	
5	Josh Kale	SC	90kg	86.5	48	125	<del>142.5</del>	<del>142.5</del>	130	<del>142.5</del>	<del>142.5</del>	185	195	<del>205</del>	450	293.355	321.81
	100kg Open																
1	Dakota Sheppard	SC	100kg	97.3	23	235	257.5	280	145	165	<del>190</del>	265	292.5	297.5	742.5	457.009	
	110kg Open																
1	Isaac Smith	NC	110kg	103.0	26	190	205	<del>215</del>	130	137.5	<del>145</del>	280	300	<del>305</del>	642.5	386.592	
2	Dan Gossett	SC	110kg	108.3	42	150	<del>160</del>	<del>160</del>	182.5	<del>185</del>	<del>185</del>	192.5	200	207.5	540	319.356	325.743
3	Landon Hall	SC	110kg	107.7	23	185	195	<del>205</del>	<del>110</del>	<del>110</del>	120	185	195	210	525	311.01	
	125kg Open																
1	Cody Ellison	SC	125kg	119.9	30	227.5	240	252.5	192.5	200	212.5	60	<del>60</del>	<del>60</del>	525	301.875	
	140kg Open																
1	Tyler Haulbrooks	SC	140kg	130.6	27	145	157.5	162.5	85	97.5	105	182.5	200	210	477.5	269.835	
	82.5kg Submaster																
1	Jose Gonzalez	SC	82.5kg	82.2	39	192.5	200	205	117.5	125	<del>130</del>	227.5	237.5	247.5	577.5	387.734	
	90kg Submaster																
1	James Meacham	NC	90kg	88.9	39	205	217.5	220	110	<del>112.5</del>	<del>112.5</del>	250	265	272.5	602.5	387.046	
2	Corey Gailliard	SC	90kg	89.8	36	172.5	182.5	187.5	130	<del>137.5</del>	<del>145</del>	227.5	237.5	260	577.5	369.08	
	90kg Master 45-49																
1	Josh Kale	SC	90kg	86.5	48	125	<del>142.5</del>	<del>142.5</del>	130	<del>142.5</del>	<del>142.5</del>	185	195	<del>205</del>	450	293.355	321.81
	90kg Master 55-59																
1	Mike Regan	SC	90kg	85.3	59	90	105	<del>115</del>	57.5	67.5	<del>82.5</del>	122.5	137.5	160	332.5	218.453	287.265

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	100kg Master 40-44																
1	Christian Robertson	SC	100kg	95	42	120	122.5	140	105	115	<del>-122.5</del>	150	170	182.5	437.5	272.125	277.568
	110kg Master 40-44																
1	Dan Gossett	SC	110kg	108.3	42	150	<del>-160</del>	<del>-165</del>	182.5	<del>-185</del>	<del>-190</del>	192.5	200	207.5	540	319.356	325.743
	140kg Master 40-44																
1	Joe Cunningham	SC	140kg	139.1	43	215	225	<del>-235</del>	155	165	<del>-175</del>	215	230	240	630	352.359	363.282
2	Wesley Hoover	SC	140kg	135.2	42	182.5	200	<del>-207.5</del>	160	165	177.5	160	170	182.5	560	314.608	320.9
<b>Women Classic Raw Powerlifting</b>																	
	75kg Open																
1	Megan Palicka	NC	75kg	74.7	32	150	155	<del>-160</del>	82.5	87.5	<del>-90</del>	160	165	<del>-170</del>	407.5	388.348	
<b>Men Classic Raw Powerlifting</b>																	
	125kg Jr 20-23																
1	Harrison Little	NC	125kg	122.3	22	315	332.5	<del>-342.5</del>	<del>-190</del>	190	200	<del>-305</del>	<del>-305</del>	305	837.5	479.469	
	82.5kg Open																
1	Luis Becerra	NC	82.5kg	81.2	38	200	<del>-202.5</del>	<del>-207.5</del>	<del>-155</del>	<del>-155</del>	155	195	210	<del>-220</del>	565	382.166	
	90kg Open																
1	Michael Edwards	SC	90kg	89.2	47	192.5	207.5	<del>-220</del>	<del>-117.5</del>	<del>-127.5</del>	132.5	232.5	255	272.5	612.5	392.796	425.006
2	Shane Bistline	GA	90kg	87.8	25	<del>-145</del>	162.5	170	85	95	<del>-105</del>	175	192.5	212.5	477.5	308.799	
	100kg Open																
1	Danny Steele	NC	100kg	94.7	31	242.5	260	272.5	145	160	<del>-170</del>	250	272.5	<del>-290</del>	705	439.145	
2	Zachary Kendall	NC	100kg	100	25	<del>-220</del>	230	240	<del>-125</del>	135	<del>-147.5</del>	240	252.5	<del>-272.5</del>	627.5	381.897	
	110kg Open																
1	Phillip Brinkman	NC	110kg	105.2	26	265	280	<del>-295</del>	172.5	185	<del>-190</del>	240	262.5	272.5	737.5	440.435	
2	Jonathan Brogden	NC	110kg	108.0	34	227.5	230	<del>-275</del>	215	<del>-227.5</del>	<del>-227.5</del>	<del>-272.5</del>	285	<del>-295</del>	730	432.087	
	125kg Open																
1	Harrison Little	NC	125kg	122.3	22	315	332.5	<del>-342.5</del>	<del>-190</del>	190	200	<del>-305</del>	<del>-305</del>	305	837.5	479.469	
2	Joseph Shipley	GA	125kg	117.2	28	322.5	<del>-350</del>	<del>-350</del>	165	182.5	190	300	317.5	<del>-332.5</del>	830	479.906	
3	Brian Albrecht	SC	125kg	123.6	31	305	317.5	<del>-322.5</del>	202.5	<del>-207.5</del>	<del>-207.5</del>	280	<del>-297.5</del>	<del>-297.5</del>	800	456.96	
	82.5kg Submaster																
1	Luis Becerra	NC	82.5kg	81.2	38	200	<del>-202.5</del>	<del>-207.5</del>	<del>-155</del>	<del>-155</del>	155	195	210	<del>-220</del>	565	382.166	
	90kg Master 40-44																
1	Ryan Gosnell	NC	90kg	86.8	44	<del>-197.5</del>	197.5	<del>-215</del>	145	<del>-150</del>	<del>-150</del>	205	220	<del>-230</del>	562.5	366.019	381.758

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	90kg Master 45-49																
1	Michael Edwards	SC	90kg	89.2	47	192.5	207.5	<del>220</del>	<del>117.5</del>	<del>127.5</del>	132.5	232.5	255	272.5	612.5	392.796	425.006
	140kg Master 40-44																
1	Brandon Lockhart	VA	140kg	136.5	42	235	250	260	167.5	172.5	<del>180</del>	255	<del>262.5</del>	262.5	695	389.895	397.693
<b>Men Single Ply Powerlifting</b>																	
	90kg Open																
1	James Green	NC	90kg	82.8	29	182.5	205	227.5	165	<del>175</del>	175	255	<del>275</del>	<del>275</del>	657.5	439.539	
<b>Men Raw Bench Only</b>																	
	100kg Open																
1	Brendan Vannostrand	SC	100kg	99.8	29				197.5	<del>215</del>	<del>215</del>				197.5	120.297	
	110kg Open																
1	Jonathan Brogden	NC	110kg	108.0	34				215	<del>227.5</del>	<del>227.5</del>				215	127.259	
2	Russell Broadway	TN	110kg	104.1	56				155	<del>162.5</del>	<del>162.5</del>				155	92.907	115.762
	125kg Open																
1	Scott Compton	NC	125kg	111.3	27				187.5	195	205				205	120.212	
	100kg Master 55-59																
DQ	Chuck Graves	GA	100kg	96.5	56				<del>152.5</del>	<del>-----</del>	<del>-----</del>				0	0	0
	110kg Master 55-59																
1	Russell Broadway	TN	110kg	104.1	56				155	<del>162.5</del>	<del>162.5</del>				155	92.907	115.762
	140kg Master 40-44																
1	Wesley Hoover	SC	140kg	135.2	42				160	165	177.5				177.5	99.72	101.714
	SHW Master 50-54																
1	Wayne Vannostrand	SC	SHW	146.5	50				272.5	280	<del>-----</del>				280	155.428	175.634
<b>Women Raw Deadlift Only</b>																	
	90kg Open																
1	Elizabeth Keith	GA	90kg	85.7	29							157.5	170	185	185	163.374	
<b>Men Raw Deadlift Only</b>																	
	52kg JR																
GL	Trace Bailey	SC	52kg	36.4	10							85	95	<del>105</del>	95	144.239	

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	110kg Jr 20-23																
1	Brennan Hahn	SC	110kg	104.6	20							155	175	<del>182.5</del>	175	104.72	
	125kg Open																
1	James Marshall	GA	125kg	113.3	42							240	257.5	275	275	160.435	163.644
	SHW Open																
1	Jake Henderson	SC	SHW	142.3	31							272.5	295	<del>317.5</del>	295	164.463	
	125kg Master 40-44																
1	James Marshall	GA	125kg	113.3	42							240	257.5	275	275	160.435	163.644
<b>Men Multi Ply Deadlift Only</b>																	
	125kg Open																
1	Jeff Breisch	SC	125kg	125	31							337.5	<del>365</del>	<del>365</del>	337.5	192.308	
<b>Women Raw Push-Pull</b>																	
	56kg Open																
1	Merissa Schafer	NC	56kg	53	31				40	42.5	<del>47.5</del>	100	110	<del>120</del>	152.5	187.331	
	75kg Open																
1	Mercedes Litchfield	SC	75kg	74.5	28				<del>42.5</del>	<del>42.5</del>	42.5	115	125	132.5	175	167.073	
<b>Men Raw Push-Pull</b>																	
	82.5kg Open																
1	Teddy Perretti	NC	82.5kg	82.3	26				142.5	150	155	275	292.5	<del>300</del>	447.5	300.228	
	125kg Master 45-49																
1	J.J. Bailey	SC	125kg	124	45				120	132.5	142.5	197.5	210	232.5	375	214.05	140.01
<b>Men Single Ply Push-Pull</b>																	
	90kg Open																
1	James Green	NC	90kg	82.8	29				165	<del>175</del>	175	255	<del>275</del>	<del>275</del>	430	287.455	
Best Lifters:																	
Jessica Helms		Raw Open Women PL														Record Color Codes: State National	
Dakota Sheppard		Raw Open Men PL															
Joe Cunningham		Raw Master Men PL															
Joseph Shipley		Clraw Open Men PL															
Meet Director:		Tricia Emrich															

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	Announcer: Tricia Emrich																
	Thank you to our officials:																
	International: Anthony Calhoun, Gary Emrich and Tricia Emrich																
	National: David Huckleby																
	State: Jonathan Russell, Mike Bussman and Jeremy Poole																
	Thank you to our Spotter/Loaders:																
	Matthew Porter, John McDonald, Todd Bolton, Jason Corbett, Tricia King and Chelsea Burgess																