

USPA Doc Strong Fitness Powerlifting Challenge October 3, 2020 Southampton, PA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	Women Raw Powerlifting			Open													
	75kg Open																
1	Lindsey Boughter	PA	75kg	73.9	35	110	117.5	122.5	67.5	72.5	75	137.5	146	-147.5	341	399.652	
	Women Raw Powerlifting			Submaster													
	75kg Submaster																
1	Lindsey Boughter	PA	75kg	73.9	35	110	117.5	122.5	67.5	72.5	75	137.5	146	-147.5	341	399.652	
	Men Raw Powerlifting			Junior													
	82.5kg Jr 20-23																
1	Jakub Grimek	PA	82.5kg	82	23	207.5	220	227.5	162.5	175	175	185	197.5	205	595	480.344	
2	Tyler Fronk	PA	82.5kg	80.2	20	165	177.5	182.5	110	120	127.5	210	222.5	227.5	530	433.487	
	90kg Jr 20-23																
1	John O'Rourke	PA	90kg	83.8	22	185	195	205	155	162.5	170	207.5	227.5	235	602.5	480.313	
	Men Raw Powerlifting			Open													
	82.5kg Open																
1	Jakub Grimek	PA	82.5kg	82	23	207.5	220	227.5	162.5	175	175	185	197.5	205	595	480.344	
	100kg Open																
1	Frederick Kurz	PA	100kg	97.5	35	200	215	220	142.5	147.5	152.5	250	272.5	282.5	650	479.44	
2	Sal Castagnaro	NJ	100kg	97.2	28	212.5	225	237.5	142.5	150	155	255	270	277.5	645	476.462	
	110kg Open																
1	Jason Phillips	DE	110kg	106.8	34	200	210	220	160	170	175	250	272.5	285	662.5	470.243	
	Men Raw Powerlifting			Submaster													
	100kg Submaster																
1	Frederick Kurz	PA	100kg	97.5	35	200	215	220	142.5	147.5	152.5	250	272.5	282.5	650	479.44	
	Men Raw Powerlifting			Master													
	110kg Master 45-49																
1	Tom Henry	PA	110kg	109	46	162.5	170	182.5	160	167.5	170	185	192.5	200 (205)	550	387.365	413.706
	Women Classic Raw Powerlifting			Junior													
	75kg Jr 13-15																
1	Tayara Manchem	PA	75kg	71.5	15	105	110	112.5	55	57.5	60	75	82.5	92.5	260	309.478	
	Women Classic Raw Powerlifting			Open													
	82.5kg Open																
1	Nicole Cassel	Pa	82.5kg	81.4	34	170	170	182.5	137.5	142.5	145	182.5	185	190 (192.5)	502.5	564.76	
2	Elena Konas	PA	82.5kg	81.8	31	165	175	187.5	87.5	95	97.5	170	185	190	460	515.982	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	Men Raw Bench Only			Master													
	110kg Master 45-49																
GL	Bruce Smith	pa	110kg	108.1	49				142.5	150	162.5				150	105.975	117.95
	125kg Master 45-49																
GL	Brian Edrington	pa	125kg	112.5	45				137.5	147.5	165				147.5	102.704	108.353
	Men Raw Deadlift Only			Junior													
	100kg Jr 20-23																
1	Dominick Cassel	PA	100kg	98.5	22							270	267.5	280	267.5	196.399	
	Meet Director:	Bobby Bowlin											Record Color Codes				
													State				
	Referees												National				
	National:	Bobby Bowlin, Marc Masishin															
	State:	Kait Haddad, Jessica Brown, Jennifer Washnum, Tyler Keen, Eddie Harrington															
	Spotter/Loaders:	Thomas Ferris, Dylan Boyer, Cora Galanti															