

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
67.5kg Jr 18-19																	
1	Maison Callaway	VA	67.5kg	65.7	18	-145	-145	145	-65	67.5	-70	147.5	160	167.5	380	398.546	
67.5kg Jr 20-23																	
1	Anna Rennie	NC	67.5kg	63.3	20	95	97.5	100	57.5	60	-62.5	130	135	-137.5	295	316.362	
DQ	Mary Grace	VA	67.5kg	66.2	20	-62.5	65	67.5	-42.5	-45	-45	92.5	95	-97.5	0	0	
75kg Jr 18-19																	
1	Emma Sowers	VA	75kg	72.0	19	102.5	112.5	-117.5	62.5	67.5	72.5	145	157.5	-162.5	342.5	340.992	
82.5kg Jr 20-23																	
1	Jaclyn Saldana	VA	82.5kg	81.7	22	152.5	161	170	70	-75	75	147.5	-160	162.5	407.5	380.007	
90kg Jr 20-23																	
DQ	Ashley Dummitt	WV	90kg	87.5	23	-140	-140	-----	-70	-----	-----	-----	-----	-----	0	0	
110+ Jr 18-19																	
DQ	Austin Link	VA	110+	132.3	19	150	155	-160	-115	-115	-115	170	177.5	-182.5	0	0	
Women Raw Powerlifting		Open															
67.5kg Open																	
1	Maison Callaway	VA	67.5kg	65.7	18	-145	-145	145	-65	67.5	-70	147.5	160	167.5	380	398.546	
2	Molly Karabinus	VA	67.5kg	65.1	34	120	130	137.5	57.5	60	-62.5	145	160	-165	357.5	376.989	
3	Anna Rennie	NC	67.5kg	63.3	20	95	97.5	100	57.5	60	-62.5	130	135	-137.5	295	316.362	
75kg Open																	
1	Emma Sowers	VA	75kg	72.0	19	102.5	112.5	-117.5	62.5	67.5	72.5	145	157.5	-162.5	342.5	340.992	
82.5kg Open																	
1	Jaclyn Saldana	VA	82.5kg	81.7	22	152.5	161	170	70	-75	75	147.5	-160	162.5	407.5	380.007	
90kg Open																	
1	Tineshia Neill-Barnes	VA	90kg	85.2	38	125	130	140	85	90	-97.5	137.5	142.5	150	380	347.328	
DQ	Ashley Dummitt	WV	90kg	87.5	23	-140	-140	-----	-70	-----	-----	-----	-----	-----	0	0	
Women Raw Powerlifting		Submaster															
67.5kg Submaster																	
1	Hollis Smith	VA	67.5kg	65.0	36	80	90	95	50	55	-57.5	105	115	125	275	290.256	

USPA Tested Iron Built Holiday Havoc 2 November 23, 2024 Ashland, Virginia

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Submaster																
1	Tineshia Neill-Barnes	VA	90kg	85.2	38	125	130	140	85	90	-97.5	137.5	142.5	150	380	347.328	
	110+ Submaster																
1	Sarah Galderise	VA	110+	110.9	39	-62.5	62.5	100	52.5	60	62.5	62.5	100	142.5	305	250.73	
	Women Raw Powerlifting			Master													
	60kg Master 55-59																
1	Alison Combes	VA	60kg	58.6	55	-67.5	67.5	80	-52.5	57.5	60	90	97.5	110	250	281.332	344.632
	67.5kg Master 40-44																
1	Roxanne Rivas	MD	67.5kg	66.9	42	107.5	-116	117.5	62.5	-71	-71	125	135	-142.5	315	326.891	333.428
	100kg Master 40-44																
1	Kristin Friscia	MD	100kg	92.5	43	60	-70	-75	40	45	-47.5	85	90	95	200	176.193	181.655
	Men Raw Powerlifting			Junior													
	52kg Jr 18-19																
1	George Seay	VA	52kg	50.9	18	85	90	-100	52.5	57.5	62.5	95	102.5	115	267.5	261.509	
	67.5kg Jr 20-23																
1	Cody White	VA	67.5kg	66.7	20	145	152.5	-160	75	82.5	87.5	175	185	190	430	334.308	
	75kg Jr 16-17																
1	Connor Haas	VA	75kg	73.7	17	212.5	220	-228	105	115	-117.5	200	215	-223	550	399.062	
2	John Due	VA	75kg	71.8	17	-115	115	-122.5	70	80	-87.5	-147.5	147.5	172.5	367.5	271.303	
	75kg Jr 20-23																
1	Lee Rmah	NC	75kg	71.3	23	162.5	177.5	182.5	117.5	122.5	127.5	200	215	-----	525	389.41	
	90kg Jr 20-23																
DQ	Marc Timmons	VA	90kg	85.9	21	175	182.5	-190	-127.5	-127.5	-127.5	225	235	250	0	0	
	110kg Jr 20-23																
1	Zachary Richardson	VA	110kg	104.9	22	257.5	275	-282.5	145	-155	-155	270	292.5	300	720	434.396	
	125kg Jr 20-23																
1	Logan Gardner	VA	125kg	118.8	21	175	182.5	190	115	-122.5	122.5	210	-220	222.5	535	308.291	

USPA Tested Iron Built Holiday Havoc 2 November 23, 2024 Ashland, Virginia

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140kg Jr 16-17																
1	Liam D'Amato	VA	140kg	131.8	17	192.5	-212.5	-215	120	137.5	-145	225	237.5	242.5	572.5	319.25	
	<b>Men Raw Powerlifting</b>		<b>Open</b>														
	52kg Open																
1	George Seay	VA	52kg	50.9	18	85	90	-100	52.5	57.5	62.5	95	102.5	115	267.5	261.509	
	82.5kg Open																
1	Ronald Cochran Jr	VA	82.5kg	81.0	44	110	130	137.5	125	142.5	147.5	165	187.5	195	480	328.587	342.716
	90kg Open																
1	Quin Hahn Armstrong	VA	90kg	89.0	28	220	245	-252.5	135	140	-145	270	275	280	665	432.434	
2	Kevin Stiff	VA	90kg	87.5	24	180	195	202.5	107.5	-125	-125	227.5	245	-260	555	364.092	
	100kg Open																
1	Michael Paul	VA	100kg	96.4	39	217.5	225	232.5	137.5	142.5	147.5	242.5	250	257.5	637.5	398.842	
2	Taylor Mccall	VA	100kg	90.9	33	195	205	217.5	132.5	137.5	-142.5	202.5	212.5	230	585	376.384	
	110kg Open																
1	Benjamin Mlo	NC	110kg	103.6	27	-207.5	207.5	212.5	125	132.5	140	200	215	232.5	585	354.744	
	140+ Open																
1	Gregory Wolf	VA	140+	150.3	28	-180	-182.5	182.5	170	182.5	-187.5	215	237.5	255	620	333.233	
	<b>Men Raw Powerlifting</b>		<b>Submaster</b>														
	100kg Submaster																
1	Michael Paul	VA	100kg	96.4	39	217.5	225	232.5	137.5	142.5	147.5	242.5	250	257.5	637.5	398.842	
	140+ Submaster																
1	David Henning	VA	140+	141.2	37	152.5	167.5	182.5	90	102.5	-107.5	165	175	182.5	467.5	255.588	
	<b>Men Raw Powerlifting</b>		<b>Master</b>														
	75kg Master 50-54																
1	Michael Fulwood	VA	75kg	73.7	50	160	165	-170	115	120	-125	192.5	197.5	-202.5	482.5	350.087	395.598
	82.5kg Master 40-44																
1	Ronald Cochran Jr	VA	82.5kg	81.0	44	110	130	137.5	125	142.5	147.5	165	187.5	195	480	328.587	342.716
2	Jonathan Friscia	MD	82.5kg	80.9	42	-115	115	125	80	-87.5	-87.5	160	170	182.5	387.5	265.456	270.765

USPA Tested Iron Built Holiday Havoc 2 November 23, 2024 Ashland, Virginia

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Master 55-59																
1	Steven Carpenter	VA	110kg	106.2	58	190	202.5	205	150	160	-165	230	235	240	605	363.22	468.917
	110kg Master 65-69																
1	John Leonard	VA	110kg	103.7	66	142.5	155	165	90	97.5	102.5	170	185	195	462.5	280.349	423.607
	125kg Master 40-44																
1	Jesse Rivas	MD	125kg	124.9	42	-215	220	-230	175	187.5	195	247.5	262.5	276	691	391.728	399.562
	Men Classic Raw Powerlifting			Open													
	110kg Open																
1	Taylor Bennett	VA	110kg	107.6	32	-235	237.5	252.5	180	182.5	187.5	275	302.5	-317.5	742.5	443.485	
	Men Raw Bench Only			Master													
	125kg Master 65-69																
1	Bill Parks	MD	125kg	120.7	67				90	97.5	102.5				102.5	58.753	90.656
	Women Raw Deadlift Only			Junior													
	67.5kg Jr 20-23																
1	Mary Grace	VA	67.5kg	66.2	20							92.5	95	-97.5	95	99.193	
	110+ Jr 18-19																
1	Austin Link	VA	110+	132.3	19							170	177.5	-182.5	177.5	139.067	
	Women Raw Deadlift Only			Master													
	82.5kg Master 60-64																
1	Isobel Parks	MD	82.5kg	81.6	64							85	95	102.5	102.5	95.642	138.681
	Men Raw Deadlift Only			Junior													
	90kg Jr 20-23																
1	Marc Timmons	VA	90kg	85.9	21							225	235	250	250	165.618	
	Men Raw Push-Pull			Junior													
	52kg Jr 18-19																
1	George Seay	VA	52kg	50.9	18				52.5	57.5	62.5	95	102.5	115	177.5	173.525	
	Men Raw Push-Pull			Open													
	52kg Open																
1	George Seay	VA	52kg	50.9	18				52.5	57.5	62.5	95	102.5	115	177.5	173.525	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Zachary Richardson		Raw	PL	Jr	Men							National					
Maison Callaway		Raw	PL	Open	Women												
Quin Hahn Armstrong		Raw	PL	Open	Men												
Steven Carpenter		Raw	PL	Master	Men												
Meet Director:		Tricia Emrich															
Referees																	
International:		Gary Emrich and Tricia Emrich															
National:		Julia Sweet and Carina Mone															
State:		Mary Gregory															
Spotter/Loaders:		Iron Built Team															
Tested Lifters:		Taylor Bennett, Zachary Richardson, Maison Callaway															