

USPA 3rd Annual Piedmont Power Showcase January 25, 2020 Charlottesville, VA

| | Name | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Wilks Total | McC Total |
|-------------------------------|---------------------|-------|--------|--------|-----|-----------------|------------------|------------------|---------------|-----------------|------------------|-------|----------------|------------------|----------|-------------|-----------|
| Women Raw Powerlifting | | | | | | | | | | | | | | | | | |
| | 60kg Jr 20-23 | | | | | | | | | | | | | | | | |
| 1 | Dayna Collins | VA | 60kg | 58.7 | 23 | 82.5 | 87.5 | 100 | 40 | 47.5 | ----- | 90 | 100 | 110 | 250 | 283.5 | |
| | 48kg Open | | | | | | | | | | | | | | | | |
| 1 | Victoria Gibson | VA | 48kg | 47.1 | 34 | 82.5 | 92.5 | 97.5 | 42.5 | 45 | 50 | 107.5 | 112.5 | 120 | 267.5 | 359.199 | |
| | 60kg Open | | | | | | | | | | | | | | | | |
| 1 | Kaitlyn Kaczka | VA | 60kg | 59.8 | 24 | 100 | 107.5 | 115 | 57.5 | 62.5 | 62.5 | 120 | 125 | 132.5 | 297.5 | 332.546 | |
| 2 | Dorothy Slocum | VA | 60kg | 59.2 | 21 | 90 | 100 | 107.5 | 52.5 | 57.5 | 60 | 115 | 120 | 130 | 285 | 321.081 | |
| 3 | Dayna Collins | VA | 60kg | 58.7 | 23 | 82.5 | 87.5 | 100 | 40 | 47.5 | ----- | 90 | 100 | 110 | 250 | 283.5 | |
| | 67.5kg Open | | | | | | | | | | | | | | | | |
| 1 | Rachel Mckiver | VA | 67.5kg | 64.4 | 36 | 125 | 135 | 142.5 | 70 | 78 | 82.5 | 155 | 162.5 | 172.5 | 393 | 415.165 | |
| 2 | DeAnna Andrews | VA | 67.5kg | 65 | 25 | 112.5 | 125 | 132.5 | 60 | 65 | 72.5 | 125 | 137.5 | 142.5 | 332.5 | 348.826 | |
| 3 | Dominique Cocuzza | VA | 67.5kg | 66.4 | 47 | 107.5 | 105 | 115 | 60 | 65 | 70 | 122.5 | 130 | 132.5 | 310 | 320.168 | 346.422 |
| | 75kg Open | | | | | | | | | | | | | | | | |
| 1 | Christina Burdette | VA | 75kg | 75 | 35 | 125 | 125 | 132.5 | 65 | 72.5 | 80 | 130 | 142.5 | 152.5 | 357.5 | 339.84 | |
| 2 | Erica Jensen | VA | 75kg | 73.4 | 27 | 130 | 142.5 | 142.5 | 55 | 57.5 | 60 | 147.5 | 157.5 | 165 | 352.5 | 339.74 | |
| 3 | Crystal Midlik | VA | 75kg | 74.8 | 35 | 120 | 130 | 137.5 | 55 | 60 | 62.5 | 130 | 142.5 | 147.5 | 337.5 | 321.368 | |
| | 82.5kg Open | | | | | | | | | | | | | | | | |
| 1 | Sarah Hutt | VA | 82.5kg | 77.7 | 28 | 125 | 125 | 135 | 50 | 60 | 60 | 110 | 125 | 125 | 295 | 274.468 | |
| 2 | Holly McCloud | VA | 82.5kg | 76.6 | 29 | 80 | 80 | 92.5 | 35 | 42.5 | 47.5 | 92.5 | 105 | 115 | 237.5 | 222.87 | |
| | SHW Open | | | | | | | | | | | | | | | | |
| 1 | Michelle Jordan | NC | SHW | 96 | 33 | 175 | 182.5 | 182.5 | 85 | 95 | 97.5 | 185 | 202.5 | 213 | 480 | 404.832 | |
| | 56kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Heather Glass | VA | 56kg | 56 | 36 | 85 | 90 | 100 | 47.5 | 52.5 | 52.5 | 102.5 | 112.5 | 120 | 257.5 | 302.975 | |
| | 67.5kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Rachel Mckiver | VA | 67.5kg | 64.4 | 36 | 125 | 135 | 142.5 | 70 | 78 | 82.5 | 155 | 162.5 | 172.5 | 393 | 415.165 | |
| | 75kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Christina Burdette | VA | 75kg | 75 | 35 | 125 | 125 | 132.5 | 65 | 72.5 | 80 | 130 | 142.5 | 152.5 | 357.5 | 339.84 | |
| 2 | Crystal Midlik | VA | 75kg | 74.8 | 35 | 120 | 130 | 137.5 | 55 | 60 | 62.5 | 130 | 142.5 | 147.5 | 337.5 | 321.368 | |
| | 67.5kg Master 45-49 | | | | | | | | | | | | | | | | |
| 1 | Dominique Cocuzza | VA | 67.5kg | 66.4 | 47 | 107.5 | 105 | 115 | 60 | 65 | 70 | 122.5 | 130 | 132.5 | 310 | 320.168 | 346.422 |

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|-----------------------------|-------------------|-------|--------|--------|-----|------------------|------------------|------------------|----------------|------------------|------------------|-------|------------------|------------------|----------|-------------|-----------|
| | 75kg Master 45-49 | | | | | | | | | | | | | | | | |
| 1 | Heidi Shaner | VA | 75kg | 68.7 | 47 | 60 | 70 | 75 | 42.5 | 52.5 | 52.5 | 70 | 75 | 80 | 197.5 | 199.06 | 215.383 |
| DQ | Morgen Milcarek | VA | 75kg | 68.7 | 47 | 80 | 80 | 80 | 70 | 70 | 72.5 | 112.5 | 117.5 | 122.5 | 0 | 0 | 0 |
| Men Raw Powerlifting | | | | | | | | | | | | | | | | | |
| | 60kg Jr 18-19 | | | | | | | | | | | | | | | | |
| 1 | Jacob Shaner | VA | 60kg | 60 | 19 | 117.5 | 127.5 | 132.5 | 70 | 75 | 75 | 140 | 152.5 | 152.5 | 342.5 | 292.118 | |
| | 82.5kg Jr 16-17 | | | | | | | | | | | | | | | | |
| 1 | Eli Lundie | VA | 82.5kg | 78.7 | 16 | 147.5 | 155 | 165 | 112.5 | 117.5 | 125 | 175 | 190 | 197.5 | 487.5 | 336.326 | |
| | 82.5kg Jr 20-23 | | | | | | | | | | | | | | | | |
| 1 | Nuri Conway | VA | 82.5kg | 79.7 | 21 | 147.5 | 155 | 167.5 | 102.5 | 107.5 | 112.5 | 192.5 | 207.5 | 217.5 | 497.5 | 340.439 | |
| | 90kg Jr 18-19 | | | | | | | | | | | | | | | | |
| 1 | Xander Duerksen | VA | 90kg | 86.8 | 19 | 150 | 165 | 175 | 102.5 | 115 | 125 | 165 | 180 | 195 | 485 | 315.59 | |
| | 90kg Jr 20-23 | | | | | | | | | | | | | | | | |
| 1 | Patrick Dengler | VA | 90kg | 88.3 | 21 | 197.5 | 207.5 | 215 | 120 | 125 | 127.5 | 232.5 | 245 | 260 | 600 | 386.82 | |
| | 110kg Jr 18-19 | | | | | | | | | | | | | | | | |
| 1 | Gabe Balascio | DE | 110kg | 105 | 19 | 207.5 | 222.5 | 232.5 | 137.5 | 147.5 | 155 | 240 | 257.5 | 267.5 | 627.5 | 374.994 | |
| | 110kg Jr 20-23 | | | | | | | | | | | | | | | | |
| 1 | John McGougan | VA | 110kg | 107.6 | 23 | 227.5 | 235 | 240 | 142.5 | 150 | 155 | 237.5 | 250 | 262.5 | 640 | 379.264 | |
| | 60kg Open | | | | | | | | | | | | | | | | |
| 1 | Jacob Shaner | VA | 60kg | 60 | 19 | 117.5 | 127.5 | 132.5 | 70 | 75 | 75 | 140 | 152.5 | 152.5 | 342.5 | 292.118 | |
| | 75kg Open | | | | | | | | | | | | | | | | |
| 1 | Vinny Falletta | VA | 75kg | 74.4 | 30 | 182.5 | 192.5 | 200 | 110 | 122.5 | 137.5 | 190 | 217.5 | 240 | 577.5 | 413.837 | |
| 2 | Stuart Shickel | VA | 75kg | 74.9 | 38 | 170 | 177.5 | 182.5 | 130 | 135 | 140 | 180 | 190 | 200 | 522.5 | 372.647 | |
| 3 | Nick Thomas | VA | 75kg | 73.2 | 28 | 165 | 170 | 175 | 127.5 | 132.5 | 137.5 | 175 | 185 | 192.5 | 505 | 366.075 | |
| | 82.5kg Open | | | | | | | | | | | | | | | | |
| 1 | James Witherite | VA | 82.5kg | 80.4 | 34 | 182.5 | 182.5 | 182.5 | 135 | 147.5 | 152.5 | 220 | 235 | 245 | 565 | 384.539 | |
| 2 | David Rivera | VA | 82.5kg | 81.1 | 24 | 145 | 155 | 165 | 95 | 105 | 120 | 182.5 | 192.5 | 210 | 480 | 324.912 | |
| 3 | Ethan Hearle | VA | 82.5kg | 80.1 | 28 | 137.5 | 137.5 | 147.5 | 92.5 | 97.5 | 97.5 | 185 | 200 | 210 | 440 | 300.168 | |
| | 90kg Open | | | | | | | | | | | | | | | | |
| 1 | Zachary Burney | VA | 90kg | 89.4 | 25 | 167.5 | 175 | 185 | 130 | 135 | 142.5 | 227.5 | 242.5 | 255 | 575 | 368.345 | |
| 2 | Mark Hargrove | VA | 90kg | 89.6 | 28 | 172.5 | 175 | 177.5 | 112.5 | 117.5 | 117.5 | 205 | 210 | 227.5 | 517.5 | 331.097 | |
| 3 | Adam Szachowicz | VA | 90kg | 85.6 | 26 | 160 | 170 | 172.5 | 100 | 110 | 115 | 185 | 200 | 210 | 480 | 314.736 | |
| 4 | Phillip Shifflett | MD | 90kg | 89.4 | 26 | 142.5 | 150 | 160 | 95 | 105 | 112.5 | 182.5 | 195 | 200 | 472.5 | 302.684 | |

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| | Name | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Wilks Total | McC Total |
|----|---------------------|-------|--------|--------|-----|-------------------|------------------|------------------|-------------------|-------------------|-------------------|------------------|------------------|-------------------|----------|-------------|-----------|
| | 100kg Open | | | | | | | | | | | | | | | | |
| 1 | Andrew Boerum | VA | 100kg | 98.8 | 33 | 227.5 | 232.5 | 237.5 | 155 | -162.5 | -162.5 | 275 | 290 | 305 | 697.5 | 426.591 | |
| 2 | Jacob Harned | VA | 100kg | 97.1 | 27 | 150 | 165 | -180 | 137.5 | 142.5 | 150 | 242.5 | 250 | 260 | 575 | 354.258 | |
| 3 | Andrew Kim | VA | 100kg | 100 | 23 | 115 | 120 | 125 | 60 | 65 | 70 | 150 | 155 | 165 | 360 | 219.096 | |
| | 110kg Open | | | | | | | | | | | | | | | | |
| 1 | Matthew Roberto | VA | 110kg | 107.9 | 28 | 230 | 240 | 247.5 | 162.5 | 170 | 175 | 255 | 267.5 | 277.5 | 700 | 414.47 | |
| 2 | Cory Maier | VA | 110kg | 107.6 | 26 | 225 | 242.5 | 247.5 | 140 | 147.5 | 155 | 247.5 | 265 | -277.5 | 667.5 | 395.561 | |
| 3 | Ezra Painter | VA | 110kg | 106 | 22 | -162.5 | 170 | 185 | -102.5 | 102.5 | 105 | 205 | 217.5 | 225 | 515 | 306.734 | |
| | 125kg Open | | | | | | | | | | | | | | | | |
| 1 | Sean Dewey | VA | 125kg | 122.1 | 40 | 265 | 275 | 277.5 | 217.5 | 230 | 235 | 267.5 | 277.5 | 282.5 | 795 | 455.297 | 455.297 |
| | 140kg Open | | | | | | | | | | | | | | | | |
| 1 | Bry Pinkleton | VA | 140kg | 125.5 | 26 | -207.5 | 210 | 220 | 147.5 | 155 | 160 | 282.5 | 300 | 320 | 700 | 398.58 | |
| | SHW Open | | | | | | | | | | | | | | | | |
| 1 | Joshua Chandler | VA | SHW | 149.5 | 31 | 245 | 260 | 272.5 | 175 | 182.5 | 187.5 | 240 | 255 | 267.5 | 727.5 | 402.744 | |
| | 140kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Carl Schwarz | VA | 140kg | 126 | 36 | 125 | 130 | 135 | 140 | -145 | -145 | 197.5 | 202.5 | 207.5 | 482.5 | 274.494 | |
| | 82.5kg Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Jason Grenier | VA | 82.5kg | 79.7 | 43 | 125 | 130 | 135 | 130 | 137.5 | -140 | 172.5 | 180 | 187.5 | 460 | 314.778 | 324.536 |
| | 100kg Master 50-54 | | | | | | | | | | | | | | | | |
| DQ | Steven Ferrell | VA | 100kg | 99.5 | 51 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 0 | 0 | 0 |
| | 110kg Master 60-64 | | | | | | | | | | | | | | | | |
| 1 | Thomas Hill | PA | 110kg | 109.3 | 63 | 130 | -140 | 145 | 120 | 125 | -127.5 | 175 | 185 | 190 | 460 | 271.262 | 385.463 |
| | 125kg Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Sean Dewey | VA | 125kg | 122.1 | 40 | 265 | 275 | 277.5 | 217.5 | 230 | 235 | 267.5 | 277.5 | 282.5 | 795 | 455.297 | 455.297 |
| | 125kg Master 45-49 | | | | | | | | | | | | | | | | |
| DQ | George Torres | VA | 125kg | 111.6 | 46 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 0 | 0 | 0 |
| | 140kg Master 45-49 | | | | | | | | | | | | | | | | |
| 1 | James Shifflett | MD | 140kg | 137.3 | 49 | 227.5 | -240 | 240 | 215 | 227.5 | 230 | 252.5 | 265 | -275 | 735 | 411.968 | 458.52 |
| 2 | Edward Moore | VA | 140kg | 130.9 | 49 | 225 | -240 | 240 | 160 | 175 | 4th: 233 | 217.5 | 240 | -256 | 655 | 370.01 | 411.821 |

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|-------------------------------------|--------------------|-------|-------|--------|-----|------------------|------------------|------------------|----------------|------------------|------------------|------------------|-------|------------------|----------|-------------|-----------|
| Men Classic Raw Powerlifting | | | | | | | | | | | | | | | | | |
| | 100kg Jr 20-23 | | | | | | | | | | | | | | | | |
| 1 | John Garner | VA | 100kg | 97.6 | 21 | 207.5 | 215 | 225 | 132.5 | 137.5 | 147.5 | 207.5 | 215 | 225 | 597.5 | 367.283 | |
| 2 | Derek Patton | VA | 100kg | 90.4 | 23 | 177.5 | 195 | --- | 90 | 97.5 | 102.5 | 182.5 | 195 | 207.5 | 487.5 | 310.538 | |
| | 100kg Open | | | | | | | | | | | | | | | | |
| 1 | Chris Griffith | VA | 100kg | 96.2 | 24 | 227.5 | 247.5 | 255 | 150 | 157.5 | 165 | 247.5 | 265 | 275 | 687.5 | 425.288 | |
| 2 | John Garner | VA | 100kg | 97.6 | 21 | 207.5 | 215 | 225 | 132.5 | 137.5 | 147.5 | 207.5 | 215 | 225 | 597.5 | 367.283 | |
| | 125kg Open | | | | | | | | | | | | | | | | |
| 1 | Wyatt Fagan | VA | 125kg | 125 | 25 | 297.5 | 312.5 | 315 | 162.5 | 170 | 175 | 297.5 | 312.5 | 317.5 | 807.5 | 460.114 | |
| 2 | Joshua McSmith | VA | 125kg | 121.5 | 29 | 265 | 275 | --- | 152.5 | 162.5 | --- | 267.5 | 275 | 285 | 702.5 | 402.743 | |
| | 140kg Open | | | | | | | | | | | | | | | | |
| 1 | Khaleel Momen | VA | 140kg | 131.3 | 26 | 290 | 307.5 | 307.5 | 177.5 | 185 | 193 | 297.5 | 297.5 | 312.5 | 795.5 | 449.139 | |
| | SHW Open | | | | | | | | | | | | | | | | |
| 1 | Trevor Vasser | VA | SHW | 173.6 | 28 | 345 | 367.5 | 380 | 207.5 | 217.5 | 227.5 | 332.5 | 357.5 | 365 | 962.5 | 521.001 | |
| | 125kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Anthony Jewell | VA | 125kg | 124.3 | 36 | 227.5 | 235 | 240 | 180 | 182.5 | --- | 242.5 | 250 | 260 | 680 | 387.94 | |
| | 140kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Richard Locklin | VA | 140kg | 134.4 | 35 | 275 | 295 | 320 | 142.5 | 155 | 155 | 250 | 275 | 295 | 725 | 407.74 | |
| | 110kg Master 55-59 | | | | | | | | | | | | | | | | |
| 1 | Bob McClure | VA | 110kg | 100.9 | 58 | 170 | 170 | 185 | 127.5 | 132.5 | --- | 170 | 185 | 195 | 512.5 | 310.78 | 401.217 |
| Men Raw Bench Only | | | | | | | | | | | | | | | | | |
| | 110kg Jr 20-23 | | | | | | | | | | | | | | | | |
| 1 | Joshua Smith | VA | 110kg | 100.6 | 21 | | | | 142.5 | 150 | 157.5 | | | | 150 | 91.065 | |
| | 100kg Open | | | | | | | | | | | | | | | | |
| 1 | Chris Murray | NC | 100kg | 99.8 | 32 | | | | 172.5 | 182.5 | 182.5 | | | | 172.5 | 105.07 | |
| | 110kg Open | | | | | | | | | | | | | | | | |
| 1 | Joshua Smith | VA | 110kg | 100.6 | 21 | | | | 142.5 | 150 | 157.5 | | | | 150 | 91.065 | |
| | 125kg Open | | | | | | | | | | | | | | | | |
| DQ | William Hurdle | NC | 125kg | 116.4 | 34 | | | | 170 | 170 | 182.5 | | | | 0 | 0 | |
| | 110kg Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Tommy Catlett | VA | 110kg | 108.3 | 43 | | | | 202.5 | 207.5 | 217.5 | | | | 207.5 | 122.716 | 126.52 |

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|---------------------------------|-----------------|---|-------|--------|-----|-----|-----|-----|-----|----------------|----------------|-----|-------|-------|----------|----------------------------|-----------|
| Men Multi Ply Bench Only | | | | | | | | | | | | | | | | | |
| | 140kg Open | | | | | | | | | | | | | | | | |
| 1 | Chance Beatty | VA | 140kg | 128.6 | 28 | | | | 320 | 340 | 345 | | | | 320 | 181.344 | |
| Men Raw Deadlift Only | | | | | | | | | | | | | | | | | |
| | 110kg Jr 20-23 | | | | | | | | | | | | | | | | |
| 1 | Joshua Smith | VA | 110kg | 100.6 | 21 | | | | | | | 270 | 287.5 | 302.5 | 302.5 | 183.648 | |
| | 110kg Open | | | | | | | | | | | | | | | | |
| 1 | Joshua Smith | VA | 110kg | 100.6 | 21 | | | | | | | 270 | 287.5 | 302.5 | 302.5 | 183.648 | |
| Best Lifters: | | | | | | | | | | | | | | | | | |
| | Patrick Dengler | Raw Jr Men PL | | | | | | | | | | | | | | Record Color Codes: | |
| | Rachel Mckiver | Raw Open Women PL | | | | | | | | | | | | | | State | |
| | Sean Dewey | Raw Open Men PL | | | | | | | | | | | | | | National | |
| | James Shifflett | Raw Master Men PL | | | | | | | | | | | | | | | |
| | Trevor Vasser | Craw Open Men PL | | | | | | | | | | | | | | | |
| Thank you to our officials: | | | | | | | | | | | | | | | | | |
| | International | Johnny Layne | | | | | | | | | | | | | | | |
| | National | Jamon Coulter | | | | | | | | | | | | | | | |
| | State | Chris Nicolai, Rob Engelman, George Spohrer, Tim Singletary, Lucas Stephens and Rex Reguindin | | | | | | | | | | | | | | | |
| Support Staff: | | | | | | | | | | | | | | | | | |
| | Spotter/Loaders | Brian Banton, Colby Stinnett, Jay Younger and Eric Coleman | | | | | | | | | | | | | | | |
| | Announcer | Johnny Layne, George Spohrer, Jamon Coulter and Rob Engelman | | | | | | | | | | | | | | | |
| | Meet Director: | Johnny Layne | | | | | | | | | | | | | | | |
| Sponsors: | | | | | | | | | | | | | | | | | |
| | | Bench Blokz, Intense Attire, Platform Ready, Bent Bar Strength, Metal Empire Productions, Papa Bear Strong Foundation, Intense Prints | | | | | | | | | | | | | | | |