

USPA Heathen Invasion August 3, 2019 Elmwood, LA

	Name	State	Wt class	Weight	Age	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	BP Lbs	DL Lbs	Total Lbs
Women Raw Bench Only													
	75kg Open												
1	Shannon White	TX	75kg	74	34	80		80	76.696		176.4		176.4
	82.5kg Open												
1	Sally Perry	TX	82.5kg	76.5	35	97.5		97.5	91.562		214.9		214.9
	82.5kg Submaster												
1	Sally Perry	TX	82.5kg	76.5	35	97.5		97.5	91.562		214.9		214.9
	82.5kg Master 55-59												
1	Sherrie Tyler	LA	82.5kg	79.5	56	40		40	36.728	45.763	88.2		88.2
Men Raw Bench Only													
	110kg Open												
1	Adam Sibley	LA	110kg	108.8	35	202.5		202.5	119.576		446.4		446.4
	140kg Open												
1	Lee Kelley	TX	140kg	127.6	38	240		240	136.2		529.1		529.1
	110kg Master 40-44												
1	Jason Sinitiere	LA	110kg	107.2	41	110		110	65.263	65.916	242.5		242.5
	110kg Master 50-54												
1	Victor Colon	LA	110kg	104.3	52	155		155	92.845	108.164	341.7		341.7
	125kg Master 45-49												
1	Emad Kandil	LA	125kg	114.5	47	115		115	66.896	72.381	253.5		253.5
Women Raw Deadlift Only													
	75kg Open												
1	Shannon White	TX	75kg	74	34		172.5	172.5	165.376			380.3	380.3
	82.5kg Open												
1	Sally Perry	TX	82.5kg	76.5	35		162.5	162.5	152.604			358.2	358.2

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	82.5kg Submaster												
1	Sally Perry	TX	82.5kg	76.5	35		162.5	162.5	152.604			358.2	358.2
	82.5kg Master 55-59												
1	Sherrie Tyler	LA	82.5kg	79.5	56		60	60	55.092	68.645		132.3	132.3
	Men Raw Deadlift Only												
	100kg Jr 20-23												
DQ	Cody Gassman	MS	100kg	96.8	20		0	0	0			0	0
	90kg Open												
1	Marcus Pierre	LA	90kg	86.8	28		302.5	302.5	196.837			666.9	666.9
	100kg Open												
1	Sean Henry	TX	100kg	97.1	26		290	290	178.669			639.3	639.3
DQ	Cody Gassman	MS	100kg	96.8	20		0	0	0			0	0
	125kg Master 45-49												
1	Emad Kandil	LA	125kg	114.5	47		205	205	119.249	129.027		451.9	451.9
	Women Raw Push-Pull												
	67.5kg Open												
1	Christina Apostolidis	LA	67.5kg	66.8	36	77.5	175	252.5	259.646		170.9	385.8	556.7
2	Alexis Nguyen	LA	67.5kg	62.5	22	52.5	110	162.5	175.581		115.7	242.5	358.2
	75kg Open												
1	Shannon White	TX	75kg	74	34	80	172.5	252.5	242.072		176.4	380.3	556.7
2	Kathleen Mckowen	TX	75kg	71.5	47	47.5	115	162.5	159.348	172.415	104.7	253.5	358.2
	82.5kg Open												
1	Sally Perry	TX	82.5kg	76.5	35	97.5	162.5	260	244.166		214.9	358.2	573.2
	67.5kg Submaster												
1	Christina Apostolidis	LA	67.5kg	66.8	36	77.5	175	252.5	259.646		170.9	385.8	556.7
	82.5kg Submaster												
1	Sally Perry	TX	82.5kg	76.5	35	97.5	162.5	260	244.166		214.9	358.2	573.2

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	Name	State	Wt class	Weight	Age	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	BP Lbs	DL Lbs	Total Lbs
	75kg Master 45-49												
1	Kathleen Mckowen	TX	75kg	71.5	47	47.5	115	162.5	159.348	172.415	104.7	253.5	358.2
	75kg Master 55-59												
1	Sherri Peppo	LA	75kg	68.7	55	45	105	150	151.185	185.202	99.2	231.5	330.7
	82.5kg Master 55-59												
1	Sherrie Tyler	LA	82.5kg	79.5	56	40	60	100	91.82	114.408	88.2	132.3	220.5
	Men Raw Push-Pull												
	110kg Jr 13-15												
1	John Guidry	LA	110kg	102.8	13	67.5	142.5	210	126.441		148.8	314.2	463
	60kg Jr 16-17												
1	Stafford Agee	LA	60kg	56.6	16	85	185	270	243.27		187.4	407.9	595.2
	75kg Jr 18-19												
1	Andrew Ruiz	LA	75kg	72.3	19	102.5	222.5	325	237.738		226	490.5	716.5
	67.5kg Open												
1	Andy Rivera	MS	67.5kg	65.4	24	102.5	197.5	300	237.33		226	435.4	661.4
	75kg Open												
1	Andrew Ruiz	LA	75kg	72.3	19	102.5	222.5	325	237.738		226	490.5	716.5
2	Graham Dirksmeyer	LA	75kg	72.8	21	105	202.5	307.5	223.799		231.5	446.4	677.9
3	Emanuel Raby	LA	75kg	74.4	32	135	170	305	218.563		297.6	374.8	672.4
	90kg Open												
1	Marcus Pierre	LA	90kg	86.8	28	177.5	302.5	480	312.336		391.3	666.9	1058.2
2	Ej Thomas	TX	90kg	89.5	33	165	310	475	304.095		363.8	683.4	1047.2
3	Brendan Jones	MS	90kg	84.6	27	172.5	290	462.5	305.296		380.3	639.3	1019.6
4	Landon Chastant	LA	90kg	88.5	27	192.5	265	457.5	294.63		424.4	584.2	1008.6
5	Mark Monson	LA	90kg	84.6	38	155	272.5	427.5	282.193		341.7	600.8	942.5
6	Steven Luminais	LA	90kg	85.4	29	135	245	380	249.508		297.6	540.1	837.7
DQ	Sean Fayard	MS	90kg	87.5	33	142.5	0	0	0		314.2	0	0

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	Name	State	Wt class	Weight	Age	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	BP Lbs	DL Lbs	Total Lbs
	100kg Open												
1	Demerrius Slocum	LA	100kg	99.4	33	227.5	287.5	515	314.202		501.5	633.8	1135.4
2	Sean Henry	TX	100kg	97.1	26	130	290	420	258.762		286.6	639.3	925.9
3	Cale Gammon	AL	100kg	99.1	30	182.5	232.5	415	253.482		402.3	512.6	914.9
	110kg Open												
DQ	Simon Menard	LA	110kg	104	28	152.5	0	0	0		336.2	0	0
	125kg Open												
1	Bj Whitehead	TX	125kg	116.1	42	182.5	302.5	485	281.106		402.3	666.9	1069.2
2	Daniel Hart	LA	125kg	123.9	35	165	287.5	452.5	258.332		363.8	633.8	997.6
3	Vito Cardenal	LA	125kg	117.7	38	185	252.5	437.5	252.7		407.9	556.7	964.5
	100kg Submaster												
1	Richard Fontenot	TX	100kg	93	36	127.5	212.5	340	213.588		281.1	468.5	749.6
	82.5kg Master 55-59												
1	Anthony Divincenti	LA	82.5kg	80.2	55	107.5	165	272.5	185.736	227.527	237	363.8	600.8
Best Lifters:													
Open Women Raw Push-Pull: Christina Apostolidis													
Open Men Raw Push-Pull: Demerrius Slocum													
Meet Director: Kimmy Brooks													
MC: Joe Keith													
Computer: Kimmy Brooks and John Micka													
National Refs: Kimmy Brooks, Amanda Micka and John Micka													
State Refs: Tyler Brooks, Lian Hoffman, Philip Maranto, Phillip Richard and Chris Summa													
Venue/Host: Valhalla Training Grounds													