

USPA West Coast Open June 22, 2019 Riverside, CA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	67.5kg Open														
1	Erica Cowan	NV	67.5kg	65.7	34	105	65	110	280	291.424		231.5	143.3	242.5	617.3
	82.5kg Open														
1	Mirian Fernandes	CA	82.5kg	77.9	51	200	95	205	500	464.5	532.782	440.9	209.4	451.9	1102.3
	82.5kg Master 50-54														
1	Mirian Fernandes	CA	82.5kg	77.9	51	200	95	205	500	464.5	532.782	440.9	209.4	451.9	1102.3
	Men Raw Powerlifting														
	67.5kg Jr 20-23														
1	John Paul Legaspi	CA	67.5kg	66.7	21	187.5	95	225	507.5	395.089		413.4	209.4	496	1118.8
	75kg Jr 18-19														
1	Edwin Valencia	CA	75kg	72.5	18	120	80	165	365	266.45		264.6	176.4	363.8	804.7
	75kg Jr 20-23														
1	Rodney Navarro	CA	75kg	71.2	21	210	105	185	500	369.9		463	231.5	407.9	1102.3
	82.5kg Jr 20-23														
1	Edmundo Lopez	CA	82.5kg	77.7	20	170	125	205	500	347.85		374.8	275.6	451.9	1102.3
	90kg Jr 20-23														
1	Kiefer Matson	CA	90kg	88.7	21	165	127.5	182.5	475	305.52		363.8	281.1	402.3	1047.2
	100kg Jr 20-23														
1	Eric Radtke	CA	100kg	94.7	23	182.5	137.5	217.5	537.5	334.809		402.3	303.1	479.5	1185
	67.5kg Open														
1	Ian Walters	CA	67.5kg	62.2	25	140	112.5	185	437.5	361.288		308.6	248	407.9	964.5
	90kg Open														
1	Oscar Rodriguez	CA	90kg	88	27	212.5	135	250	597.5	385.925		468.5	297.6	551.2	1317.2
	100kg Open														
1	Christian Williams	CA	100kg	91.6	20	272.5	160	290	722.5	457.198		600.8	352.7	639.3	1592.8
2	Jordan Ferguson	CA	100kg	95.4	26	227.5	160	247.5	635	394.272		501.5	352.7	545.6	1399.9
	110kg Open														
1	George Pessell	CA	110kg	104	60	232.5	165	272.5	670	401.732	538.321	512.6	363.8	600.8	1477.1
2	Jonathan Long	NV	110kg	101.3	40	195	137.5	197.5	530	320.915	320.915	429.9	303.1	435.4	1168.4
	125kg Open														
1	Charles Liedl	CA	125kg	121.6	29	250	192.5	300	742.5	425.601		551.2	424.4	661.4	1636.9
2	Victor Terrero	CA	125kg	116.3	30	230	147.5	237.5	615	356.27		507.1	325.2	523.6	1355.8

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	140kg Open														
1	Justin Ruiz	CA	140kg	137.5	29	237.5	232.5	290	760	425.828		523.6	512.6	639.3	1675.5
	90kg Submaster														
1	Walther Santos	CA	90kg	89.8	35	230	140	222.5	592.5	378.667		507.1	308.6	490.5	1306.2
	110kg Master 40-44														
1	Jonathan Long	NV	110kg	101.3	40	195	137.5	197.5	530	320.915	320.915	429.9	303.1	435.4	1168.4
	110kg Master 60-64														
1	George Pessell	CA	110kg	104	60	232.5	165	272.5	670	401.732	538.321	512.6	363.8	600.8	1477.1
	110kg Master 65-69														
1	John Ozurovich	CA	110kg	104.4	67	122.5	87.5	142.5	352.5	211.077	325.692	270.1	192.9	314.2	777.1
	Women Classic Raw Powerlifting														
	67.5kg Submaster														
1	Erin Shockey	CA	67.5kg	63.8	39	62.5	52.5	105	220	234.036		137.8	115.7	231.5	485
	Men Classic Raw Powerlifting														
	67.5kg Jr 16-17														
DQ	Julver Morales	CA	67.5kg	67.3	17	0	97.5	182.5	0	0		0	214.9	402.3	0
	140kg Jr 20-23														
1	Paul Kwiatkowski	CA	140kg	132.5	23	287.5	170	257.5	715	403.046		633.8	374.8	567.7	1576.3
	100kg Open														
1	Sean Lugo	CA	100kg	100	32	265	160	280	705	429.063		584.2	352.7	617.3	1554.2
	110kg Open														
1	Matt Noel	AZ	110kg	108.4	34	297.5	170	290	757.5	447.834		655.9	374.8	639.3	1670
	140kg Open														
1	Paul Kwiatkowski	CA	140kg	132.5	23	287.5	170	257.5	715	403.046		633.8	374.8	567.7	1576.3
	SHW Open														
1	Jason Thornton	CA	SHW	141.3	34	215	137.5	215	567.5	316.665		474	303.1	474	1251.1
	125kg Submaster														
1	Rudy Ponce	CA	125kg	121.4	36	275	202.5	295	772.5	442.952		606.3	446.4	650.4	1703.1
	Men Single Ply Powerlifting														
	100kg Open														
1	Chris Flores	CA	100kg	98.7	48	245	205	272.5	722.5	442.026	484.902	540.1	451.9	600.8	1592.8
	100kg Master 45-49														
1	Chris Flores	CA	100kg	98.7	48	245	205	272.5	722.5	442.026	484.902	540.1	451.9	600.8	1592.8

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Men Raw Bench Only															
	82.5kg Open														
1	Raymond Soto	CA	82.5kg	79.4	60		125		125	85.75	114.905		275.6		275.6
	110kg Open														
1	Matt Siegfried	CA	110kg	102.5	28		152.5		152.5	91.927			336.2		336.2
	90kg Submaster														
1	Walther Santos	CA	90kg	89.8	35		140		140	89.474			308.6		308.6
	82.5kg Master 60-64														
1	Raymond Soto	CA	82.5kg	79.4	60		125		125	85.75	114.905		275.6		275.6
	125kg Master 70-74														
1	Ron Moormeister	CA	125kg	124.1	72		160.5		160.5	91.597	157.364		353.8		353.8
Women Raw Deadlift Only															
	82.5kg Open														
1	Mirian Fernandes	CA	82.5kg	77.9	51			205	205	190.445	218.44			451.9	451.9
	82.5kg Master 50-54														
1	Mirian Fernandes	CA	82.5kg	77.9	51			205	205	190.445	218.44			451.9	451.9
Men Raw Deadlift Only															
	82.5kg Open														
1	Raymond Soto	CA	82.5kg	79.4	60			75	75	51.45	68.943			165.3	165.3
	90kg Submaster														
1	Walther Santos	CA	90kg	89.8	35			222.5	222.5	142.2				490.5	490.5
	82.5kg Master 60-64														
1	Raymond Soto	CA	82.5kg	79.4	60			75	75	51.45	68.943			165.3	165.3
	82.5kg Master 75-79														
1	Roy Taylor	CA	82.5kg	81.1	79			150	150	101.535	203.578			330.7	330.7
Men Single Ply Deadlift Only															
	100kg Open														
1	Chris Flores	CA	100kg	98.7	48			272.5	272.5	166.716	182.887			600.8	600.8
	100kg Master 45-49														
1	Chris Flores	CA	100kg	98.7	48			272.5	272.5	166.716	182.887			600.8	600.8

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	Referees:														
	International: Tom Moormeister, Tom Miller, Steve Bloom, Ron Scott, Stephanie Stephens and Dan Stephens														
	Practical exams: David Douglas and Ollie Meadows														
	Thank you to our Spotter/Loaders:														
	Robert Speno, Pete Pele, Mario Falcon and Luis Miranda														
	Sponsored by: Battle Born Strength and T.U.R.F														