

USPA Liz Freel Deadlift Classic April 28, 2018 Long Beach, CA

	Name	State	Wt class	Weight	Age	DL Kg	Total Kg	Wilks Total	McC Total	DL Lbs	Total Lbs
Women Raw Deadlift Only											
	60kg Open										
1	Anne Escobedo	CA	60kg	58.3	28	160	160	182.416		352.7	352.7
	67.5kg Open										
1	Rachel Lawrence	CA	67.5kg	63.5	40	115	115	122.774	122.774	253.5	253.5
2	Star Zesk	CA	67.5kg	67.3	36	115	115	117.622		253.5	253.5
	75kg Open										
1	Shawn Lapree	CA	75kg	69.8	28	167.5	167.5	166.964		369.3	369.3
	82.5kg Open										
1	Sara Beller	CA	82.5kg	82.2	24	165	165	148.781		363.8	363.8
	67.5kg Master 40-44										
1	Rachel Lawrence	CA	67.5kg	63.5	40	115	115	122.774	122.774	253.5	253.5
	75kg Master 45-49										
1	Ileana Privetera	CA	75kg	70.4	47	120	120	118.92	128.671	264.6	264.6
	75kg Master 50-54										
1	Tanya Reed	CA	75kg	70.1	54	167.5	167.5	166.478	200.44	369.3	369.3
	82.5kg Master 40-44										
1	Valerie Muller	CA	82.5kg	80.9	43	180	180	163.692	168.766	396.8	396.8
	SHW Master 40-44										
1	Shanrekia Bower	CA	SHW	115.7	42	167.5	167.5	134.838	137.535	369.3	369.3
Men Raw Deadlift Only											
	100kg Jr 20-23										
1	Dontae Woloshun	CA	100kg	98.5	23	320	320	195.936		705.5	705.5

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	125kg Jr 20-23										
1	Henry Pineda	CA	125kg	115.4	20	255	255	148.028		562.2	562.2
2	Johnathan Hangartner	CA	125kg	114.6	21	227.5	227.5	132.314		501.5	501.5
	90kg Open										
1	Kris Herbert	CA	90kg	89.6	34	250	250	159.95		551.2	551.2
2	Hector Hernandez	CA	90kg	88.6	31	227.5	227.5	146.419		501.5	501.5
3	Aldo Garcia	CA	90kg	83.5	33	200	200	133.02		440.9	440.9
4	Ross Friedman	CA	90kg	87.4	27	147.5	147.5	95.624		325.2	325.2
	100kg Open										
1	Anthony Husser	CA	100kg	94.1	29	240	240	149.928		529.1	529.1
	110kg Open										
1	Vithuran Arulmoli	CA	110kg	105.7	29	265	265	157.993		584.2	584.2
	82.5kg Master 75-79										
1	Roy Taylor	CA	82.5kg	80	78	161	161	109.915	215.543	354.9	354.9
	110kg Master 40-44										
1	Daniel Luna	CA	110kg	108.5	44	227.5	227.5	134.453	140.234	501.5	501.5
	125kg Master 45-49										
1	Mike Honn	CA	125kg	123.6	49	240	240	137.088	152.579	529.1	529.1
	125kg Master 55-59										
1	Joe Dentice	NV	125kg	116.7	59	227.5	227.5	131.677	173.155	501.5	501.5
Men Single Ply Deadlift Only											
	110kg Jr 20-23										
1	Ernesto Ruiz	CA	110kg	101.4	22	290	290	175.537		639.3	639.3
Women Multi Ply Deadlift Only											
	75kg Open										
1	Elizabeth Freel	CA	75kg	73	43	230	230	222.456		507.1	507.1

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	Men Multi Ply Deadlift Only										
	100kg Jr 20-23										
1	James Harris	CA	100kg	92	23	280	280	176.82		617.3	617.3
Meet Directors: Mike Tronske and Tracie Marquez											
Host Gym: Metroflex LBC											
Thank you to our referees:											
International: Steve Bloom, Tom Miller and Jose Hernandez											
National: Susan Salazar											
Tech Table: Rick Simmons and Leonetta Richardson											