

USPA DT SoCal Open October 6-7, 2018 Long Beach, CA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	44kg Jr 20-23														
1	Kassandra Orate	CA	44kg	43.5	22	80	30	117.5	227.5	322.777		176.4	66.1	259	501.5
	52kg Jr 16-17														
1	Sarah Yuen	CA	52kg	49.8	16	102.5	70	125	297.5	383.329		226	154.3	275.6	655.9
	56kg Jr 20-23														
1	Stephanie McCullough	CA	56kg	55.7	22	122.5	70	142.5	335	395.836		270.1	154.3	314.2	738.5
2	Jessica Santos	CA	56kg	55.8	21	105	42.5	132.5	280	330.372		231.5	93.7	292.1	617.3
	60kg Jr 20-23														
1	Rona Leigh Jara	CA	60kg	58.7	22	107.5	52.5	135	295	334.53		237	115.7	297.6	650.4
	67.5kg Jr 18-19														
1	Olivia Killian	CA	67.5kg	67.4	19	115	50	137.5	302.5	309.064		253.5	110.2	303.1	666.9
	75kg Jr 20-23														
1	Holyn Handley	CA	75kg	73.8	23	122.5	65	145	332.5	319.333		270.1	143.3	319.7	733
2	Katherine Vivero	CA	75kg	70.9	22	110	65	145	320	315.584		242.5	143.3	319.7	705.5
3	Silvia Yesenia Lopez Torres	CA	75kg	68.7	20	115	52.5	127.5	295	297.331		253.5	115.7	281.1	650.4
4	Kristine Galiger	CA	75kg	72.7	20	90	45	110	245	237.601		198.4	99.2	242.5	540.1
	82.5kg Jr 18-19														
1	Jacqueline Bui	CA	82.5kg	79.9	19	122.5	67.5	140	330	302.148		270.1	148.8	308.6	727.5
	48kg Open														
1	Jodie Du	CA	48kg	48	25	80	47.5	102.5	230	304.612		176.4	104.7	226	507.1
	52kg Open														
1	Catarina Tiscoski	CA	52kg	51.5	29	87.5	42.5	120	250	314		192.9	93.7	264.6	551.2
	56kg Open														
1	Jessica Santos	CA	56kg	55.8	21	105	42.5	132.5	280	330.372		231.5	93.7	292.1	617.3
2	Johanna Dominguez	CA	56kg	53.5	27	82.5	47.5	105	235	286.559		181.9	104.7	231.5	518.1
	60kg Open														
1	Brenda Yang	CA	60kg	59.2	24	117.5	60	150	327.5	368.962		259	132.3	330.7	722
2	Melissa Diaz	CA	60kg	59.4	24	102.5	55	125	282.5	317.417		226	121.3	275.6	622.8
3	Ilse Lopez	CA	60kg	59.2	26	92.5	40	115	247.5	278.834		203.9	88.2	253.5	545.6
4	Sara Uffer	WA	60kg	59.2	24	77.5	50	112.5	240	270.384		170.9	110.2	248	529.1

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	67.5kg Open														
1	Julissa Castellanos	CA	67.5kg	64.8	24	125	60	150	335	352.253		275.6	132.3	330.7	738.5
2	Frances Topacio	CA	67.5kg	64.6	30	115	57.5	140	312.5	329.344		253.5	126.8	308.6	688.9
3	Gabriela Perez	CA	67.5kg	62.3	25	107.5	50	135	292.5	316.807		237	110.2	297.6	644.8
4	Sharon Hartstein	CA	67.5kg	65	25	105	62.5	125	292.5	306.862		231.5	137.8	275.6	644.8
DQ	Marlyn Muro	CA	67.5kg	64.8	26	0	45	127.5	0	0		0	99.2	281.1	0
	75kg Open														
1	Holyn Handley	CA	75kg	73.8	23	122.5	65	145	332.5	319.333		270.1	143.3	319.7	733
2	Amanda Ruiz	CA	75kg	73.3	28	120	60	135	315	303.849		264.6	132.3	297.6	694.4
3	Silvia Yesenia Lopez Torres	CA	75kg	68.7	20	115	52.5	127.5	295	297.331		253.5	115.7	281.1	650.4
4	Mirna Huerta	CA	75kg	72.3	25	107.5	42.5	122.5	272.5	265.252		237	93.7	270.1	600.8
5	Danielle Orlowski	CA	75kg	73.6	25	105	55	112.5	272.5	262.172		231.5	121.3	248	600.8
6	Amber Becerra	CA	75kg	71.5	33	82.5	40	120	242.5	237.796		181.9	88.2	264.6	534.6
	82.5kg Open														
1	Tiphanea Banner	CA	82.5kg	80.5	30	95	72.5	155	322.5	294.088		209.4	159.8	341.7	711
DQ	Marlene Del Castillo	CA	82.5kg	81.5	26	0	0	125	0	0		0	0	275.6	0
	90kg Open														
1	Shavon Bates	CA	90kg	88.7	28	127.5	70	145	342.5	297.77		281.1	154.3	319.7	755.1
2	Jessica Rangel	CA	90kg	89.7	34	125	65	145	335	289.876		275.6	143.3	319.7	738.5
3	Veronica Plaza	CA	90kg	89.6	36	102.5	57.5	127.5	287.5	248.889		226	126.8	281.1	633.8
4	Crystal Jara	CA	90kg	89.1	24	92.5	50	137.5	280	242.956		203.9	110.2	303.1	617.3
	SHW Open														
1	Jessica Sturgeon	CA	SHW	93.2	31	130	55	140	325	276.998		286.6	121.3	308.6	716.5
2	Jessica Phippen	CA	SHW	94.7	36	87.5	65	140	292.5	247.835		192.9	143.3	308.6	644.8
3	Meena Nang	CA	SHW	111.4	31	100	62.5	112.5	275	222.998		220.5	137.8	248	606.3
	75kg Submaster														
1	Sonja Noriega	CA	75kg	71.1	36	110	67.5	142.5	320	314.976		242.5	148.8	314.2	705.5
	90kg Submaster														
1	Veronica Plaza	CA	90kg	89.6	36	102.5	57.5	127.5	287.5	248.889		226	126.8	281.1	633.8
	SHW Submaster														
1	Jessica Phippen	CA	SHW	94.7	36	87.5	65	140	292.5	247.835		192.9	143.3	308.6	644.8
	56kg Master 55-59														
1	Anne Larson	CA	56kg	54.2	56	55	60	102.5	217.5	262.544	327.13	121.3	132.3	226	479.5

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Men Raw Powerlifting														
	56kg Jr 16-17														
DQ	Ramiro Velador	CA	56kg	55.5	16	0	67.5	137.5	0	0		0	148.8	303.1	0
	56kg Jr 20-23														
1	Angel Sok	CA	56kg	55.6	20	135	110	160	405	371.304		297.6	242.5	352.7	892.9
	60kg Jr 20-23														
1	Kevin Ly	CA	60kg	58.6	22	145	97.5	155	397.5	346.501		319.7	214.9	341.7	876.3
DQ	Saul Velador	CA	60kg	59.9	21	0	82.5	155	0	0		0	181.9	341.7	0
	67.5kg Jr 20-23														
1	Henry Diaz	CA	67.5kg	65.4	23	180	105	195	480	379.728		396.8	231.5	429.9	1058.2
2	John Paul Legaspi	CA	67.5kg	66.7	20	187.5	87.5	205	480	373.68		413.4	192.9	451.9	1058.2
3	Ryan Chang	CA	67.5kg	66.5	20	152.5	132.5	185	470	366.788		336.2	292.1	407.9	1036.2
4	Alex Cho	CA	67.5kg	66.1	23	165	102.5	195	462.5	362.693		363.8	226	429.9	1019.6
5	Ryan Faune	CA	67.5kg	66.9	23	160	97.5	192.5	450	349.47		352.7	214.9	424.4	992.1
6	Ben Fernandez	CA	67.5kg	65.6	22	145	87.5	180	412.5	325.504		319.7	192.9	396.8	909.4
7	Ivan Cruz	CA	67.5kg	65.7	22	132.5	75	147.5	355	279.776		292.1	165.3	325.2	782.6
	75kg Jr 20-23														
1	Jimmy Ha	CA	75kg	72	21	172.5	117.5	220	510	374.187		380.3	259	485	1124.3
2	CJ Henson	CA	75kg	72.8	22	172.5	125	205	502.5	365.72		380.3	275.6	451.9	1107.8
3	David Sok	CA	75kg	73.8	22	165	105	205	475	342.333		363.8	231.5	451.9	1047.2
4	David Hua	CA	75kg	72.4	23	162.5	115	195	472.5	345.256		358.2	253.5	429.9	1041.7
5	Nicholas Rodriguez	CA	75kg	71.1	23	165	115	190	470	348.082		363.8	253.5	418.9	1036.2
6	Giovanni Acevedo	CA	75kg	70.6	23	157.5	105	197.5	460	342.47		347.2	231.5	435.4	1014.1
7	Kevin Vuong	CA	75kg	73.4	23	145	97.5	160	402.5	291.209		319.7	214.9	352.7	887.4
8	Tommy Chee	CA	75kg	72.6	21	127.5	77.5	172.5	377.5	275.311		281.1	170.9	380.3	832.2
	82.5kg Jr 18-19														
1	Richard San Nicolas Jr	CA	82.5kg	81.1	19	205	147.5	257.5	610	412.909		451.9	325.2	567.7	1344.8
2	Matthew Rivas	CA	82.5kg	79.9	19	197.5	135	190	522.5	356.972		435.4	297.6	418.9	1151.9
3	Justin Matsui	CA	82.5kg	79.3	19	165	110	190	465	319.223		363.8	242.5	418.9	1025.1
4	Antonio Lopez	CA	82.5kg	79.2	18	125	95	185	405	278.276		275.6	209.4	407.9	892.9
	82.5kg Jr 20-23														
1	Rafael Estrella	CA	82.5kg	80.8	20	222.5	145	265	632.5	429.151		490.5	319.7	584.2	1394.4
2	Ahmed Dregia	CA	82.5kg	82.5	20	192.5	122.5	250	565	378.494		424.4	270.1	551.2	1245.6
3	Johnny Jones	CA	82.5kg	77.7	21	195	122.5	240	557.5	387.853		429.9	270.1	529.1	1229.1
	90kg Jr 18-19														
1	Kevin O'Neill	CA	90kg	88.6	19	250	125	270	645	415.122		551.2	275.6	595.2	1422
DQ	Arthur Daldumyan	CA	90kg	83.6	19	0	95	165	0	0		0	209.4	363.8	0

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	90kg Jr 20-23														
1	Vicente Huber	WA	90kg	89.3	23	217.5	142.5	275	635	407.035		479.5	314.2	606.3	1399.9
2	Gabriel Robles	CA	90kg	88.4	22	237.5	137.5	242.5	617.5	397.917		523.6	303.1	534.6	1361.3
3	Andrew Nguyen	CA	90kg	89.5	21	195	105	195	495	316.899		429.9	231.5	429.9	1091.3
4	Cesar Medina	CA	90kg	87.3	22	160	107.5	195	462.5	300.024		352.7	237	429.9	1019.6
	100kg Jr 16-17														
1	Joseph Han	CA	100kg	94	17	205	127.5	247.5	580	362.5		451.9	281.1	545.6	1278.7
	100kg Jr 18-19														
1	Maximilian Madrid	CA	100kg	97.7	18	185	125	227.5	537.5	330.24		407.9	275.6	501.5	1185
2	Alexander Garduno-Turincio	CA	100kg	93.2	19	185	120	217.5	522.5	327.921		407.9	264.6	479.5	1151.9
	110kg Jr 20-23														
1	Mario De Luna	CA	110kg	109.3	22	172.5	85	200	457.5	269.788		380.3	187.4	440.9	1008.6
	140kg Jr 20-23														
1	Nicklas Huey	CA	140kg	126.9	23	230	135	247.5	612.5	347.961		507.1	297.6	545.6	1350.3
	56kg Open														
1	Angel Sok	CA	56kg	55.6	20	135	110	160	405	371.304		297.6	242.5	352.7	892.9
	67.5kg Open														
1	Henry Diaz	CA	67.5kg	65.4	23	180	105	195	480	379.728		396.8	231.5	429.9	1058.2
2	Aaron Ricafrente	CA	67.5kg	66.8	25	150	115	185	450	349.875		330.7	253.5	407.9	992.1
3	Kevin Leung	CA	67.5kg	67	25	152.5	107.5	190	450	349.02		336.2	237	418.9	992.1
4	Ivan Cruz	CA	67.5kg	65.7	22	132.5	75	147.5	355	279.776		292.1	165.3	325.2	782.6
DQ	Damai Vergara-Hegi	CA	67.5kg	64.6	26	145	0	205	0	0		319.7	0	451.9	0
	75kg Open														
1	Luis Ochoa	CA	75kg	74.7	25	187.5	120	227.5	535	382.311		413.4	264.6	501.5	1179.5
2	Dennis Chee	CA	75kg	73	26	157.5	120	195	472.5	343.224		347.2	264.6	429.9	1041.7
3	Nicholas Rodriguez	CA	75kg	71.1	23	165	115	190	470	348.082		363.8	253.5	418.9	1036.2
4	Daniel Marroquin	CA	75kg	70.6	26	147.5	107.5	187.5	442.5	329.441		325.2	237	413.4	975.5
5	Michael Chao	CA	75kg	74.9	25	145	105	182.5	432.5	308.459		319.7	231.5	402.3	953.5
6	Darren Lee	CA	75kg	72.4	26	137.5	85	165	387.5	283.146		303.1	187.4	363.8	854.3
7	Ben Hubers	CA	75kg	74.2	29	137.5	85	145	367.5	263.828		303.1	187.4	319.7	810.2

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Men Raw Bench Only															
	67.5kg Jr 16-17														
1	Tristan Lin	CA	67.5kg	65.7	16		92.5		92.5	72.899			203.9		203.9
							4th: 93								
	90kg Jr 16-17														
1	Dylan Sarna	CA	90kg	88.2	16		150		150	96.765			330.7		330.7
	82.5kg Open														
1	Kevin Brown	CA	82.5kg	82.2	31		182.5		182.5	122.531			402.3		402.3
2	Johnathan Franks	CA	82.5kg	82.3	34		145		145	97.281			319.7		319.7
	90kg Open														
1	Nohel Corral	CA	90kg	83.3	37		147.5		147.5	98.25			325.2		325.2
	100kg Open														
DQ	David Solis	CA	100kg	90.4	26		0		0	0			0		0
	75kg Master 55-59														
1	Mark Laurel	CA	75kg	73.8	57		108.5		108.5	78.196	99.153		239.2		239.2
							4th: 110								
	90kg Master 75-79														
1	Terence Plotsky	CA	90kg	89.4	77		75		75	48.045	92.15		165.3		165.3
Women Raw Deadlift Only															
	67.5kg Open														
1	Nicole Ushman	CA	67.5kg	66	39			130	130	134.862				286.6	286.6
								4th: 135							
	90kg Open														
1	Lillian Hinojos	CA	90kg	89.2	29			127.5	127.5	110.581				281.1	281.1
	SHW Open														
1	Jessica Phippen	CA	SHW	94.7	36			140	140	118.622				308.6	308.6
	67.5kg Submaster														
1	Nicole Ushman	CA	67.5kg	66	39			130	130	134.862				286.6	286.6
								4th: 135							
	SHW Submaster														
1	Jessica Phippen	CA	SHW	94.7	36			140	140	118.622				308.6	308.6

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	90kg Master 40-44														
1	Christina Shelby	CA	90kg	85.9	40			152.5	152.5	134.52	134.52			336.2	336.2
Men Raw Deadlift Only															
	125kg Open														
1	Ronnie Castro	CA	125kg	124.7	36			280	280	159.628				617.3	617.3
	125kg Submaster														
1	Ronnie Castro	CA	125kg	124.7	36			280	280	159.628				617.3	617.3
	90kg Master 75-79														
1	Terence Plotsky	CA	90kg	89.4	77			140	140	89.684	172.014			308.6	308.6
Meet Director: Steve Denison															
Best Lifters:															
Raw Jr. Women- Stephanie McCullough															
Raw Open Women- Brenda Young															
Raw Jr. Men- Rafael Estrella															
Raw Open Men- Brad Gomez															
Team Award: Hidden Strength															
Thank you to our referees:															
International: Steve Denison, Mike Tronske, Leonetta Richardson, Tracie Marquez, Steve Bloom, Jose Hernandez, Tom Miller and Tom Moormeister															
National: Roy Taylor, Susan Salazar and Tanya Reed															
State: Tyler Van Loon, Krista Dornbush, Dan Liebster, Anne Escobedo, Rekee Bower and Ceasar Amado															
Thank you to our spotters/loaders:															
Luis Miranda, Alex Sagizli, Johnathan Hangartner, Robert Speno, Ollie Meadows, Adrian Fragoza, Carlos Alfaro, Dylan Bartz, Erick Ramirez															
Brandon Smith and Luis Valdovinos															
Thank you to our host gym: Metroflex Long Beach															