

USPA Pensacola Fitness Summer Showdown July 14, 2018 Pensacola, FL

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	52kg Jr 13-15														
1	Jillian Fuller	LA	52kg	48.9	13	45	35	67.5	147.5	192.679		99	77	149	325
	56kg Open														
1	Shannon Kehoe	FL	56kg	56	24	110	82.5	147.5	340	400.044		243	182	325	750
2	Maegan Samuelson	FL	56kg	52.9	33	60	42.5	110	212.5	261.418		132	94	243	468
	60kg Open														
1	Amanda Pate	AL	60kg	59.2	32	125	62.5	145.5	333	375.158		276	138	321	734
2	Christina Garrett	FL	60kg	57.6	33	107.5	57.5	115	280	322.252		237	127	254	617
	67.5kg Open														
1	Lauren Meier	FL	67.5kg	65.6	25	132.5	82.5	140	355	369.91		292	182	309	783
2	Kristen Sexton	FL	67.5kg	62.5	26	87.5	57.5	145	290	313.345		193	127	320	639
3	Bridget Morgan	TX	67.5kg	65.8	32	102.5	47.5	117.5	267.5	278.12		226	105	259	590
	75kg Open														
1	Jasmin Benzant	FL	75kg	74.7	31	152.5	95	160	407.5	388.348		336	209	353	898
2	Leah Michael	LA	75kg	71.9	63	137.5	100	157.5	395	385.876	548.329	303	220	347	871
3	Jenna Peoples	FL	75kg	73.1	25	115	62.5	135	312.5	301.969		254	138	298	689
4	Stephanie Bennett	FL	75kg	73.8	26	92.5	47.5	120	260	249.704		204	105	265	573
	82.5kg Open														
1	Sarah Goss	FL	82.5kg	80.9	34	97.5	52.5	137.5	287.5	261.453		215	116	303	634
	90kg Open														
1	Nichole Schlemmer	FL	90kg	84.7	33	112.5	60	155	327.5	290.853		248	132	342	722
2	Heather Keltner	FL	90kg	84	36	62.5	45	90	197.5	176.111		138	99	198	435
	SHW Open														
1	Allys Dierker	LA	SHW	100.6	50	105	75	147.5	327.5	272.185	307.569	231	165	325	722
2	Krystal Cilch-Hannis	FL	SHW	93.4	31	95	55	125	275	234.19		209	121	276	606
	90kg Submaster														
1	Heather Keltner	FL	90kg	84	36	62.5	45	90	197.5	176.111		138	99	198	435
	56kg Master 40-44														
1	Jennifer Mitchell	FL	56kg	55.8	41	55	52.5	97.5	205	241.88	244.298	121	116	215	452
	75kg Master 60-64														
1	Leah Michael	LA	75kg	71.9	63	137.5	100	157.5	395	385.876	548.329	303	220	347	871

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Men Classic Raw Powerlifting														
	82.5kg Jr 13-15														
DQ	Eli Mitchell	FL	82.5kg	75.6	15	110	0	125	0	0		243	0	276	0
	140kg Jr 13-15														
1	Jared Stewart	FL	140kg	126.5	15	112.5	92.5	182.5	387.5	220.294		248	204	402	854
	125kg Open														
1	Patt Porter	FL	125kg	124.6	45	272.5	205	320	797.5	454.735	479.745	601	452	705	1758
	100kg Master 75-79														
1	James Hall	GA	100kg	95.6	75	120	80	170	370	229.511	421.153	265	176	375	816
	125kg Master 45-49														
1	Patt Porter	FL	125kg	124.6	45	272.5	205	320	797.5	454.735	479.745	601	452	705	1758
	Men Multi Ply Powerlifting														
	100kg Master 50-54														
1	Paul Wallis	FL	100kg	98.2	53	227.5	140	247.5	615	377.057	446.435	502	309	546	1356
								4th: 260							
	Women Raw Bench Only														
	75kg Open														
1	Leah Michael	LA	75kg	71.9	63		100		100	97.69	138.817		220		220
	SHW Open														
1	Allys Dierker	LA	SHW	100.6	50		75		75	62.333	70.436		165		165
	75kg Master 60-64														
1	Leah Michael	LA	75kg	71.9	63		100		100	97.69	138.817		220		220
	82.5kg Master 45-49														
1	Elizabeth Shipley	FL	82.5kg	77.3	46		62.5		62.5	58.331	62.298		138		138
	SHW Master 50-54														
1	Allys Dierker	LA	SHW	100.6	50		75		75	62.333	70.436		165		165
	Men Raw Bench Only														
	100kg Open														
1	Nicholas Feran	FL	100kg	97.8	25		137.5		137.5	84.453			303		303
	110kg Open														
1	Eric Downey	LA	110kg	107.7	40		230		230	136.252			507		507

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	Powerlifting Best Lifters:														
	Open Women Raw: Shannon Kehoe														
	Master Women Raw: Leah Michael														
	Junior Men Raw: Devin Pham														
	Open Men Raw: Ryan Kimball														
	Submasters Men Raw: Chris Slater														
	Master Men Raw: Neil Touchet														
	Bench Press Best Lifter														
	Open Men Raw: Eric Downey														
	Meet Director/Promoter: John Micka														
	Meet Announcer: John Micka and Rich Wharton														
	Scorekeepers: Tiffany Wharton and Gary Brewer														
	Thank you to our referees:														
	National: Amanda Micka, Charlie Lyons, John Micka, Rich Wharton, Joe Keith and Amanda Walker														
	State: David Knight, Vicky Fox, Roger Fox, Gary Brewer, Chris Webster and Cody Booth														
	Thank you to our spottes/loaders: The Pensacola Fitness Crew, Josh Davis and Cody Hart														
	Thank you to our sponsors: Pensacola Fitness														