

USPA John Griffin Open October 7, 2023 Baytown, Texas

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
60kg Jr 20-23																	
1	Angelique Petter	TX	60kg	60	23	110	120	<del>127.5</del>	55	60	<del>62.5</del>	132.5	137.5	145	325	360.277	
Women Raw Powerlifting			Open														
67.5kg Open																	
1	Gigi Rademacher	TX	67.5kg	66.9	28	190	200	205	95	102.5	<del>107.5</del>	197.5	212.5	<del>215</del>	520	539.629	
75kg Open																	
1	Maren Sowerby	TX	75kg	74.2	33	100	102.5	<del>110</del>	70	<del>72.5</del>	<del>72.5</del>	142.5	152.5	<del>155</del>	325	318.35	
82.5kg Open																	
1	Sharon DiLeo	TX	82.5kg	78	28	132.5	140	150	67.5	72.5	<del>75</del>	145	155	167.5	390	372.196	
2	Ann Marie Mitchell	CA	82.5kg	79.5	56	77.5	<del>85</del>	90	45	50	55	100	110	117.5	262.5	248.116	309.153
90kg Open																	
1	Brianna Arredondo	TX	90kg	85.9	23	142.5	152.5	157.5	85	90	92.5	160	172.5	182.5	432.5	393.81	
2	Kylie Carder	TX	90kg	88.6	26	92.5	95	105	<del>45</del>	50	60	115	125	<del>130</del>	290	260.353	
110kg Open																	
1	Kimberly McLean	TX	110kg	104.3	43	<del>142.5</del>	145	150	70	72.5	75	140	150	<del>160</del>	375	314.957	
Women Raw Powerlifting			Master														
60kg Master 60-64																	
1	Susan Proietti Conti	TX	60kg	59.5	62	75	85	90	57.5	<del>60</del>	60	107.5	117.5	<del>125</del>	267.5	298.111	415.268
67.5kg Master 50-54																	
1	M'Ral Lejsek	TX	67.5kg	64.8	50	90	100	<del>105</del>	47.5	50	<del>52.5</del>	105	115	125	275	290.789	328.592
75kg Master 50-54																	
1	Michelle Frilot	AZ	75kg	71.2	53	65	75	80	50	52.5	55	115	122.5	130	265	265.46	314.304
82.5kg Master 55-59																	
1	Ann Marie Mitchell	CA	82.5kg	79.5	56	77.5	<del>85</del>	90	45	50	55	100	110	117.5	262.5	248.116	309.153

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	90kg Master 50-54																
DQ	Vickie Fuller	TX	90kg	86.9	54	<del>122.5</del>	<del>122.5</del>	<del>122.5</del>	55	<del>57.5</del>	<del>57.5</del>	112.5	115	120	0	0	0
<b>Men Raw Powerlifting</b>				<b>Junior</b>													
	67.5kg Jr 16-17																
1	David Rivera	TX	67.5kg	62.6	16	120	132.5	137.5	75	82.5	87.5	165	177.5	185	410	334.472	
	82.5kg Jr 18-19																
1	Cody Kelley	TX	82.5kg	82	19	<del>207.5</del>	212.5	227.5	125	130	<del>137.5</del>	255	<del>262.5</del>	<del>262.5</del>	612.5	416.34	
	90kg Jr 13-15																
1	Mason Ford	TX	90kg	86.5	15	155	162.5	170	102.5	112.5	120	142.5	165	<del>172.5</del>	455	300.306	
	90kg Jr 20-23																
1	Eduardo Ramirez Avila	TX	90kg	88.2	22	212.5	220	232.5	142.5	152.5	162.5	280	295	<del>302.5</del>	690	450.781	
	100kg Jr 18-19																
1	Benjamin Redman	TX	100kg	93.3	18	140	162.5	170	92.5	<del>105</del>	110	175	187.5	200	480	304.929	
	100kg Jr 20-23																
1	Ramon Flores	TX	100kg	98.6	21	220	227.5	<del>232.5</del>	135	<del>140</del>	<del>140</del>	220	230	237.5	600	371.594	
<b>Men Raw Powerlifting</b>				<b>Open</b>													
	67.5kg Open																
1	David Rivera	TX	67.5kg	62.6	16	120	132.5	137.5	75	82.5	87.5	165	177.5	185	410	334.472	
	75kg Open																
1	Mike Hernandez	TX	75kg	74.9	29	135	147.5	155	95	100	105	185	195	205	465	333.886	
	82.5kg Open																
1	Cody Kelley	TX	82.5kg	82	19	<del>207.5</del>	212.5	227.5	125	130	<del>137.5</del>	255	<del>262.5</del>	<del>262.5</del>	612.5	416.34	
2	Tyrell Cook	TX	82.5kg	79.1	26	197.5	207.5	<del>217.5</del>	127.5	135	<del>142.5</del>	222.5	237.5	<del>250</del>	580	402.632	
3	Bobby Morgan	TX	82.5kg	82.2	50	185.5	<del>192.5</del>	<del>197.5</del>	145	150	<del>158</del>	200	215	227.5	563	382.162	431.843
	90kg Open																
1	Chase Kidwell-Hernandez	TX	90kg	86.7	24	210	222.5	<del>232.5</del>	142.5	150	155	210	222.5	232.5	610	402.114	
2	Charles Wilson	TX	90kg	84.2	42	175	182.5	<del>195</del>	115	<del>122.5</del>	122.5	205	220	<del>235</del>	525	351.6	358.632
3	Jonathan West	TX	90kg	89.9	26	167.5	175	182.5	102.5	110	115	187.5	197.5	200	497.5	321.864	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
100kg Open																	
1	Jehremy McGregor	TX	100kg	98.	35	268.5	277.5	<del>-----</del>	182.5	200.5	<del>-207.5</del>	277.5	<del>-295</del>	295	773	480.036	
2	Daniel Smith	TX	100kg	96	29	207.5	222.5	230	152.5	<del>-160</del>	<del>-160</del>	290	302.5	<del>-310</del>	685	429.376	
DQ	Sean Stokke	TX	100kg	98	46	210	212.5	215	<del>-157.5</del>	<del>-157.5</del>	<del>-157.5</del>	247.5	252.5	257.5	0	0	0
110kg Open																	
1	Anthony Alford	TX	110kg	109.8	28	190	207.5	227.5	147.5	160	170	252.5	265	<del>-272.5</del>	662.5	392.646	
125kg Open																	
1	Chance Merrikh	TX	125kg	113.7	36	250	270	<del>-277.5</del>	140	150	<del>-155</del>	275	285	<del>-290</del>	705	412.502	
2	Michael Lowery	TX	125kg	124.3	47	255	265	<del>-----</del>	167.5	175	<del>-180</del>	255	265	<del>-----</del>	705	400.275	433.097
3	Jose "JP" Garcia	TX	125kg	123.2	23	247.5	257.5	260	147.5	157.5	160	247.5	260	275	695	395.72	
4	Steve Osborn	TX	125kg	114.7	57	102.5	<del>-115</del>	<del>-115</del>	92.5	110	117.5	165	195	207.5	427.5	249.354	316.182
Men Raw Powerlifting			Submaster														
100kg Submaster																	
1	Jehremy McGregor	TX	100kg	98.	35	268.5	277.5	<del>-----</del>	182.5	200.5	<del>-207.5</del>	277.5	<del>-295</del>	295	773	480.036	
125kg Submaster																	
1	Chance Merrikh	TX	125kg	113.7	36	250	270	<del>-277.5</del>	140	150	<del>-155</del>	275	285	<del>-290</del>	705	412.502	
Men Raw Powerlifting			Master														
82.5kg Master 50-54																	
1	Bobby Morgan	TX	82.5kg	82.2	50	185.5	<del>-----</del>	<del>-----</del>	145	150	<del>-158</del>	200	215	227.5	563	382.162	431.843
90kg Master 40-44																	
1	Charles Wilson	TX	90kg	84.2	42	175	182.5	<del>-195</del>	115	<del>-122.5</del>	122.5	205	220	<del>-235</del>	525	351.6	358.632
100kg Master 45-49																	
DQ	Sean Stokke	TX	100kg	98	46	210	212.5	215	<del>-157.5</del>	<del>-157.5</del>	<del>-157.5</del>	247.5	252.5	257.5	0	0	0
125kg Master 45-49																	
1	Michael Lowery	TX	125kg	124.3	47	255	265	<del>-----</del>	167.5	175	<del>-180</del>	255	265	<del>-----</del>	705	400.275	433.097
125kg Master 55-59																	
1	Steve Osborn	TX	125kg	114.7	57	102.5	<del>-115</del>	<del>-115</del>	92.5	110	117.5	165	195	207.5	427.5	249.354	316.182

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140kg Master 40-44																
1	Len Nuanez	TX	140kg	132.1	41	260	275	<del>277.5</del>	175	180	185	250	265	270	730	406.804	410.872
Women Classic Raw Powerlifting			Open														
	110kg Open																
1	Gizel Morales	TX	110kg	105.1	30	205.5	<del>220.5</del>	220.5	92.5	105	<del>125.5</del>	140	157.5	165	490.5	410.818	
Men Classic Raw Powerlifting			Open														
	90kg Open																
1	Connor Sharrah	TX	90kg	87.4	28	155	165	172.5	120	127.5	<del>140</del>	197.5	205	217.5	517.5	339.695	
	140kg Open																
1	Derek Gibson	LA	140kg	127.2	38	282.5	292.5	<del>302.5</del>	202.5	217.5	<del>227.5</del>	292.5	307.5	<del>317.5</del>	817.5	460.804	
Men Classic Raw Powerlifting			Submaster														
	140kg Submaster																
1	Derek Gibson	LA	140kg	127.2	38	282.5	292.5	<del>302.5</del>	202.5	217.5	<del>227.5</del>	292.5	307.5	<del>317.5</del>	817.5	460.804	
Men Classic Raw Powerlifting			Master														
	67.5kg Master 40-44																
1	Matthew Evans	TX	67.5kg	66.9	43	<del>135</del>	140	145	85	95	<del>100</del>	157.5	162.5	175	415	321.941	331.921
Men Single Ply Powerlifting			Junior														
	90kg Jr 16-17																
1	Gavin Alvear	TX	90kg	84.8	16	195	200	<del>205</del>	105	<del>110</del>	<del>110</del>	<del>175</del>	175	<del>185</del>	480	320.213	
Men Single Ply Powerlifting			Open														
	67.5kg Open																
1	Mutlaq Dowaihy	TX	67.5kg	62.7	29	125	<del>137.5</del>	142.5	67.5	<del>85</del>	<del>92.5</del>	137.5	140	145	355	289.241	
Women Raw Bench Only			Open														
	82.5kg Open																
1	Carina Rew	TX	82.5kg	77.2	55				57.5	60	<del>65</del>				60	57.564	70.516
Women Raw Bench Only			Master														
	82.5kg Master 55-59																
1	Carina Rew	TX	82.5kg	77.2	55				57.5	60	<del>65</del>				60	57.564	70.516

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Men Raw Bench Only				Open													
90kg Open																	
1	Chase Kidwell-Hernandez	TX	90kg	86.7	24				142.5	150	155				155	102.177	
100kg Open																	
1	Jehremy McGregor	TX	100kg	98.	35				182.5	200.5	<del>207.5</del>				200.5	124.511	
Men Raw Bench Only				Submaster													
100kg Submaster																	
1	Jehremy McGregor	TX	100kg	98.	35				182.5	200.5	<del>207.5</del>				200.5	124.511	
Men Raw Bench Only				Master													
90kg Master 65-69																	
1	Alan Hagy	TX	90kg	87.7	66				135	145	147.5				147.5	96.648	146.035
140kg Master 40-44																	
1	Kelson Treuhardt	TX	140kg	133.5	43				132.5	135	145				145	80.553	83.05
Men Single Ply Bench Only				Master													
82.5kg Master 60-64																	
1	John Cornell	TX	82.5kg	81.2	60				130	<del>135</del>	135				135	92.283	123.659
Men Raw Deadlift Only				Junior													
82.5kg Jr 18-19																	
1	Cody Kelley	TX	82.5kg	82	19							255	<del>262.5</del>	<del>262.5</del>	255	173.333	
Men Raw Deadlift Only				Open													
82.5kg Open																	
1	Cody Kelley	TX	82.5kg	82	19							255	<del>262.5</del>	<del>262.5</del>	255	173.333	
100kg Open																	
1	Sean Stokke	TX	100kg	98	46							247.5	252.5	257.5	257.5	159.908	170.782

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
	125kg Open																	
1	Chance Merrikh	TX	125kg	113.7	36							275	285	<del>290</del>	285	166.756		
Men Raw Deadlift Only			Submaster															
	125kg Submaster																	
1	Chance Merrikh	TX	125kg	113.7	36							275	285	<del>290</del>	285	166.756		
Men Raw Deadlift Only			Master															
	75kg Master 55-59																	
1	Paul Delaney	TX	75kg	73	55							200	217.5	<del>227.5</del>	217.5	158.803	194.533	
	82.5kg Master 70-74																	
1	Tony Grasso	TX	82.5kg	78.1	71							175	195	210.5	210.5	147.253	247.532	
	100kg Master 45-49																	
1	Sean Stokke	TX	100kg	98	46							247.5	252.5	257.5	257.5	159.908	170.782	
	140kg Master 40-44																	
1	Kelson Treuhardt	TX	140kg	133.5	43							225	235	<del>240</del>	235	130.551	134.598	
Men Single Ply Deadlift Only			Master															
	82.5kg Master 60-64																	
1	John Cornell	TX	82.5kg	81.2	60							135	145	150	150	102.537	137.399	
Women Raw Push-Pull			Open															
	82.5kg Open																	
1	Carina Rew	TX	82.5kg	77.2	55				57.5	60	<del>65</del>	77.5	<del>95</del>	<del>95</del>	137.5	131.918	91.083	
Women Raw Push-Pull			Master															
	82.5kg Master 55-59																	
1	Carina Rew	TX	82.5kg	77.2	55				57.5	60	<del>65</del>	77.5	<del>95</del>	<del>95</del>	137.5	131.918	91.083	
	90kg Master 50-54																	
1	Vickie Fuller	TX	90kg	86.9	54				55	<del>57.5</del>	<del>57.5</del>	112.5	115	120	175	158.497	130.855	
	100kg Master 45-49																	
1	Kiambre Brown	TX	100kg	96.2	45				47.5	52.5	<del>55</del>	95	97.5	102.5	155	134.327	93.715	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Master 50-54																
1	Angela Bellow-Wilson	TX	100kg	95.4	54				25	30	<del>35</del>	55	60	65	95	82.612	68.055
	<b>Men Raw Push-Pull</b>			<b>Open</b>													
	82.5kg Open																
1	Bobby Morgan	TX	82.5kg	82.2	50				145	150	<del>158</del>	200	215	227.5	377.5	256.245	174.501
	125kg Open																
1	Chance Merrikh	TX	125kg	113.7	36				140	150	<del>155</del>	275	285	<del>290</del>	435	254.523	
	140kg Open																
1	Derek Gibson	LA	140kg	127.2	38				202.5	217.5	<del>227.5</del>	292.5	307.5	<del>317.5</del>	525	295.929	
	<b>Men Raw Push-Pull</b>			<b>Submaster</b>													
	125kg Submaster																
1	Chance Merrikh	TX	125kg	113.7	36				140	150	<del>155</del>	275	285	<del>290</del>	435	254.523	
	140kg Submaster																
1	Derek Gibson	LA	140kg	127.2	38				202.5	217.5	<del>227.5</del>	292.5	307.5	<del>317.5</del>	525	295.929	
	<b>Men Raw Push-Pull</b>			<b>Master</b>													
	82.5kg Master 50-54																
1	Bobby Morgan	TX	82.5kg	82.2	50				145	150	<del>158</del>	200	215	227.5	377.5	256.245	174.501
	110kg Master 55-59																
1	Joseph Chaney	TX	110kg	106.4	57				122.5	130	137.5	185	215	227.5	365	218.97	173.058
	140kg Master 40-44																
1	Kelson Treuhardt	TX	140kg	133.5	43				132.5	135	145	225	235	<del>240</del>	380	211.104	134.598
	<b>Men Single Ply Push-Pull</b>			<b>Master</b>													
	82.5kg Master 60-64																
1	John Cornell	TX	82.5kg	81.2	60				130	<del>135</del>	135	135	145	150	285	194.82	137.399

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Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters											Record Color Codes					
Name	Equip	Events	Comp	Sex							State					
Eduardo Ramirez Avila	Raw	PL	JR	Men							National					
Gigi Rademacher	Raw	PL	Open	Women												
Jehremy McGregor	Raw	PL	Open	Men												
Michael Lowery	Raw	PL	Master	Men												
Meet Director:	Megan Morgan															
Referees																
International:	James Waldrop, Wes Burton, John Hare															
National:	George Wells															
State:	Zack Bingaman															
Practical:	Julio Vazquez															
Spotter/Loaders:	Titus Ellingsen,Jonathan Randel, Cameron Kennedy, Gavin Richard															
Host Gym:	The Scarlet Barbell Club															