

USPA Tested 2026 Iron Wars 6 March 28, 2026 Toccoa, Georgia

| Name                   |                   | State  | Class  | Weight | Age | SQ1   | SQ2              | SQ3              | BP1            | BP2            | BP3              | DL1   | DL2            | DL3              | Total Kg | Dots Total | McC Total |
|------------------------|-------------------|--------|--------|--------|-----|-------|------------------|------------------|----------------|----------------|------------------|-------|----------------|------------------|----------|------------|-----------|
| Women Raw Powerlifting |                   | Master |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 100kg Master 55-59     |                   |        |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 1                      | Kim Foss          | GA     | 100kg  | 95.7   | 55  | 42.5  | 62.5             | 67.5             | 32.5           | 40             | <del>47.5</del>  | 110   | 120            | 130              | 237.5    | 206.264    | 252.674   |
| Men Raw Powerlifting   |                   | Junior |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 67.5kg Jr 16-17        |                   |        |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 1                      | Rishi Yedavalli   | GA     | 67.5kg | 64.4   | 17  | 105   | 117.5            | <del>127.5</del> | 52.5           | 57.5           | 60               | 150   | 165            | 175              | 352.5    | 281.331    |           |
| 75kg Jr 13-15          |                   |        |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 1                      | Connor Johns      | GA     | 75kg   | 74.2   | 15  | 150   | 160              | <del>170</del>   | 115            | <del>125</del> | <del>125</del>   | 150   | 160            | 170              | 445      | 321.462    |           |
| 75kg Jr 18-19          |                   |        |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 1                      | Ranger Welch      | GA     | 75kg   | 73.3   | 18  | 130   | 137.5            | 145              | 90             | 100            | <del>105</del>   | 182.5 | 197.5          | <del>207.5</del> | 442.5    | 322.21     |           |
| 2                      | Jake Tandy        | GA     | 75kg   | 69.8   | 18  | 140   | <del>147.5</del> | 147.5            | 110            | 117.5          | <del>127.5</del> | 145   | 167.5          | <del>182.5</del> | 432.5    | 325.521    |           |
| 82.5kg Jr 20-23        |                   |        |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 1                      | Ronny Paz-Moran   | GA     | 82.5kg | 80.4   | 21  | 210   | 220              | <del>227.5</del> | 137.5          | 140            | <del>142.5</del> | 280   | 295            | 306              | 666      | 457.894    |           |
| Men Raw Powerlifting   |                   | Open   |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 67.5kg Open            |                   |        |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 1                      | Rishi Yedavalli   | GA     | 67.5kg | 64.4   | 17  | 105   | 117.5            | <del>127.5</del> | 52.5           | 57.5           | 60               | 150   | 165            | 175              | 352.5    | 281.331    |           |
| 75kg Open              |                   |        |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 1                      | Kenneth Varela    | GA     | 75kg   | 73.9   | 32  | 165   | 172.5            | <del>177.5</del> | <del>145</del> | 150            | 155              | 205   | 215            | 227.5            | 555      | 401.98     |           |
| 2                      | Trashon Hightower | GA     | 75kg   | 74.1   | 29  | 150   | <del>---</del>   | <del>---</del>   | 140            | <del>---</del> | <del>---</del>   | 200   | <del>---</del> | <del>---</del>   | 490      | 354.279    |           |
| 3                      | Matthew Medlin    | SC     | 75kg   | 69.5   | 25  | 122.5 | 127.5            | 130              | 85             | 90             | 100              | 142.5 | 150            | 160              | 390      | 294.416    |           |
| 82.5kg Open            |                   |        |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 1                      | Ian Tuttle        | GA     | 82.5kg | 82.2   | 19  | 210   | 227.5            | <del>237.5</del> | 120            | 127.5          | 132.5            | 250   | 267.5          | 275              | 635      | 431.035    |           |
| 90kg Open              |                   |        |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 1                      | Marvin White      | GA     | 90kg   | 89.8   | 34  | 210   | 220              | 230              | 145            | 152.5          | 160              | 220   | 237.5          | <del>250</del>   | 627.5    | 406.197    |           |
| 2                      | Leo Spanuello     | GA     | 90kg   | 89.2   | 30  | 192.5 | 207.5            | 225              | 125            | 135            | <del>147.5</del> | 195   | 212.5          | 230              | 590      | 383.224    |           |
| 3                      | Luis Paz Moran    | GA     | 90kg   | 84.3   | 30  | 195   | 197.5            | <del>---</del>   | 110            | 120            | <del>125</del>   | 210   | 220            | <del>250</del>   | 537.5    | 359.736    |           |
| DQ                     | Cameron Fortson   | GA     | 90kg   | 88.1   | 25  | 235   | 245              | 252.5            | <del>165</del> | <del>165</del> | <del>165</del>   | 220   | <del>240</del> | <del>---</del>   | 0        | 0          |           |
| 100kg Open             |                   |        |        |        |     |       |                  |                  |                |                |                  |       |                |                  |          |            |           |
| 1                      | John Jackson      | GA     | 100kg  | 97.6   | 38  | 205   | 227.5            | 240              | 175            | 190            | <del>197.5</del> | 272.5 | 285            | 297.5            | 727.5    | 452.607    |           |

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|    | Name                                  | State | Class  | Weight           | Age | SQ1            | SQ2            | SQ3              | BP1           | BP2              | BP3              | DL1   | DL2   | DL3              | Total Kg | Dots Total | McC Total |
|----|---------------------------------------|-------|--------|------------------|-----|----------------|----------------|------------------|---------------|------------------|------------------|-------|-------|------------------|----------|------------|-----------|
|    | 110kg Open                            |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| 1  | Mitchell Parke                        | GA    | 110kg  | 109.7            | 30  | 257.5          | 277.5          | <del>285.5</del> | 165           | <del>177.5</del> | <del>177.5</del> | 220   | 237.5 | <del>247.5</del> | 680      | 403.157    |           |
|    | 125kg Open                            |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| 1  | Daniel Wooten                         | SC    | 125kg  | 119.3            | 31  | <del>220</del> | 220            | 240              | 120           | 130              | 135              | 250   | 265   | 272.5            | 647.5    | 372.591    |           |
|    | 140+ Open                             |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| 1  | Max Everett                           | GA    | 140+   | 159.5            | 34  | 135            | 142.5          | 150              | 130           | 140              | 147.5            | 170   | 182.5 | 190              | 487.5    | 257.929    |           |
|    | <b>Men Raw Powerlifting</b>           |       |        | <b>Master</b>    |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
|    | 75kg Master 70-74                     |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| DQ | Stanley Roberts                       | GA    | 75kg   | 68.7             | 72  | 65             | 72.5           | 77.5             | <del>65</del> | <del>70</del>    | <del>70</del>    | 107.5 | 117.5 | 127.5            | 0        | 0          | 0         |
|    | 82.5kg Master 70-74                   |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| 1  | David Leard                           | GA    | 82.5kg | 81.3             | 72  | 102.5          | 107.5          | 112.5            | 75            | <del>80</del>    | <del>80</del>    | 145   | 150   | <del>155</del>   | 337.5    | 230.544    | 396.074   |
|    | 90kg Master 40-44                     |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| 1  | Ryan Mewborn                          | GA    | 90kg   | 87.9             | 41  | 160            | 175            | 177.5            | 117.5         | 130              | <del>140</del>   | 165   | 185   | 202.5            | 510      | 333.776    | 337.113   |
|    | 90kg Master 55-59                     |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| 1  | Kevin Cleary                          | GA    | 90kg   | 88.1             | 56  | 145            | 152.5          | 160              | 122.5         | 130              | <del>135</del>   | 175   | 182.5 | 190              | 480      | 313.771    | 390.959   |
|    | 100kg Master 65-69                    |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| 1  | Charles Poole Iii                     | GA    | 100kg  | 93.3             | 69  | 52.5           | 60             | 72.5             | 30            | 35               | 40               | 107.5 | 122.5 | <del>130</del>   | 235      | 149.288    | 240.354   |
|    | 125kg Master 50-54                    |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| 1  | Terry Miller                          | GA    | 125kg  | 112.8            | 50  | <del>165</del> | 165            | <del>175</del>   | 120           | <del>130</del>   | <del>135</del>   | 175   | 185   | 195              | 480      | 281.659    | 318.275   |
|    | <b>Women Classic Raw Powerlifting</b> |       |        | <b>Submaster</b> |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
|    | 90kg Submaster                        |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| 1  | Whitney Jordan                        | GA    | 90kg   | 87.4             | 36  | <del>70</del>  | 70             | <del>75</del>    | 25            | 30               | 32.5             | 92.5  | 97.5  | 105              | 207.5    | 187.44     |           |
|    | <b>Men Classic Raw Powerlifting</b>   |       |        | <b>Submaster</b> |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
|    | 90kg Submaster                        |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| 1  | Zachary Bumgarner                     | SC    | 90kg   | 88.6             | 39  | 167.5          | <del>175</del> | <del>180</del>   | 155           | <del>166</del>   | <del>166</del>   | 192.5 | 205   | 215              | 537.5    | 350.333    |           |
|    | <b>Men Raw Bench Only</b>             |       |        | <b>Junior</b>    |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
|    | 90kg Jr 16-17                         |       |        |                  |     |                |                |                  |               |                  |                  |       |       |                  |          |            |           |
| 1  | Braden Miller                         | NC    | 90kg   | 84.0             | 17  |                |                |                  | 102           | 110              | 115              |       |       |                  | 115      | 77.118     |           |

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| Name                  |                                      | State | Class  | Weight | Age | SQ1 | SQ2 | SQ3 | BP1   | BP2              | BP3              | DL1   | DL2   | DL3          | Total Kg | Dots Total | McC Total |
|-----------------------|--------------------------------------|-------|--------|--------|-----|-----|-----|-----|-------|------------------|------------------|-------|-------|--------------|----------|------------|-----------|
| Men Raw Bench Only    |                                      |       |        | Open   |     |     |     |     |       |                  |                  |       |       |              |          |            |           |
| 1                     | 90kg Open<br>Braden Miller           | NC    | 90kg   | 84.0   | 17  |     |     |     | 102   | 110              | 115              |       |       |              | 115      | 77.118     |           |
| Men Raw Bench Only    |                                      |       |        | Master |     |     |     |     |       |                  |                  |       |       |              |          |            |           |
| 1                     | 140kg Master 40-44<br>Jeremy Sella   | GA    | 140kg  | 130.6  | 43  |     |     |     | 167.5 | <del>177.5</del> | <del>177.5</del> |       |       |              | 167.5    | 93.66      | 96.564    |
| Men Raw Deadlift Only |                                      |       |        | Junior |     |     |     |     |       |                  |                  |       |       |              |          |            |           |
| 1                     | 67.5kg Jr 16-17<br>Rishi Yedavalli   | GA    | 67.5kg | 64.4   | 17  |     |     |     |       |                  |                  | 150   | 165   | 175          | 175      | 139.668    |           |
| 1                     | 90kg Jr 16-17<br>Braden Miller       | NC    | 90kg   | 84.0   | 17  |     |     |     |       |                  |                  | 142   | 150   | 155          | 155      | 103.942    |           |
| Men Raw Deadlift Only |                                      |       |        | Open   |     |     |     |     |       |                  |                  |       |       |              |          |            |           |
| 1                     | 67.5kg Open<br>Rishi Yedavalli       | GA    | 67.5kg | 64.4   | 17  |     |     |     |       |                  |                  | 150   | 165   | 175          | 175      | 139.668    |           |
| 1                     | 90kg Open<br>Braden Miller           | NC    | 90kg   | 84.0   | 17  |     |     |     |       |                  |                  | 142   | 150   | 155          | 155      | 103.942    |           |
| Men Raw Deadlift Only |                                      |       |        | Master |     |     |     |     |       |                  |                  |       |       |              |          |            |           |
| 1                     | 75kg Master 70-74<br>Stanley Roberts | GA    | 75kg   | 68.7   | 72  |     |     |     |       |                  |                  | 107.5 | 117.5 | 127.5        | 127.5    | 97.039     | 166.713   |
| 1                     | 75kg Master 80+<br>Bill Silvernail   | GA    | 75kg   | 74.2   | 91  |     |     |     |       |                  |                  | 87.5  | 95    | 100<br>(105) | 100      | 72.239     | 0         |
| Women Raw Push-Pull   |                                      |       |        | Master |     |     |     |     |       |                  |                  |       |       |              |          |            |           |
| 1                     | 100kg Master 55-59<br>Kim Foss       | GA    | 100kg  | 95.7   | 55  |     |     |     | 32.5  | 40               | <del>47.5</del>  | 110   | 120   | 130          | 170      | 147.642    | 138.306   |
| Men Raw Push-Pull     |                                      |       |        | Junior |     |     |     |     |       |                  |                  |       |       |              |          |            |           |
| 1                     | 90kg Jr 16-17<br>Braden Miller       | NC    | 90kg   | 84.0   | 17  |     |     |     | 102   | 110              | 115              | 142   | 150   | 155          | 270      | 181.061    |           |
| Men Raw Push-Pull     |                                      |       |        | Open   |     |     |     |     |       |                  |                  |       |       |              |          |            |           |
| 1                     | 90kg Open<br>Braden Miller           | NC    | 90kg   | 84.0   | 17  |     |     |     | 102   | 110              | 115              | 142   | 150   | 155          | 270      | 181.061    |           |

|  |       |        |        |     |     |     |     |     |     |     |                    |     |     |          | Dots  | McC   |
|--|-------|--------|--------|-----|-----|-----|-----|-----|-----|-----|--------------------|-----|-----|----------|-------|-------|
| Name   | State | Class  | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1                | DL2 | DL3 | Total Kg | Total | Total |
| Best Lifters   |       |        |        |     |     |     |     |     |     |     | Record Color Codes |     |     |          |       |       |
| Name   | Equip | Events | Comp   | Sex |     |     |     |     |     |     | State              |     |     |          |       |       |
| Ronny Paz-Moran  | Raw   | PL     | Jr     | Men |     |     |     |     |     |     | National           |     |     |          |       |       |
| John Jackson   | Raw   | PL     | Open   | Men |     |     |     |     |     |     |                    |     |     |          |       |       |
| David Leard  | Raw   | PL     | Master | Men |     |     |     |     |     |     |                    |     |     |          |       |       |
| Meet Director: Valerie Smith   |       |        |        |     |     |     |     |     |     |     |                    |     |     |          |       |       |
| Referees   |       |        |        |     |     |     |     |     |     |     |                    |     |     |          |       |       |
| International: Valerie Smith   |       |        |        |     |     |     |     |     |     |     |                    |     |     |          |       |       |
| National: Tiffany Martinez   |       |        |        |     |     |     |     |     |     |     |                    |     |     |          |       |       |
| State: Colton Collins, Jeremy Hillyard, Tom Keller, Jim Brewer             |       |        |        |     |     |     |     |     |     |     |                    |     |     |          |       |       |
| Spotter/Loaders: Justin Langley, Michael Brione, David Paises, Luis Suarez |       |        |        |     |     |     |     |     |     |     |                    |     |     |          |       |       |
| Tested Lifters: John Jackson, Ian Tuttle, Ronny Paz-Moran                  |       |        |        |     |     |     |     |     |     |     |                    |     |     |          |       |       |