

|                        | Name              | State  | Class  | Weight | Age | SQ1   | SQ2              | SQ3               | BP1  | BP2              | BP3               | DL1            | DL2               | DL3               | Total Kg | Dots Total | McC Total |
|------------------------|-------------------|--------|--------|--------|-----|-------|------------------|-------------------|------|------------------|-------------------|----------------|-------------------|-------------------|----------|------------|-----------|
| Women Raw Powerlifting |                   | Junior |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
|                        | 67.5kg Jr 16-17   |        |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
| 1                      | Clara Hickman     | WA     | 67.5kg | 65.8   | 17  | 130   | 140.0            | 145.5<br>(147.5)  | 50   | 57.5             | 60.5              | 127.5          | 140.0             | 150.0             | 356      | 373.04     |           |
|                        | 75kg Jr 13-15     |        |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
| 1                      | Olivia Roberts    | WA     | 75kg   | 71.2   | 13  | 82.5  | 92.5             | 102.5             | 50   | 57.5             | 60.0              | 97.5           | 107.5             | 120.0             | 282.5    | 282.99     |           |
| Women Raw Powerlifting |                   | Open   |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
|                        | 48kg Open         |        |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
| 1                      | Mymy Nguyen       | WA     | 48kg   | 47.3   | 29  | 95    | 105.0            | <del>-112.5</del> | 50   | 55.0             | <del>-60.0</del>  | 135            | 142.5             | 150.0             | 310      | 404.372    |           |
|                        | 56kg Open         |        |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
| 1                      | Vanessa Shelton   | WA     | 56kg   | 55.3   | 26  | 110   | 117.5            | 122.5             | 62.5 | 70.0             | <del>-75.0</del>  | 130            | 142.5             | 150.0             | 342.5    | 400.333    |           |
|                        | 60kg Open         |        |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
| 1                      | Meghan Chico      | WA     | 60kg   | 59.8   | 29  | 107.5 | 122.5            | <del>-127.5</del> | 57.5 | 65.0             | 70.0              | 110            | 127.5             | <del>-140.0</del> | 320      | 355.484    |           |
|                        | 67.5kg Open       |        |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
| 1                      | Danielle Garrod   | WA     | 67.5kg | 65.4   | 26  | 157.5 | 167.5            | 175.5             | 85   | <del>-90.0</del> | 90.0              | 165            | 177.5             | 185.0             | 450.5    | 473.765    |           |
| 2                      | Monique Brady     | WA     | 67.5kg | 66.2   | 26  | 115   | 122.5            | 130.0             | 50   | 55.0             | <del>-60.0</del>  | 137.5          | 145.0             | 160.0             | 345      | 360.228    |           |
|                        | 75kg Open         |        |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
| 1                      | Ellen Smith       | WA     | 75kg   | 70.7   | 30  | 150   | 160.0            | <del>-162.5</del> | 100  | 105.0            | <del>-110.0</del> | 170            | 180.0             | 182.5             | 447.5    | 450.031    |           |
| 2                      | Emily Black       | WA     | 75kg   | 73.9   | 29  | 112.5 | 122.5            | 127.5             | 57.5 | 62.5             | 65.0              | 130            | 140.0             | 145.0             | 337.5    | 331.31     |           |
| Women Raw Powerlifting |                   | Master |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
|                        | 56kg Master 50-54 |        |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
| 1                      | Thanhngoc Nguyen  | WA     | 56kg   | 54.2   | 52  | 105   | 115.0            | <del>-120.0</del> | 65   | <del>-72.5</del> | 72.5              | 162.5          | <del>-175.0</del> | <del>-175.0</del> | 350      | 414.662    | 483.081   |
|                        | 60kg Master 40-44 |        |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
| 1                      | Yingying Yu       | WA     | 60kg   | 57.1   | 40  | 77.5  | <del>-85.0</del> | <del>-85.0</del>  | 47.5 | 50.0             | 52.5              | <del>-80</del> | 87.5              | <del>-90.0</del>  | 217.5    | 248.903    | 248.903   |
|                        | 75kg Master 65-69 |        |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
| 1                      | Jane Judson       | WA     | 75kg   | 68.3   | 68  | 70    | 80.0             | <del>-85.0</del>  | 27.5 | 30.0             | <del>-32.5</del>  | 92.5           | 100.0             | 107.5<br>(112.5)  | 217.5    | 223.031    | 351.497   |
| Men Raw Powerlifting   |                   | Junior |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
|                        | 56kg Jr 13-15     |        |        |        |     |       |                  |                   |      |                  |                   |                |                   |                   |          |            |           |
| 1                      | Sreeansh Kokkonda | WA     | 56kg   | 54.8   | 14  | 50    | 60.0             | 65.0              | 45   | 52.5             | <del>-55.0</del>  | 127.5          | 132.5             | <del>-137.5</del> | 250      | 228.122    |           |

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|    | Name                 | State | Class  | Weight | Age | SQ1             | SQ2               | SQ3               | BP1   | BP2               | BP3               | DL1            | DL2               | DL3               | Total Kg | Dots Total | McC Total |
|----|----------------------|-------|--------|--------|-----|-----------------|-------------------|-------------------|-------|-------------------|-------------------|----------------|-------------------|-------------------|----------|------------|-----------|
|    | 75kg Jr 20-23        |       |        |        |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
| 1  | Skylar Rivera        | WA    | 75kg   | 74     | 20  | 175             | 177.5             | <del>-182.5</del> | 95    | 100.0             | 105.0             | 185            | 190               | <del>-192.5</del> | 472.5    | 341.926    |           |
|    | 82.5kg Jr 20-23      |       |        |        |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
| 1  | Bryce Christianson   | WA    | 82.5kg | 82     | 22  | 192.5           | 207.5             | <del>-212.5</del> | 140   | 145.0             | <del>-147.5</del> | 250            | 265               | <del>-272.5</del> | 617.5    | 419.738    |           |
|    | 90kg Jr 20-23        |       |        |        |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
| 1  | Orin Ching           | WA    | 90kg   | 87.9   | 23  | 257.5           | 275.0             | 285.0             | 152.5 | 162.5             | 170.0             | 260            | <del>-287.5</del> | <del>---</del>    | 715      | 467.94     |           |
| 2  | Nathan Eller         | WA    | 90kg   | 88.3   | 22  | 150             | 160.0             | 165.0             | 110   | 115.0             | 120.0             | 200            | 215.0             | 225.0             | 510      | 332.991    |           |
|    | 100kg Jr 20-23       |       |        |        |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
| 1  | Alex Ting            | WA    | 100kg  | 98.6   | 20  | 167.5           | 182.5             | 200.0             | 130   | 140.0             | <del>-142.5</del> | 182.5          | 200               | 212.5             | 552.5    | 342.176    |           |
|    | 125kg Jr 20-23       |       |        |        |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
| 1  | Derek Ryden          | WA    | 125kg  | 121.4  | 23  | <del>-265</del> | 265.0             | 280.0             | 180   | <del>-192.5</del> | <del>-192.5</del> | 285            | 310               | 320               | 780      | 446.245    |           |
|    | 140kg Jr 13-15       |       |        |        |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
| 1  | Calvin Middendorf    | WA    | 140kg  | 132.6  | 15  | 185             | 195.0             | 207.5             | 107.5 | <del>-117.5</del> | <del>-117.5</del> | 202.5          | 217.5             | 230               | 545      | 303.371    |           |
|    | Men Raw Powerlifting |       |        | Open   |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
|    | 56kg Open            |       |        |        |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
| 1  | Sreeansh Kokkonda    | WA    | 56kg   | 54.8   | 14  | 50              | 60.0              | 65.0              | 45    | 52.5              | <del>-55.0</del>  | 127.5          | 132.5             | <del>-137.5</del> | 250      | 228.122    |           |
|    | 75kg Open            |       |        |        |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
| 1  | Henry Tao            | WA    | 75kg   | 74.1   | 30  | 155             | 165.0             | 170.0             | 95    | 105.0             | 107.5             | 192.5          | 205               | 212.5             | 490      | 354.279    |           |
|    | 82.5kg Open          |       |        |        |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
| 1  | Victor Amupitan      | WA    | 82.5kg | 82.1   | 27  | 220             | <del>-227.5</del> | 227.5             | 152.5 | 157.5             | 160.0             | 232.5          | 242.5             | 252.5             | 640      | 434.73     |           |
| 2  | Bryce Christianson   | WA    | 82.5kg | 82     | 22  | 192.5           | 207.5             | <del>-212.5</del> | 140   | 145.0             | <del>-147.5</del> | 250            | 265               | <del>-272.5</del> | 617.5    | 419.738    |           |
|    | 90kg Open            |       |        |        |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
| 1  | Orin Ching           | WA    | 90kg   | 87.9   | 23  | 257.5           | 275.0             | 285.0             | 152.5 | 162.5             | 170.0             | 260            | <del>-287.5</del> | <del>---</del>    | 715      | 467.94     |           |
| 2  | Kaiden King          | WA    | 90kg   | 89.1   | 25  | 132.5           | 135.0             | 140.0             | 100   | <del>-110.0</del> | <del>-110.0</del> | 175            | 190.0             | 200.0             | 440      | 285.958    |           |
|    | 100kg Open           |       |        |        |     |                 |                   |                   |       |                   |                   |                |                   |                   |          |            |           |
| 1  | Isaiah Eller         | AL    | 100kg  | 97.1   | 24  | 210             | 220.0             | <del>-227.5</del> | 140   | 147.5             | <del>-155.0</del> | 240            | 260               | 272.5             | 640      | 399.092    |           |
| 2  | Alex Ting            | WA    | 100kg  | 98.6   | 20  | 167.5           | 182.5             | 200.0             | 130   | 140.0             | <del>-142.5</del> | 182.5          | 200               | 212.5             | 552.5    | 342.176    |           |
| DQ | Sean Mccarthy        | WA    | 100kg  | 96.5   | 32  | 115             | 127.5             | 137.5             | 120   | <del>-130.0</del> | <del>-130.0</del> | <del>---</del> | <del>---</del>    | <del>---</del>    | 0        | 0          |           |

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|------------------------------------------|-------------------------------|-------|--------|-----------|-----|------------------|------------------|------------------|----------------|-----------------|------------------|----------------|------------------|------------------|----------|------------|-----------|
|                                          | Name                          | State | Class  | Weight    | Age | SQ1              | SQ2              | SQ3              | BP1            | BP2             | BP3              | DL1            | DL2              | DL3              | Total Kg | Dots Total | McC Total |
|                                          | 110kg Open                    |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Ryan Nelson                   | WA    | 110kg  | 108       | 31  | 260              | 270.0            | 275.0            | 190.0          | 203.5           | 210.0            | 260            | 270              | 275              | 760      | 453.285    |           |
|                                          |                               |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | Men Raw Powerlifting          |       |        | Submaster |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | 125kg Submaster               |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Casseean Eccles               | WA    | 125kg  | 114       | 37  | 245              | 260.0            | 270.0            | 160            | 170.0           | <del>180.0</del> | 270            | 285              | <del>300</del>   | 725      | 423.804    |           |
|                                          |                               |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | Men Raw Powerlifting          |       |        | Master    |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | 75kg Master 70-74             |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Howard Taub                   | WA    | 75kg   | 73.5      | 71  | <del>65</del>    | 77.5             | 80.0             | 57.5           | 67.5            | <del>---</del>   | 110            | 117.5            | 120.0            | 267.5    | 194.435    | 326.844   |
|                                          |                               |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  | (122.5)          |          |            |           |
|                                          | 82.5kg Master 40-44           |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Chris Tokunaga                | WA    | 82.5kg | 80.6      | 40  | 180              | 190.0            | 195.0            | 125            | 130.0           | 132.5            | 230            | 240              | 250              | 577.5    | 396.471    | 396.471   |
| 2                                        | Joseph Scheid                 | WA    | 82.5kg | 81.3      | 40  | 135              | <del>147.5</del> | 147.5            | 92.5           | 97.5            | <del>100.0</del> | 180            | <del>190.0</del> | 200.0            | 445      | 303.976    | 303.976   |
|                                          |                               |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | 82.5kg Master 45-49           |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Michael Marr                  | WA    | 82.5kg | 81.8      | 45  | 120              | 132.5            | 142.5            | 92.5           | 95.0            | 100.0            | 147.5          | <del>170.0</del> | <del>182.5</del> | 390      | 265.468    | 280.069   |
|                                          |                               |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | 82.5kg Master 80+             |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Bill Cecil                    | WA    | 82.5kg | 78.1      | 81  | 82.5             | <del>85.0</del>  | 85.0             | 40             | <del>45.0</del> | 45.0             | 112.5          | <del>140.5</del> | <del>140.5</del> | 242.5    | 169.638    | 355.562   |
|                                          |                               |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | 90kg Master 55-59             |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Dennis Mikes                  | WA    | 90kg   | 87.6      | 57  | 175              | 188.0            | 190.0            | 142.5          | 152.5           | <del>155.0</del> | 182.5          | 207.5            | <del>210</del>   | 550      | 360.596    | 457.236   |
|                                          |                               |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | 100kg Master 45-49            |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Richard Keeler                | WA    | 100kg  | 97.6      | 49  | 147.5            | 157.5            | 167.5            | 110            | 117.5           | <del>125.0</del> | 190            | 207.5            | 217.5            | 502.5    | 312.626    | 347.952   |
|                                          |                               |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | 100kg Master 60-64            |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Mark McAferty                 | WA    | 100kg  | 98.6      | 60  | <del>182.5</del> | 182.5            | <del>195.0</del> | 142.5          | 150.0           | <del>152.5</del> | <del>230</del> | 230              | 250              | 582.5    | 360.756    | 483.413   |
|                                          |                               |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | 125kg Master 65-69            |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Greg Riggs                    | WA    | 125kg  | 113.3     | 69  | 87.5             | 95.0             | 100.0            | 82.5           | 87.5            | 92.5             | 137.5          | 150.0            | 155.0            | 347.5    | 203.584    | 327.769   |
|                                          |                               |       |        |           |     |                  |                  | (102.5)          |                |                 |                  |                |                  | (160.0)          |          |            |           |
|                                          | 140+ Master 40-44             |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Byron Thomas                  | WA    | 140+   | 157.1     | 43  | 190              | <del>200.0</del> | 200.0            | <del>150</del> | 160.0           | <del>172.5</del> | 245            | 265              | 272.5            | 632.5    | 335.981    | 346.397   |
|                                          |                               |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | Women Single Ply Powerlifting |       |        | Open      |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
|                                          | 110kg Open                    |       |        |           |     |                  |                  |                  |                |                 |                  |                |                  |                  |          |            |           |
| 1                                        | Andrea Page                   | WA    | 110kg  | 107.3     | 47  | 205              | 215.0            | <del>---</del>   | <del>125</del> | 125.0           | <del>132.5</del> | 175            | 182.5            | <del>192.5</del> | 522.5    | 434.398    | 470.019   |

|   | Name                          | State | Class  | Weight | Age | SQ1 | SQ2   | SQ3               | BP1             | BP2               | BP3               | DL1 | DL2   | DL3               | Total Kg | Dots Total | McC Total |
|---|-------------------------------|-------|--------|--------|-----|-----|-------|-------------------|-----------------|-------------------|-------------------|-----|-------|-------------------|----------|------------|-----------|
|   | Women Single Ply Powerlifting |       |        | Master |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
|   | 52kg Master 65-69             |       |        |        |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
| 1 | Cindy Goodrich                | WA    | 52kg   | 50.1   | 67  | 100 | 105.0 | <del>-115.0</del> | 65              | <del>-70.0</del>  | 70.0              | 105 | 120.0 | <del>-122.5</del> | 295      | 369.112    | 569.541   |
|   | 110kg Master 45-49            |       |        |        |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
| 1 | Andrea Page                   | WA    | 110kg  | 107.3  | 47  | 205 | 215.0 | <del>-225.0</del> | <del>-125</del> | 125.0             | <del>-132.5</del> | 175 | 182.5 | <del>-192.5</del> | 522.5    | 434.398    | 470.019   |
|   | Women Raw Bench Only          |       |        | Open   |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
|   | 48kg Open                     |       |        |        |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
| 1 | Mymy Nguyen                   | WA    | 48kg   | 47.3   | 29  |     |       |                   | 50              | 55.0              | <del>-60.0</del>  |     |       |                   | 55       | 71.743     |           |
|   | 75kg Open                     |       |        |        |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
| 1 | Ellen Smith                   | WA    | 75kg   | 70.7   | 30  |     |       |                   | 100             | 105.0             | <del>-110.0</del> |     |       |                   | 105      | 105.594    |           |
|   | Men Raw Bench Only            |       |        | Junior |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
|   | 56kg Jr 13-15                 |       |        |        |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
| 1 | Sreeansh Kokkonda             | WA    | 56kg   | 54.8   | 14  |     |       |                   | 45              | 52.5              | <del>-55.0</del>  |     |       |                   | 52.5     | 47.906     |           |
|   | 82.5kg Jr 18-19               |       |        |        |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
| 1 | Aedan Scharf                  | WA    | 82.5kg | 80.4   | 18  |     |       |                   | 110             | <del>-122.5</del> | <del>-122.5</del> |     |       |                   | 110      | 75.628     |           |
|   | 90kg Jr 20-23                 |       |        |        |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
| 1 | Orin Ching                    | WA    | 90kg   | 87.9   | 23  |     |       |                   | 152.5           | 162.5             | 170.0             |     |       |                   | 170      | 111.259    |           |
|   | Men Raw Bench Only            |       |        | Open   |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
|   | 56kg Open                     |       |        |        |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
| 1 | Sreeansh Kokkonda             | WA    | 56kg   | 54.8   | 14  |     |       |                   | 45              | 52.5              | <del>-55.0</del>  |     |       |                   | 52.5     | 47.906     |           |
|   | 90kg Open                     |       |        |        |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
| 1 | Orin Ching                    | WA    | 90kg   | 87.9   | 23  |     |       |                   | 152.5           | 162.5             | 170.0             |     |       |                   | 170      | 111.259    |           |
|   | Men Raw Bench Only            |       |        | Master |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
|   | 90kg Master 40-44             |       |        |        |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
| 1 | Jon Hobson                    | WA    | 90kg   | 88.3   | 43  |     |       |                   | 105             | <del>-110.0</del> | <del>-110.0</del> |     |       |                   | 105      | 68.557     | 70.682    |
|   | Women Raw Deadlift Only       |       |        | Open   |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
|   | 48kg Open                     |       |        |        |     |     |       |                   |                 |                   |                   |     |       |                   |          |            |           |
| 1 | Mymy Nguyen                   | WA    | 48kg   | 47.3   | 29  |     |       |                   |                 |                   |                   | 135 | 142.5 | 150.0             | 150      | 195.664    |           |

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| 2024 USAPL National Championships |                       |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|-----------------------------------|-----------------------|--|------------------------------------------------------------------------|--------|--------|-------|-----|-----|-----|-----|-----|-----|--------------------|-------|--------|----------|------------|-----------|
| Name                              |                       |  | State                                                                  | Class  | Weight | Age   | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1                | DL2   | DL3    | Total Kg | Dots Total | McC Total |
|                                   | Men Raw Deadlift Only |  |                                                                        |        | Junior |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | 56kg Jr 13-15         |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
| 1                                 | Sreeansh Kokkonda     |  | WA                                                                     | 56kg   | 54.8   | 14    |     |     |     |     |     |     | 127.5              | 132.5 | -137.5 | 132.5    | 120.904    |           |
|                                   |                       |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | Men Raw Deadlift Only |  |                                                                        |        | Open   |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | 56kg Open             |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
| 1                                 | Sreeansh Kokkonda     |  | WA                                                                     | 56kg   | 54.8   | 14    |     |     |     |     |     |     | 127.5              | 132.5 | -137.5 | 132.5    | 120.904    |           |
|                                   |                       |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | Men Raw Deadlift Only |  |                                                                        |        | Master |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | 90kg Master 40-44     |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
| 1                                 | Jon Hobson            |  | WA                                                                     | 90kg   | 88.3   | 43    |     |     |     |     |     |     | 160                | 165   | 172.5  | 172.5    | 112.629    | 116.121   |
|                                   |                       |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | Best Lifters          |  |                                                                        |        |        |       |     |     |     |     |     |     | Record Color Codes |       |        |          |            |           |
|                                   | Name                  |  | Equip                                                                  | Events | Comp   | Sex   |     |     |     |     |     |     | State              |       |        |          |            |           |
|                                   | Orin Ching            |  | Raw                                                                    | PL     | Jr     | Men   |     |     |     |     |     |     | National           |       |        |          |            |           |
|                                   | Danielle Garrod       |  | Raw                                                                    | PL     | Open   | Women |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | Orin Ching            |  | Raw                                                                    | PL     | Open   | Men   |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | Mark McAferty         |  | Raw                                                                    | PL     | Master | Men   |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   |                       |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | Meet Director:        |  | Zach Miller                                                            |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   |                       |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | Referees              |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | International:        |  | Zach Miller                                                            |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | National:             |  | Kristine McMahon, Lauren Plooster, Raymond Damasco                     |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | State:                |  | April Blais, Jonathan Blais, Audrey Hsu                                |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | Practical:            |  | Alexa Dimaano                                                          |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   |                       |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | Spotter/Loaders:      |  | The community members of DOP Strength Gym and Lake Washington CrossFit |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   |                       |  |                                                                        |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |
|                                   | Tested Lifters:       |  | Danielle Garrod, Ellen Smith, Orin Ching, Ryan Nelson                  |        |        |       |     |     |     |     |     |     |                    |       |        |          |            |           |