

USPA 5th Annual Raleigh Ruckus January 4th, 2020 Raleigh, NC

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	75kg Jr 20-23																
1	Sarah Ulrich	NC	75kg	73.1	20	100	107.5	112.5	70	70	78	135	140	150.5	317.5	306.8	
	90kg Jr 20-23																
1	Elizabeth Aimone	NC	90kg	89.3	23	145	152.5	160	70	75.0	80.0	152.5	165	172.5	407.5	353.262	
	52kg Open																
1	Sara Snotherly	NC	52kg	49.8	24	95	97.5	100	47.5	52.5	55.0	92.5	97.5	102.5	255	328.568	
	56kg Open																
1	Tessa Gaughan	NC	56kg	55.5	34	102.5	105	110	60	62.5	67.5	112.5	117.5	122.5	300	355.47	
2	Lexus Vallykeo	NC	56kg	54.5	24	75	85	85	50	55.0	60	107.5	117.5	125	255	306.485	
3	Meghan Belfield	NC	56kg	55.2	27	57.5	62.5	67.5	30	35.0	37.5	72.5	82.5	90	187.5	223.125	
	60kg Open																
1	Ashley Moe	NC	60kg	57.2	24	112.5	137.5	147.5	60	65.0	70.0	157.5	172.5	185	390	451.308	
	67.5kg Open																
1	Brenda Hanrahan	NC	67.5kg	65.4	30	145	150	157.5	95	100	107.5	160	170	180	430	449.092	
2	Robyn Jeffrey	NC	67.5kg	64.2	24	130	140	145	70	75	77.5	160	170	180	375	397.05	
3	Kelsey Mischke	NC	67.5kg	61.8	26	127.5	135	135	60	62.5	65	152.5	160	167.5	360	392.328	
4	Laura Anderson	NC	67.5kg	64.9	33	85	90	95	60	62.5	65	175	182.5	192.5	347.5	364.979	
5	Paige Dixon	NC	67.5kg	66.7	27	102.5	110	120	62.5	67.5	70	137.5	150	160	330	339.702	
6	Haley Manley	NC	67.5kg	66.2	35	90	97.5	105	62.5	67.5	72.5	120	130	137.5	310	320.881	
7	Chelsea Schuman	NC	67.5kg	64.1	26	85	92.5	105	50	55	65	110	120	127.5	287.5	304.779	
8	Angelica Roman	NC	67.5kg	66.5	32	92.5	100	105	50	52.5	60	102.5	107.5	112.5	270	278.559	
9	Monique Gareau	NC	67.5kg	64.3	29	90	100	102.5	42.5	50.0	50	100	107.5	112.5	257.5	272.332	
	75kg Open																
1	Shelby Woodbury	NC	75kg	72.2	26	102.5	107.5	110	62.5	67.5	70	125	132.5	140	315	306.873	
2	Jessica Rossway	NC	75kg	70.8	36	92.5	95	100	52.5	57.5	60	142.5	147.5	147.5	302.5	298.598	
3	Sarah Stewart	NC	75kg	74.1	30	82.5	92.5	100	55	60	65	120	132.5	140	300	287.37	
4	Olivia Arias	NC	75kg	71.8	29	77.5	87.5	97.5	57.5	65	72.5	92.5	102.5	117.5	287.5	281.146	
5	Brittany Trama	NC	75kg	71.2	32	57.5	70	80	47.5	55	60	75	90	102.5	227.5	223.724	
	82.5kg Open																
1	Casey Garland	NC	82.5kg	79.2	31	162.5	172.5	177.5	92.5	97.5	100	195	210	220	480	441.696	
2	Elizabeth Aldridge	GA	82.5kg	79.4	29	147.5	160	180	77.5	82.5	90	147.5	162.5	175	425	390.533	
3	Erin Walklet	NC	82.5kg	81.7	27	135	145	150	62.5	67.5	70	155	162.5	172.5	392.5	355.056	
	90kg Open																
1	Elizabeth Aimone	NC	90kg	89.3	23	145	152.5	160	70	75.0	80.0	152.5	165	172.5	407.5	353.262	
2	Dawn Henderson	NC	90kg	86	28	105	110	112.5	65	70.0	72.5	150	162.5	172.5	355	312.968	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	SHW Open																
1	Monica Wagner	NC	SHW	145.3	32	120.0	125	127.5	75	77.5	77.5	157.5	167.5	177.5	372.5	287.831	
2	Samantha Pierce	NC	SHW	99.1	35	137.5	155	157.5	62.5	65.0	67.5	130	135	140	362.5	302.615	
	67.5kg Submaster																
1	Haley Manley	NC	67.5kg	66.2	35	90	97.5	105	62.5	67.5	72.5	120	130	137.5	310	320.881	
	SHW Submaster																
1	Samantha Pierce	NC	SHW	99.1	35	137.5	155	157.5	62.5	65.0	67.5	130	135	140	362.5	302.615	
	67.5kg Master 40-44																
1	Maria Robbins	NC	67.5kg	66	42	92.5	97.5	105	52.5	57.5	60	112.5	120	125	287.5	298.253	304.218
	67.5kg Master 45-49																
1	Gena Carver	NC	67.5kg	63.8	49	88.5	92.5	100	40	45.0	52.5	102.5	110	115	260	276.588	307.842
	75kg Master 40-44																
DQ	Katie Friedman	NC	75kg	73	42	97.5	---	---	---	---	---	---	---	---	0	0	0
	75kg Master 45-49																
1	Eleanor Hampton	NC	75kg	72.4	46	92.5	105	122.5	45	50	55	110	122.5	132.5	277.5	269.869	288.22
	Men Raw Powerlifting																
	67.5kg Jr 16-17																
1	Maxwell Sims	NC	67.5kg	64	16	125	130	137.5	60	67.5	75	130	137.5	145	350	281.995	
	67.5kg Jr 20-23																
1	Andrew Whitehurst	FL	67.5kg	65.9	22	140	152.5	162.5	85	92.5	97.5	177.5	195	207.5	467.5	367.549	
	75kg Jr 18-19																
1	Martin Altman	NC	75kg	74	18	135	140	145	85	90	95	170	177.5	185	415	298.51	
	75kg Jr 20-23																
1	Geoffrey Balshaw	NC	75kg	74.2	21	157.5	167.5	192.5	110	117.5	122.5	167.5	177.5	190	480	344.592	
	82.5kg Jr 16-17																
1	Elijah Robbins	NC	82.5kg	79.4	16	137.5	152.5	165	80	87.5	102.5	182.5	197.5	210.0	462.5	317.275	
	82.5kg Jr 18-19																
1	Michael Donatelli	IL	82.5kg	81.7	19	190	197.5	205	142.5	142.5	150	200	215.0	220.0	567.5	382.438	
	90kg Jr 20-23																
1	Tucker Endersbe	MI	90kg	90	20	180	192.5	200	105	115.0	122.5	220	232.5	245	555	354.312	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	100kg Jr 20-23																
1	Nicholas Honeycutt	NC	100kg	97.4	21	230	235	240	-147.5	155	165	235	242.5	257.5	662.5	407.57	
2	Brandon Johnson	SC	100kg	97.8	23	220	230	237.5	135	-142.5	142.5	260	277.5	295	657.5	403.837	
3	David Luu	NC	100kg	97.4	23	225	240	245	137.5	150	152.5	225	225	250	622.5	382.962	
4	Kyunghun Kim	NC	100kg	97.2	23	157.5	167.5	172.5	125	130	-140	220	230	240	542.5	334.072	
	110kg Jr 18-19																
1	Jayden Freeman	NC	110kg	108.7	18	175	185	-190	142.5	152.5	162.5	142.5	160	182.5	530	313.071	
	110kg Jr 20-23																
1	Austin Burke	NC	110kg	108.5	23	252.5	265	280	175	185	197.5	285	302.5	317.5	795	469.845	
2	Marshal Simons	NC	110kg	107	21	-247.5	255	-262.5	185	195	-207.5	255	265	-272.5	715	424.496	
3	Caleb Simonson	NC	110kg	100.9	21	-220	-222.5	222.5	140	-145	-145	240	247.5	-255	610	369.904	
	125kg Jr 20-23																
1	Jacob Higgins	NY	125kg	116.4	22	230	235	240	175	182.5	187.5	265	272.5	280	707.5	409.784	
2	John Gordon	NC	125kg	113.2	22	230	-240	240	-165	165.0	175.0	245	267.5	272.5	687.5	401.225	
	67.5kg Open																
1	William Smith	NC	67.5kg	66.7	30	150	157.5	167.5	112.5	117.5	125	197.5	207.5	220	512.5	398.981	
2	Andrew Whitehurst	FL	67.5kg	65.9	22	140	152.5	162.5	85	92.5	97.5	177.5	195	207.5	467.5	367.549	
	75kg Open																
1	Daanish Noor	CA	75kg	74.4	24	172.5	182.5	192.5	-125	132.5	-140	182.5	200	217.5	542.5	388.756	
2	Risigan Logendran	NC	75kg	74.2	22	177.5	187.5	195	100	-105	107.5	207.5	220	227.5	530	380.487	
3	Martin Altman	NC	75kg	74	18	135	140	-145	85	90	-95	170	177.5	185	415	298.51	
4	Daniel Panetti	SC	75kg	71.4	27	95	-105	-105	60.0	70	75	125	140	-150	310	228.873	
	82.5kg Open																
1	Robert Axselle	NC	82.5kg	81.8	26	242.5	260	270	165	177.5	-182.5	250	280.0	300.0	747.5	503.367	
2	Brandon Poplin	NC	82.5kg	82.5	29	215	227.5	232.5	132.5	142.5	145	242.5	252.5	262.5	640	428.736	
3	Luis Contreras	NC	82.5kg	81.7	39	200	-210	210	140	145	-150	240	247.5	252.5	607.5	409.394	
4	Tyler DUrso	NC	82.5kg	81.1	24	190	200	210	132.5	140	-150	207.5	217.5	232.5	582.5	394.294	
5	Phillip Kerr	NC	82.5kg	78.7	33	182.5	195	205	-120	130	-135	195	210.0	227.5	562.5	388.069	
6	Davis Russell	NC	82.5kg	80.8	25	180	192.5	205	125	132.5	137.5	190	205.00	220.0	562.5	381.656	
7	Trent Barlett	NC	82.5kg	81.4	26	175	187.5	195	105	112.5	115	215	230.0	240.0	550	371.47	
8	Jacob Kettenbauer	NC	82.5kg	80.3	26	155	165	-172.5	105	112.5	120	225	-237.5	-247.5	510	347.361	
9	Dustin Clancy	KY	82.5kg	81.1	24	152.5	172.5	190	107.5	-125	125	192.5	-200.0	-200.0	507.5	343.527	
10	Peter Franco	NC	82.5kg	81.6	27	137.5	155	165	102.5	110	117.5	175	197.5	210.0	492.5	332.142	
11	Sean Lewis	NC	82.5kg	80.2	26	147.5	172.5	-175	105	120	-122.5	165	175.0	187.5	480	327.168	
12	Harold Dorrell Briscoe	NC	82.5kg	80.9	34	165	180	-182.5	115	125	-127.5	175	-200.0	-200.0	480	325.392	
13	Elijah Robbins	NC	82.5kg	79.4	16	137.5	152.5	165	80	87.5	-102.5	182.5	197.5	210.0	462.5	317.275	
14	Thaddeus Wheeler	NC	82.5kg	80.4	25	145	160	-172.5	92.5	100	-105	185	200.0	-207.5	460	313.076	
15	Trent Trama	NC	82.5kg	78.4	32	92.5	107.5	117.5	60	70	72.5	110	130.0	142.5	332.5	229.957	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	90kg Open																
1	Matthew Poplin	NC	90kg	84.6	27	215	222.5	227.5	132.5	140.0	142.5	247.5	260	267.5	637.5	420.814	
2	Andrew Bohn	NC	90kg	89.1	30	195	202.5	207.5	117.5	125.0	---	195	---	---	522.5	335.288	
3	Alex Dausch	NC	90kg	86.2	21	162.5	172.5	182.5	112.5	120.0	125.0	187.5	202.5	217.5	512.5	334.765	
4	Daniel Benton	NC	90kg	88.6	20	160	175	190	112.5	125.0	125.0	165	175	192.5	495	318.582	
	100kg Open																
1	Brandon Johnson	SC	100kg	97.8	23	220	230	237.5	135	142.5	142.5	260	277.5	295	657.5	403.837	
2	Isaiah Spurgeon	NC	100kg	98.6	24	182.5	190	197.5	142.5	147.5	157.5	205	215	222.5	560	342.776	
3	Justin Rigdon	NC	100kg	99.3	30	160	165	170	82.5	92.5	95	197.5	207.5	210	472.5	288.367	
	110kg Open																
1	Austin Burke	NC	110kg	108.5	23	252.5	265	280	175	185	197.5	285	302.5	317.5	795	469.845	
2	James Deffinbaugh	NC	110kg	109.5	37	260	265	280	170	187.5	200	270	295	312.5	765	450.815	
														4th: 322.5			
3	Randal Hooker	NC	110kg	107.5	46	225	237.5	245	160	165	167.5	260	272.5	277.5	690	409.032	436.846
4	Erik Fredsell	NC	110kg	105.4	32	215	227.5	240	170	182.5	182.5	260	285	---	682.5	407.316	
5	Jonathan McLeod	NC	110kg	107.7	32	125	135	145	85	92.5	100	162.5	177.5	190	427.5	253.251	
6	James Bonilla	NC	110kg	106.8	26	200	215	220	57.5	60	65	125	137.5	---	417.5	248.037	
DQ	Daniel Baggerly	NC	110kg	105.9	28	215	230	232.5	142.5	150	157.5	235	235	---	0	0	
DQ	Alexander Hall	NC	110kg	109	31	145	145	145	---	---	---	---	---	---	0	0	
	125kg Open																
1	Jordan Smith	NC	125kg	122	26	290	307.5	310	180	192.5	200.0	292.5	312.5	332.5	815	466.832	
2	Jacob Higgins	NY	125kg	116.4	22	230	235	240	175	182.5	187.5	265	272.5	280	707.5	409.784	
3	Andy Reyes	NC	125kg	114.3	24	220	227.5	235	175	182.5	182.5	265	275	287.5	697.5	405.945	
4	Derek Harris	VA	125kg	122.6	27	205	217.5	227.5	165	172.5	185.0	240	255	265	665	380.513	
5	Brett Thompson	NC	125kg	121.3	24	185	195	210	175	182.5	182.5	260	270	272.5	655	375.643	
6	Brandon Dunivan	VA	125kg	117.9	27	217.5	230	237.5	130	137.5	145.0	230	237.5	252.5	627.5	362.319	
7	Jack Ward	NC	125kg	122.4	28	147.5	152.5	160	107.5	110.0	115.0	172.5	185	202.5	472.5	270.459	
	140kg Open																
1	Armando Henriquez	VA	140kg	139.7	24	147.5	155	182.5	102.5	112.5	120.0	187.5	200	227.5	495	276.705	
	SHW Open																
1	Michael Brinson	VA	SHW	152	27	332.5	352.5	365	215	230.0	235.0	345	370	380	967.5	534.35	
	100kg Submaster																
1	Dustin Keener	NC	100kg	98.6	38	140	142.5	160	115	125	132.5	175	190	205	490	299.929	
	110kg Submaster																
1	James Deffinbaugh	NC	110kg	109.5	37	260	265	280	170	187.5	200	270	295	312.5	765	450.815	
														4th: 322.5			
	90kg Master 40-44																
1	William Smith	NC	90kg	87.5	43	82.5	87.5	92.5	75	77.5	80.0	120	130	137.5	310	200.849	207.075

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	110kg Master 45-49																
1	Randal Hooker	NC	110kg	107.5	46	225	237.5	245	160	165	167.5	260	272.5	277.5	690	409.032	436.846
2	Douglas Utton	NC	110kg	105.9	48	165	182.5	187.5	107.5	112.5	115	167.5	185	205	507.5	302.369	331.698
	125kg Master 40-44																
1	Dwayne Landon	VA	125kg	118.1	43	142.5	152.5	152.5	100	105.0	112.5	177.5	187.5	195	452.5	261.138	269.233
Women Classic Raw Powerlifting																	
	60kg Jr 20-23																
1	April Purvis	NC	60kg	60	23	160	170	177.5	77.5	77.5	82.5	160	172.5	182.5	430	479.407	
	60kg Open																
1	April Purvis	NC	60kg	60	23	160	170	177.5	77.5	77.5	82.5	160	172.5	182.5	430	479.407	
	67.5kg Open																
1	Jessica Ferris	NC	67.5kg	66.7	33	165	180	187.5	85	90	97.5	170	182.5	192.5	470	483.818	
	82.5kg Open																
1	Hannah Diggs	NC	82.5kg	75.5	29	102.5	130	135	65	72.5	80	137.5	150	165	367.5	347.912	
	90kg Open																
1	Kelley Spohrer	NC	90kg	87.7	38	177.5	190	200	92.5	97.5	100.5	102.5	197.5	213	513.5	448.645	
	SHW Open																
1	Claire Steger	VA	SHW	108.6	20	135	145	157.5	65	72.5	80.0	127.5	140	147.5	372.5	303.699	
	90kg Submaster																
1	Kelley Spohrer	NC	90kg	87.7	38	177.5	190	200	92.5	97.5	100.5	102.5	197.5	213	513.5	448.645	
Men Classic Raw Powerlifting																	
	140kg Jr 20-23																
1	Jake Schopp	NC	140kg	125.7	21	222.5	227.5	235.0	132.5	140.0	142.5	235	245	255	632.5	360.019	
	67.5kg Open																
1	Jake Weaver	SC	67.5kg	64.7	23	175	190	205	115	122.5	127.5	200	217.5	227.5	555	443.057	
	75kg Open																
1	Harrison Conner	NC	75kg	73.7	21	222.5	225	245	125	137.5	137.5	225	257.5	265	627.5	452.679	
	82.5kg Open																
1	Corey Crook	NC	82.5kg	81.7	27	250	255	260	130	137.5	150	250	267.5	277.5	637.5	429.611	
	90kg Open																
1	Delmore Adams	NC	90kg	89.5	33	192.5	192.5	192.5	132.5	155.0	170.0	247.5	260	260	607.5	388.922	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	100kg Open																
1	Tyler Scaggs	NC	100kg	95.4	25	247.5	260	272.5	150	160	167.5	245	260	272.5	680	422.212	
2	Kyle Padgett	SC	100kg	99.9	31	217.5	222.5	230	157.5	167.5	172.5	260	272.5	280	670	407.896	
3	Tyler Jackson	OH	100kg	91	24	210	220	230	125	130	135	195	205	212.5	557.5	353.957	
4	Rick Macafee	NC	100kg	99.2	32	170	185	190	125	140	140	205	217.5	227.5	542.5	331.251	
	110kg Open																
1	Reid Clark	IL	110kg	103.5	28	265	282.5	300	165	182.5	192.5	305	320	342.5	807.5	484.985	
	125kg Open																
DQ	Dylan Griggs	OH	125kg	124.6	20	230	240	250	260	270	280	290	300	310	0	0	
	140kg Open																
1	Henry Craig	VA	140kg	129.1	31	310	330.0	350.0	210	222.5	232.5	300	317.5	327.5	910	515.333	
	Men Single Ply Powerlifting																
	110kg Master 45-49																
1	Patrick Overstreet	NC	110kg	108.5	47	140	145	155	140	145	152.5	182.5	195	200	497.5	294.023	318.132
	Women Raw Bench Only																
	48kg Jr 18-19																
1	Elisabeth Del Mastro	NC	48kg	47.8	19				45	50.0	57.5				57.5	76.389	
											4th: 60.0						
	Men Raw Bench Only																
	100kg Open																
1	Karl Sather	NC	100kg	94.4	27				122.5	125	137.5				137.5	85.773	
	110kg Open																
1	Nick Sattelberg	NC	110kg	106.8	31				212.5	220	230				230	136.643	
	140kg Open																
1	Robert Strother	NC	140kg	132.1	25				230	242.5	245.0				242.5	136.77	
2	Omar Barnes	NC	140kg	128.9	39				177.5	197.5	202.5				197.5	111.884	
	140kg Submaster																
1	Omar Barnes	NC	140kg	128.9	39				177.5	197.5	202.5				197.5	111.884	
	90kg Master 40-44																
1	Steve Poythress	NC	90kg	86.3	40				155	165.0	167.5				167.5	109.344	109.344
	100kg Master 45-49																
1	Daryl Beard	NC	100kg	92.2	48				142.5	155	160				160	100.928	110.718
	140kg Master 45-49																
1	Bennie Jones	NC	140kg	136.1	45				245	257.5	257.5				245	137.494	145.056

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Deadlift Only																	
	48kg Jr 18-19																
1	Elisabeth Del Mastro	NC	48kg	47.8	19							97.5	108	110	110	146.135	
	90kg Open																
1	Kelley Spohrer	NC	90kg	87.7	38							192.5	197.5	213	213	186.098	
Women Raw Deadlift Only																	
	90kg Submaster																
1	Kelley Spohrer	NC	90kg	87.7	38							192.5	197.5	213	213	186.098	
Men Raw Deadlift Only																	
	100kg Open																
1	Kyle Padgett	SC	100kg	99.9	31							260	272.5	280	280	170.464	
	110kg Open																
1	James Marshall	GA	110kg	105	42							235	252.5	272.5	272.5	162.846	166.103
	110kg Master 40-44																
1	James Marshall	GA	110kg	105	42							235	252.5	272.5	272.5	162.846	166.103
Best Lifters																	
	Austin Burke	Raw Jr Men PL														Record Color Codes:	
	Ashley Moe	Raw Open Women PL														State	
	Michael Brinson	Raw Open Men PL														National	
	Jessica Ferris	Clraw Open Women PL															
	Henry Craig	Clraw Open Men PL															
Thank you to our referees:																	
	International	Mindy Layne and Nick Tsourounis															
	National	Spencer Flanagan and Pete Broglie															
	State	Lucas Stephens, Chris Nicolai, Melody Simpson, Al Arvey, George Spohrer, Rex Reguindin, Tarra Farnham and Mike Bussman.															
Support Staff:																	
	Spotter/Loaders	Landon Cross, Jess Beaver, Johan Lewis, Don McClure, Charlie Wilson, Miguel Covarrubias, Chase Bright, Patricia King and Mason Salisbury															
	Announcer	George Spohrer and Spencer Flanagan															
	Meet Director:	Johnny Layne															
Sponsors:																	
		Bench Blokz, Intense Attire, Platform Ready, Bent Bar Strength, Metal Empire Productions, Papa Bear Strong Foundation, Intense Prints															