

USPA Lift Free or Die Rebellion July 13, 2019 Scituate, MA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Raw Powerlifting															
	60kg Jr 20-23														
1	Charley Leonard	NH	60kg	58.56	23	155	92.5	182.5	430	488.523		341.7	203.9	402.3	948
	60kg Open														
1	Charley Leonard	NH	60kg	58.56	23	155	92.5	182.5	430	488.523		341.7	203.9	402.3	948
2	Jacqui Morgan	MN	60kg	59.78	28	117.5	65	162.5	345	385.745		259	143.3	358.2	760.6
	75kg Open														
1	Charly Park	MA	75kg	72.6	30	90	55	120	265	257.236		198.4	121.3	264.6	584.2
	SHW Open														
1	Sarah Heminger	MA	SHW	108.36	41	157.5	92.5	165	415	338.516	341.901	347.2	203.9	363.8	914.9
	SHW Master 40-44														
1	Sarah Heminger	MA	SHW	108.36	41	157.5	92.5	165	415	338.516	341.901	347.2	203.9	363.8	914.9
Men Raw Powerlifting															
	100kg Jr 20-23														
1	Dillon Dunne	PA	100kg	96.18	23	190	135	272.5	597.5	369.614		418.9	297.6	600.8	1317.2
	110kg Jr 18-19														
1	Ben Parker	MA	110kg	102.42	18	225	127.5	272.5	625	376.875		496	281.1	600.8	1377.9
	75kg Open														
1	Tyler O'Doherty	MA	75kg	74.68	25	165	120	245	530	378.791		363.8	264.6	540.1	1168.4
	90kg Open														
DQ	Carlos Moran	MA	90kg	90	29	307.5	0	0	0	0		677.9	0	0	0
	100kg Open														
1	Dillon Dunne	PA	100kg	96.18	23	190	135	272.5	597.5	369.614		418.9	297.6	600.8	1317.2
	140kg Open														
1	James Cashin	MA	140kg	126.04	25	155	107.5	200	462.5	263.116		341.7	237	440.9	1019.6
	140kg Submaster														
1	Paul Danik	MA	140kg	131.04	37	200	137.5	215	552.5	312.052		440.9	303.1	474	1218
	125kg Master 45-49														
1	Ben Bateman	MA	125kg	120.12	48	155	115	205	475	273.03	299.514	341.7	253.5	451.9	1047.2

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Men Classic Raw Powerlifting															
	82.5kg Open														
1	David Gilbert	NH	82.5kg	80.6	36	205	137.5	232.5	575	390.713		451.9	303.1	512.6	1267.6
	110kg Open														
1	Greg Robins	MA	110kg	107.26	33	300	162.5	302.5	765	453.798		661.4	358.2	666.9	1686.5
Women Raw Bench Only															
	SHW Open														
1	Sarah Heminger	MA	SHW	108.36	41		92.5		92.5	75.452	76.207		203.9		203.9
	SHW Master 40-44														
1	Sarah Heminger	MA	SHW	108.36	41		92.5		92.5	75.452	76.207		203.9		203.9
Women Raw Deadlift Only															
	60kg Open														
1	Jacqui Morgan	MN	60kg	59.78	28			162.5	162.5	181.691				358.2	358.2
	SHW Open														
1	Sarah Heminger	MA	SHW	108.36	41			165	165	134.591	135.937			363.8	363.8
	SHW Master 40-44														
1	Sarah Heminger	MA	SHW	108.36	41			165	165	134.591	135.937			363.8	363.8
Men Raw Push-Pull															
	140kg Open														
1	James Cashin	MA	140kg	126.04	25		107.5	200	307.5	174.937			237	440.9	677.9
Thank you to our referees:															
International: Mark Sieminski, Richard Deleon and Sean DiCataldo															
National: Steve Brown															