

USPA Drug Tested Napa Powercrush Open February 8, 2020 Napa, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	82.5kg Jr 20-23																
1	Juan Gonzalez	CA	82.5kg	78.6	20	82.5	102.5	115	107.5	110	115	175	197.5	205	435	300.368	
	90kg Jr 20-23																
1	Carlos Rivera	CA	90kg	84.5	23	170.0	180	185	105	105	110	210	220	227.5	515	340.209	
	100kg Jr 13-15																
1	Mani Ebahimi	CA	100kg	97.5	15	185.0	195	200	90	95	102.5	182.5	195	202.5	505	310.575	
	100kg Jr 16-17																
1	Benjamin Feldstein	CA	100kg	99.2	16	185.0	187.5	200	125	127.5	127.5	215	225	230	557.5	340.41	
	110kg Jr 18-19																
1	Erick Castro	CA	110kg	100.85	19	190.0	205	212.5	135	145	145	207.5	215	215	547.5	332.114	
	140kg Jr 20-23																
1	Davy Capriles	CA	140kg	125.7	20	265.0	280	290	217.5	230	230	265	280	290	787.5	448.245	
	60kg Open																
1	Seyonn Chin	CA	60kg	59.15	26	160.0	170	175	110	120	122.5	210	225	232.5	517.5	447.172	
	67.5kg Open																
1	Ryan Tern	CA	67.5kg	67.05	24	145.0	160	167.5	102.5	107.5	115	177.5	187.5	200	470	364.344	
	75kg Open																
1	Jeffrey Nguyen	CA	75kg	74.05	25	152.5	160	167.5	115	122.5	130.0	177.5	187.5	197.5	487.5	350.513	
	82.5kg Open																
1	Adam Ingwell	CA	82.5kg	80.85	33	142.5	155	165	107.5	115	117.5	190	202.5	212.5	482.5	327.232	
	90kg Open																
1	Robbie Capriles	CA	90kg	89.2	25	207.5	220	220	117.5	125	130	230	240	250	572.5	367.144	
2	Luke Kohler	CA	90kg	83.65	42	157.5	172.5	177.5	107.5	110	117.5	192.5	207.5	217.5	500	332.2	338.844
	100kg Open																
1	Jamie So	CA	100kg	95.3	24	192.5	202.5	215	132.5	135	150	192.5	205	220	567.5	352.474	
2	Conor Shuey	CA	100kg	97.7	24	160.0	170	180	115	120	122.5	200	210	220	522.5	321.024	
3	Richard Ngo	CA	100kg	95.34	26	122.5	130	142.5	80	90	97.5	160	162.5	182.5	415	257.715	
	110kg Open																
1	Jin Kim	CA	110kg	109.45	31	205.0	220	227.5	160	175	182.5	232.5	245	255	657.5	387.531	
2	Sean Villagracia	CA	110kg	109.02	32	132.5	140	147.5	107.5	110	115	185	195	205	462.5	272.921	
	90kg Submaster																
1	Miguel Soto-Arreaga	CA	90kg	85.4	36	157.5	165	175	127.5	140	142.5	202.5	212.5	227.5	532.5	471.05	

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	82.5kg Master 65-69																
1	Michael Heisman	CA	82.5kg	81.75	69	115.0	120	125	72.5	77.5	80	175	185	187.5	387.5	261.02	420.242
	90kg Master 40-44																
1	Luke Kohler	CA	90kg	83.65	42	157.5	172.5	177.5	107.5	110	117.5	192.5	207.5	217.5	500	332.2	338.844
	SHW Master 40-44																
1	Geremia Doan	CA	SHW	151.9	43	197.5	205	215	167.5	190	192.5	222.5	242.5	257.5	665	367.28	378.665
								4th: 223									
Women Classic Raw Powerlifting																	
	67.5kg Jr 16-17																
1	Sofia Iniguez	CA	67.5kg	65.0	16	90.0	97.5	105.0	48	52.5	55	132.5	145	150.5	308	323.123	
	60kg Open																
1	Myra Amparo	CA	60kg	59.55	30	110.0	125.0	125.0	57.5	62.5	67.5	145	155.5	160	347.5	389.687	
														4th: 165			
	75kg Open																
1	Nicole Ushman	CA	75kg	71.45	40	112.5	120.0	120.0	55	60	65	120	130	140	312.5	306.594	306.594
														4th: 152.5			
	75kg Master 40-44																
1	Nicole Ushman	CA	75kg	71.45	40	112.5	120.0	120.0	55	60	65	120	130	140	312.5	306.594	306.594
														4th: 152.5			
	75kg Master 50-54																
1	Janine Jadallah	CA	75kg	71.25	54	110.0	120	127.5	75	80	80	147.5	160.0	167.5	375	368.588	443.779
								4th: 132.5			4th: 85			4th: 172.5			
	82.5kg Master 55-59																
1	Pamela Carter	CA	82.5kg	80.9	57	80.0	88	98.5	45	48	48	92.5	102.5	108	254.5	231.442	293.469
Men Classic Raw Powerlifting																	
	82.5kg Jr 16-17																
1	Miles Manga	CA	82.5kg	81.0	16	227.5	237.5	237.5	100	100	107.5	225	225	242.5	577.5	391.199	
	90kg Open																
1	Chris Cessna	CA	90kg	88.65	33	232.5	232.5	---	145	155	155	250	265	265	627.5	403.734	
2	Diego Rivera	CA	90kg	87.9	24	180.0	180	195	105	115	120	220	240	257.5	550	355.465	
	110kg Open																
1	Chandler Parsons	CA	110kg	108.35	28	255.0	275	285	170	180	190	280	300	320	785	464.171	
	90kg Master 75-79																
1	Bob Kinsey	CA	90kg	85.8	77	95.0	100	105.5	62.5	65	70	120	135	137.5	307.5	201.382	386.25

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	SHW Master 55-59																
1	Michael Hughes	CA	SHW	142.35	59	177.5	187.5	192.5	125	145	155.5	165	190	200.5	538	299.881	394.344
													4th: 207.5				
Women Single Ply Powerlifting																	
	48kg Open																
1	Stephanie Stickley	CA	48kg	47.5	53	102.5	113.0	115.0	62.5	65	65	117.5	125	132.5	310	413.726	489.852
	67.5kg Open																
1	Gia Blackwell	CA	67.5kg	67.1	59	130.0	140.0	145.5	80	80	85.0	135	145	150.5	375.5	384.888	506.127
	75kg Open																
DQ	Aura Sweeney	CA	75kg	74.9	40	160.0	167.5	175	127.5	127.5	127.5	142.5	152.5	162.5	0	0	
	75kg Master 40-44																
DQ	Aura Sweeney	CA	75kg	74.9	40	160.0	167.5	175	127.5	127.5	127.5	142.5	152.5	162.5	0	0	
	48kg Master 50-54																
1	Stephanie Stickley	CA	48kg	47.5	53	102.5	113.0	115.0	62.5	65	65	117.5	125	132.5	310	413.726	489.852
	60kg Master 60-64																
1	Betsy Spann	CA	60kg	59.5	63	85.0	92.5	100.0	60	62.5	65	107.5	115	122.5	277.5	311.383	442.475
													4th: 127.5				
	67.5kg Master 55-59																
1	Gia Blackwell	CA	67.5kg	67.1	59	130.0	140.0	145.5	80	80	85.0	135	145	150.5	375.5	384.888	506.127
Men Single Ply Powerlifting																	
	90kg Open																
1	Nick Hillman	CA	90kg	89.45	31	190.0	200	207.5	150	160	167.5	190	197.5	197.5	572.5	366.629	
DQ	Ferdinand Luis	CA	90kg	89.6	32	240.0	240	240	150	157.5	162.5	185	207.5	207.5	0	0	
Men Raw Bench Only																	
	125kg Open																
1	Preston Caldera	CA	125kg	114.1	25				137.5	147.5	100				147.5	85.889	
	82.5kg Submaster																
1	Rob Miyashiro	CA	82.5kg	80.95	38				142.5	147.5	155				147.5	99.961	
Women Single Ply Bench Only																	
	67.5kg Open																
1	Cassy Krause	CA	67.5kg	64.85	64				55	57.5	60				57.5	60.427	87.619
	60kg Master 60-64																
1	Betsy Spann	CA	60kg	59.5	63				60	62.5	65				62.5	70.131	99.657

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	67.5kg Master 60-64																
1	Cassy Krause	CA	67.5kg	64.85	64				55	57.5	60				57.5	60.427	87.619
Men Single Ply Bench Only																	
	90kg Open																
1	Ferdinand Luis	CA	90kg	89.6	32				150	157.5	162.5				162.5	103.968	
Women Raw Deadlift Only																	
	75kg Open																
1	Nicole Ushman	CA	75kg	71.45	40							120	130	140	140	137.354	137.354
														4th: 152.5			
	67.5kg Master 80+																
1	Teresa Delao	CA	67.5kg	66.0	82							55	60	62.5	62.5	64.838	138.947
	75kg Master 40-44																
1	Nicole Ushman	CA	75kg	71.45	40							120	130	140	140	137.354	137.354
														4th: 152.5			
Men Raw Deadlift Only																	
	82.5kg Submaster																
1	Rob Miyashiro	CA	82.5kg	80.95	38							185	195	200	200	135.54	
	82.5kg Master 65-69																
1	Michael Heisman	CA	82.5kg	81.75	69							175	185	187.5	187.5	126.3	203.343
	90kg Master 75-79																
1	Bob Kinsey	CA	90kg	85.8	77							120	135	137.5	137.5	90.049	172.714
Women Single Ply Deadlift Only																	
	67.5kg Open																
1	Cassy Krause	CA	67.5kg	64.85	64							107.5	112.5	117.5	117.5	123.481	179.047
	60kg Master 60-64																
1	Betsy Spann	CA	60kg	59.5	63							107.5	115	122.5	122.5	137.457	195.327
														4th: 127.5			
	67.5kg Master 60-64																
1	Cassy Krause	CA	67.5kg	64.85	64							107.5	112.5	117.5	117.5	123.481	179.047
Men Single Ply Deadlift Only																	
	90kg Open																
1	Matthew Vizcarra	CA	90kg	87.65	34							222.5	242.5	250	250	161.825	
														4th: 260.5			

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	Best Lifters:																	
	Davy Capriles	Raw Jr Men PL														Record Color Codes:		
	Richelle Ledesma	Raw Open Women PL														State		
	Seyonn Chin	Raw Open Men PL														National		
	Meet Director: Old Skool Iron - Darren Moanhan, Eric Cranage, Chandra Jenkins																	
	Thank you to our officials:																	
	National:	Darren Monahan, Eric Cranage, Chandra Jenkins and Mike Koufos																
	State:	Erika Hipwell, Daniel Melgoza, Javier Tinoco, Shawneen Felix, George Davis and Christophe Fondacci																
	Practical:	Tracy Burman																
	Spotter/Loaders: Andre Blugh, Ryan Kobylka, Jake Brambrink, Julio Guzman, Isreal Guzman, Fernando Villasenor, Fred Espinosa, Matt Hashimoto																	